

The Blueprint Nov 14, 2023

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SPEAKERS

Kim

Kim

We can be the boss of our own blueprint and that is truly truly living. And that's what I that's what I coach. And that's what that's part of my daily mantra. So, thank you all for being here and for joining me for another conversation. This space, we do the work, we hold our mirrors, we show support, and we encourage and give love. It is a safe space to really come and put yourself out there, among others who are also showing up every day and doing that work from a place of encouragement. So thank you for being here. Just a little bit of housekeeping and then we'll jump right into today's conversation. So just getting ahead to schedules for next week.

Kim

We know that we are rolling into a holiday, so I am streaming today, Thursday and then next Tuesday, and next Thursday is Thanksgiving and so there will be no Blueprint on Thanksgiving Day and when I get that time back to you for those who may be traveling to see family. I mean likely see you in the streams, Twitch streams, but I won't be streaming. I will be enjoying time with my little one. So no stream on Thanksgiving Day. So three more streams before Thanksgiving today, tomorrow, and next Tuesday. In addition to that, I want to just remind everyone that December 12 is my one year Twitch anniversary I will be doing a special stream working on the details of that now so more to come. Thank you to those who have already shared some ideas around what to do that day and how you know they would love to contribute or just have been showing up in advance. So all of that is take being taken into consideration as I think about coming up on my one year is in a fast year already. And already excited about closing out this year and then going into year two.

Kim

Speaking of going into year two December the 21st which is the Thursday will be the last blueprint stream for 2023, and you have to use my knowledge and get ready to step into year two. And just be ready with new ideas and some new things that I want to do to elevate not only the conversation but the experience that we're having. So mark your calendars December 21 will be the last blueprint. It's a Thursday. Before I go we go into the Christmas and New Year holidays and then I'll resume the formal sessions after the holidays are taking place. So we'll make sure that all of those get into the chat for you. Sit back to mark your calendars. Where to be it's also great streamers DJs who support this

space and then let's go find and show loves to new people. That's been one of the best things about being on Twitch is discovering who else is out there doing some great things. So we're gonna go show some love to some people who have indubitably shown love to the blueprint and it make the space what it is.

Kim

So that's the housekeeping for this week. So three streams until Thanksgiving, three streams and then no stream on Thanksgiving. A reminder that December 12 is my one year and that December the 21st will be my last stream for 2023. Okay, so with that let's jump right into saying hello to us in the room and then we are going to be going to my to my mod bosses MyLifeJourney and Klock thank you so much for both of you. Being here and all of the things that you do to not only support this space but make it everything that it is behind the scenes and publicly I appreciate you. I'm watching you people Good Morning Welcome and good to see you. SeeLove702 Dr. Daitie Priest, Dr. Donna Dundas. Good morning to you queens. Happy Tuesday. Appreciate you being here.

Kim

Dr. Daitie Priest, thank you so much for the birthday wishes. Appreciate you. Jen Wyatt. Good morning, Jen, thank you so much for being here. Appreciate you, y'all. Jen and I have been working on big things behind the scenes that we're almost ready to roll out here in the blueprint. It's always where you can get connected to me outside of this space. And as some of you have gotten on my calendar, some have inquired about additional coaching, whether it's for you whether it's for the companies that you work for, so more to come on how you can connect with me there, and how I can support you and the work that you're doing outside of the movement. So it's on its way. So good morning, Jen, thank you so much for being here. ChrystalMethod welcome in good to see you. Happy Tuesday, I hope you are doing well. ESmiley67 Good to see you. Thank you so much for being here. Happy Tuesday. It's still good morning. Good morning. Good to see you. Thank you so much for being here.

Kim

Y'all. Amazing folks in the chat already go give Dr. Daitie Priest a follow. Give BigStov a follow. Definitely go give Walking Comedian a follow. I don't know if you all have been following him lately, but I'm telling you his star is starting to rise. He was on rebound yesterday and first of all, everybody who was on rebound yesterday showed up. He definitely made his rebound debut. So lots and lots of blueprint love in the chat. Congratulations to you for getting out there. And in the words of I know DJ OBI, who might be lurking. LB said yesterday he was like in the event that Klock never gets back he definitely was like I'm just gonna show my entire qss right now. And so he did yesterday so shout out to Klock for making this rebound. I say all that to say Go follow some of the people who are in the blueprint stream for sure. And speaking of dope people who are in the stream, virtual salute to everybody who was working, lurking and commuting.

Kim

I know this time of day serves whatever purpose it means to you. Whether you're active in the chat, whether you have a tab up or whether which audio thank you for being here. Greatly appreciate it. Yes. Absolutely. And it was a good time not only show I had a guest last night in the studio with him so it was all types of gloriousness that was taking place as far as that's concerned. I'm watching you

people. Thank you so much for the boss bits; I appreciate you. So yes, go follow all the great folks who were in the chat, whether they are active or otherwise and then and then massive shout out to everybody who has sent me birthday text or DMS or you love something in my IG stories. I was out last week so last Thursday, I didn't stream Friday I was in a wedding. And then I was back all weekend for to be a soccer mom but Sunday was my birthday. And so for everybody who sent me any type of birthday wishes. Thank you. Thank you. Thank you. I am still going through a ton of birthday messages. I've only gotten through my personal one. I've not even gotten to anything on the KBlue consulting side.

Kim

So if you've messaged me there, hang in there. I am going to be catching up on the birthday wishes today but I wanted to make sure that you got all the gratitude from me for the birthday love and the birthday acknowledgement whether it has been in streams that were not mine. So many of you have been quietly kind of come in it so give me shout out. Then other folks who kind of knew or were aware put it out there so it was Sunday. Thank you. Thank you. Thank you for all of the above. And for just you know, acknowledging it right as we get into this space as we get older and as life moves on, birthdays become special not just because you're for another year, right? But because you get to share it with people and this has very much become a community that I appreciate and love and so thank you for all as a birthday both for those who are putting it in the chat right now. Thank you. Appreciate all of that. Just for you just putting the emotes in and traveling me out or sharing me in your IG stories. I know a couple of folks with the folks putting pictures up and I put those in my IG stories. So if you are intended intending to do that, go for it. I promise that I will get some acknowledgement in there and get a personal thank you for sure. Good Morning Welcome and good to see thank you so much for being here and thank you all for the Happy Birthday Wishes answers that would be one Good morning. Thank you so much, Alicia MC. Good morning. Thank you for the Happy birthday, which is appreciate all of you.

Kim

Okay, let's jump right into today's conversation. We are going to finish up our villain series this week. And then next Tuesday, we'll a little something on gratitude heading into the week of Thanksgiving because that is the time where we can absolutely reflect and so I do want to wrap the villain series this week because remember, this is really a part of our shadow work as we move into path forward but also being intentional about what we're leaving in 2023 we do not have to wait until December or January to start thinking about what it is that we're leaving in 2023. We can start to leave that now and make space for what we're receiving. In 2024. Let me say that again. If we decide now what we're leaving in 2023 we can make space for what we're receiving in 2024. And I don't know about you all but I already told you I'm manifesting millions. Okay, so that is what I am working on. So that is one of the mantras that we are going to accept acknowledge. We're going to determine what we're leaving in 2023 so we can make space for what we're receiving in 2024. Jennifer, welcome in. Good to see you. Thank you so much for being here. I'm watching the people. Thank you so much for the birthday boss. Appreciate you so much for being here. All right. So we're wrapping up the villain series this week. We have Wednesday to Thursday, gratitude starts next Tuesday. And then we'll roll into celebrations for the new year and that's how we're going to wrap this thing up. All right.

Kim

So we've been talking about our villains, and we've been really looking at how we're showing up, in particular from a personal standpoint, but also the implications of what this looks like in the professional standpoint. And we just came up with talking about how we operate we also have to know. Energy just we're gonna talk about what some of these things are because sometimes these behaviors and we are doing because we want to, to defend ourselves, because we think that we are not in a place of being respected because we feel like we're not being loved or being shown something. And so our villain just comes out because we want that attention and we want people to acknowledge us in that way. So that being said, let's get ourselves ready. Okay, so we've been talking about villains for the last few weeks just to do a quick recap for anybody who is new. We defined what a villain is. And so here's all of the things and quite honestly, what's most important is that villains are not necessarily bad people. They may take unconventional ways of going about doing things but they actually resemble some of the best parts of who we are as humans.

Kim

They're intelligent. They're ambitious, right? They are really good at influencing. They're very determined and when really focus likely can be unstoppable or you'll see them not give up to achieve their goals. Those are all things that as a human we want to be displaying and working in. But the thing that we want to call out about being a villain or what our villain behavior is, is that usually because we're trying to heal a wound, or we're trying to get somebody to acknowledge that we've been wounded, or that they've wounded us, or that it's a self inflicted wound, and sometimes in order to get what we need, as a villain to heal, or to receive whatever that compassion is back, right to move us actually have superpowers that we're operating in. We're actually comfortable saying I'm going to violate some type of moral code in order to accomplish those goals. Dr. Datie Priest. I love that shout out to us today. So she's going for her mammogram this morning Dr. Datie mine is scheduled for next Friday the day after Thanksgiving. So Dr. Datie, I hope that you have a great day.

Kim

So we're talking about the villains and defining what they are? And then we started with the initially talking about validation and defining what validation looks like. And from there we went through several other villains we spoke about manipulation. And for each villain fry, I put a character up there that was associated with it because I wanted to make sure that you could recognize Oh, this is what it's kind of how it's portrayed in the movies. But ultimately, it's a soft way for you to hold up your mirror and go okay, do I do that? Do I say that or do I behave like that? Because the minute we can recognize it in ourselves, we can start to course correct it. Or at least say "You know what, I see that I'm doing that these are behaviors that I don't like or These are behaviors that, you know, I don't want to be demonstrating. And so now that I'm aware of it or not know what it looks like or I can define it. I can change it." Because when you know better you do better. And guess what? One of the Kim Gems that we talk about here is whatever you're not changing. You're choosing. Okay, so you're aware of it and you don't change it. That means you're choosing it intentionally. You're choosing to manipulate, you're choosing to seek validation, you're choosing to whatever the case may be, okay. Last week we talked about rejection and revenge.

Kim

We doubled up and we've looked at what each one of those needs. And we've talked about the Penguin and how the Penguin was rejected when all he really wanted was love and this whole notion of feeling like he needed to get revenge in kind because of the way that he was treated. And so this was an interesting juxtaposition because ultimately, the Penguin just wanted to be accepted. He just wanted to receive the same treatment that everybody else is right. He might have felt like you know, society may maybe have labeled him sort of as social awkwardness space, where it's some of those social norms he just didn't fit into. And so he enacted his revenge and kind and wanted to make sure that people felt the pain of his rejection, but he went about it the wrong way. So these are all characters that we've seen that I'm pulling into the conversation because I want to acknowledge that it takes all types and all kinds so the best of people still have, you know, their villains, right.

Kim

There's a line in a song that I like and I've talked to Avery about this all the time. It's the song I can't think of it is it might be the Fray that seems a bit anyway as this line in the song. And it says, "Even the best men are still men at best." So that is something that sticks with me. Very significantly, right? Even the best men are still men at best. So you can replace men with humans, right? Even the best people are still people at best. Okay. So I am thinking to myself, even when we're at our best, we're still we're still human. And we still have to be in a position to do the work and acknowledge that this is what's going on. Okay. So with that. That's a great question. I'mWatchingPeople is asking, she said, is passive aggression considered villainous? That is a great question. So let me take this out, before we jump into deception, so let's talk about that for just a minute. So, I would probably say that passive aggressive behavior or passive aggressiveness is not considered a villain. It is a behavior that is displayed, but it's probably a byproduct of what would be maybe another villain.

Kim

So we're passive aggressive as a result of something else that's taking place for that's how people experience us maybe through another villain, right? But I don't think that passive aggressive is a villain. Now passive aggressive can be a default behavior, or a default action or way of being that we align to right and sort of underneath the umbrella of avoidance if we want to think of it that way. But it is not I would not consider it villainous. I think it's the way that a villain behaves, perhaps underneath, you know, the right right, perhaps underneath the umbrella of another villain, so that could be deception, right, potentially, the two that we're going to talk about on Thursday, I'm watching the people. So let's let's come back to this. This one is likely adjacent to both those old school and tell you what I did tell my life journey last night and she immediately just sat as I asked her not to write me Thursday. What I told her what the two were we were talking about last night as we were forced to our slides, and so she just I think she did so many words so much she was but she would be there nonetheless. So be prepared. Be prepared for Thursday. Does that help?

Kim

I'mWatchingPeople, we will likely come back to passive aggressive behavior on Thursday. Okay. I'mWatchingPeople, if you're here Thursday, even if you're not here, check the replay will be up but I will address that with the two that we're going to talk about. Good morning. Good to see you. So let's go back to where we were. Okay. So let's talk about deception. I told her because she's helping me like structure. She's helping me structure like the way that I'm putting the slides together. So I have

to tell her the content and she can help make sure that looks nice on the screen. But in what in exchange, she always knows this stuff was already reported. Thursday were going to talk about structuring. She just looked at me and she like physically stopped talking. She just looked at me over face yesterday, she didn't appreciate. Okay, let's talk about deception. She may raid me out today as we talked about deception or deception because neither one of them so but let's talk about this so let's start with the steps.

Kim

So who is our villain that we see here in the corner, right and hopefully it's not offensive. I tried to find the best version of Mystique. She's often naked and blue and all this other stuff. So try to find the most tasteful picture of her. Seelove, don't encourage him don't encourage. So for those who don't know this is Mystique. She is a member of X Men but she is on the Magneto side of XMen. And all of the X Men and Magneto and Dr. Charles Xavier actually very different because they realized that they had superpowers at the same time. Except Dr. Charles Xavier wanted to teach people good and Magneto wanted to enact that revenge because he was discriminated against.

Kim

If you don't know Magneto story, he survived the concentration camp. He still got the tattoo on his arm. And so when you look at Magneto story, he has come through discriminatory behavior. He was rejected. He was not allowed to have exposure to a lot of things he was his parents were taken away from him. We're not even listen folks. We're not I don't even think we're gonna have time to get to abandon that which is a whole separate feeling. Because abandonment is one of the things that shows up. You can be passive aggressive through your abandonment right so abandonment is the foundation of which you are passive aggressive and you're indifferent. We're not even going to get to abandonment, we're not going to get to a difference. We're not going to get to any of those things because there's just not enough time I have to do a separate shadow series about abandonment and all of these other things but like just know that there's other ones out there that I'm not going to be able to get to as a result of that.

Kim

Magneto because he survived this concentration camp, inherently stopped seeing the best of people and wanted to go around and stand up you know, sort of an operating these villain powers because he was rejected because he was there was forced abandonment, right. He got separated from his parents in a concentration camp. He was portrayed in the film that they were, unfortunately they their lives ended as as many result and then Magneto grew up having to manage his powers and using them from a place of service to get survive and get out of the concentration camp. And then that is the whole story and members of his camp were used to help get to the things that they wanted so that he can portray this Magneto very much gives Thanos vibes. It's very volken. Right? The needs of the many outweigh the needs of the few. And so in order to get to a better place. I'm willing to violate the moral code in order to do that, right. So we talked about that. The very definition of what a villain is and he's probably the most up straight up and down understanding of that, but Mystique is one of the members of his camp, and she demonstrates the Art of Deception and you see what the definition is here.

Kim

And I like this definition the best because it talks about so many components of who we are but what we experience and how we experienced other people see see this as the act of causing someone to accept as true or valid that which is not true, or invalid. There's a level of intentionality we're actually going in the here's the thing about deception ladies and gentlemen, and I want to say this to you very clearly. We we know we're deceiving when we deceive. We will choose deception or a lie. Because a lie means that we have to actually make a false statement. But deception does not require us to make a false statement. So we can still operate in the truth and just see. Let me just let that sit out there for just let me sit up there for just a minute. We can still deceive in truth because a lie means that we have to make a false statement and so because we don't want to make a budget nobody wants to be a liar but we're comfortable. We're very comfortable being like gonna actually lie to you but what I will do is create a thought or a perception or put a veil over this thing here in order to do several things and we're going to talk about the different types of deception in a few minutes.

Kim

Music Spasms. Good to see you, sweetheart. Welcome and Happy Tuesday. I see my mods handing out boss gear already. Okay, it is a big thing of the truth. It is a false narrative. Right. But what I'm saying to you is this and here's the thing I was doing some research about deception and so often times, people will choose deception because it is the lesser of the two. I don't have to lie. Because I don't I can't deal with being a liar. But I'm okay I can settle for a little bit of deception because in the settling for deception I can still acknowledge that if I'm asked about the truth, I can still say no, no, no, I told the truth. The truth is this. But I may have gone about doing it in ways that are relevant to make sure that I still put that I still accomplished my goal. We see this villain show up in so many ways. It is the villain that helps us save face. It allows us to protect our reputation. It keeps us from feeling like I don't have to. I don't have to be front and center. Deception is the thing that helps cover up our expose. I talked about being the villain and villains are either whether it's psychologically or physically or emotionally. We can deceive people in order to receive validation. We can deceive as a means of in order to get what it is that we want. So I'm going to deceive and I'm going to create a situation where I don't do anything other than present this in order to now get back the love the support the empathy, the forgiveness create this veil of truth, right the truth is still there but you got to be smart, but I'm going to deceive you all with a blank slate I'm telling you folks choose deception others. Good morning to you. Good to see you. I saw you on yesterday and just go straight on.

Kim

Well let's see. Thanks so much Dennis, good morning. Good to see you or good afternoon. Happy Tuesday DCP we are talking about villains. We are talking about this whole notion of what it means to be a villain and today we are specifically talking about feeling that is deception and how we use it in order to remember last week, thank you so much for the reup. I appreciate it. Okay so remember last week when we were talking I talked about rejection as a form of protection. Sometimes we can get rejected when we were talking about rejection as a form of protection sometimes. Rejection is designed to protect us from a journey that we don't want to go on. But here's the thing folks, we invoke deception so that we don't get rejected because then that rejection will they create a war if there is this decision, Listen, tell you sometimes rejection can be a form of protection but deception is a self imposed form of protection. It means that we don't want to be exposed. We don't want anybody to see

us in a vulnerable state. We don't want anybody to come first. And then we're gonna move it to the next slide. So what I'm saying to you is catch up with some of the comments, conversation in the chat.

Kim

So I want to go back and look at I'mWatchingPeople, avoid unhealthy avoidance, right? So we talk about avoidance not being a strategy, and that's what we're going to talk about on Thursday when we talk about those two. The two villains for Thursday we're going to talk about them being avoidance adjacent because they are right I'm watching the people says like you can be deceptive in our wording. Absolutely. Okay. And when we're answering someone who's being offensive or fading or giving them the truth, but doing so in a way that might not be totally true. So that takes that stain off of it. There's so much that comes in with this whole notion of deception as a villain and that is a very good point.

Kim

Good morning gospel takeover fam recap is on deck. Shelly Thunder. Good morning. Good to see you as always the Baskerville Good morning. Stay the course welcome in good to see you Misty07. Good morning. Good morning. Good to see you. I want to thank you so much for being in both spaces at the same time. Always good to see you. Who else came in if I missed you coming in on the raid. Good morning. Thank you so much for being here. Thank you for keeping the tab open and thank you for supporting this space. And then again to everybody who has sent me birthday wishes. I know they've been coming in via whispers. Thank you. Thank you thank you for all the birthday love. My birthday was Sunday. So I know folks are still coming in and saying what your birthday was a birthday because I'm hearing so yes, it was on Sunday. I turned 43 and ease and right into it with all sorts of grace and glory that you know is around me so thank you for the first for the first name of DJ tank welcome in Good to see you. Happy Tuesday to appreciate you all being here everybody get comfortable.

Kim

We're going to pause there because our got one reason coming in a raid bringing the Gospel takeover fam over. Good morning OneReason. Thank you so much for bringing everybody here to the blueprints. Come on in God's Will take over fam and get comfortable you are just in time. We are about to get this recap poppin thank you so much for everybody who was coming in. If have not given one reason a follow. One reason after doing the same and only it's like showing it in the Gospel takeover every Monday through Friday. He's making appearances on soltrain. So go find him on Tuesday. So the Tuesdays that he does not bring the family over here. He is on Soul Train and I have been cheering him on from afar right I can't I can't go see him because they are one of these days we're gonna show him some love that he is always, always showing love and support is challenging. Beyond bringing the folks over here but he is out there doing this thing so find reason Good to see thank you so much for being here

Kim

The recap is on deck we are talking about villains if you have been rocking with me for this month of the end of October pretty much starting from Halloween until now we are going through our villain series. Yes jelly it was it was it was thanks so much. So we have been talking about villains and what these villains are in opposition of like our superpowers that we were talking through in August,

September and October. And so we are talking about this villain of deception right now. And what I was saying to someone is we were talking about this whole notion of the act of causing someone to accept something that is true or valid. That isn't true. Or valid. And I opened up the conversation by saying we know that we're deceiving when we deceive. We actually know that we are deceiving when we when we are doing it in fact, we know that we're deceiving because deception and lies are not the same thing and we also know that we would rather deceive a little bit and be known as a liar.

Kim

Because a lie requires you to actually make a false statement. But deception allows you to stay adjacent to the truth while playing around with the words by perhaps not giving a whole and full true meaning of things right we know that we are deceiving we choose the lesser of the two for a variety of reasons. We're okay deceiving. We don't want to accept that and so sometimes deception it absolutely reasonable mission and sometimes deception is a form of self protection. We want to protect ourselves from the environmental, you know, effects of what it means to not tell the truth or what it means to be fully exposed in our deception. Because the thing is this when you when someone discovers my lie, when someone discovers that you are deceiving, that's when that wound that you have gets exposed and then people are going to call you out. They're going to want to understand why.

Kim

We're going to get into that right because narcissists deception does have narcissistic adjacent you're never going to have time to get through all of this. Okay, but y'all are great questions around what this looks like. I'm watching you people she already asked me this morning she said reception adjacent to passive aggressiveness. So we're going to talk about that on Thursday. Thursday, we're doing two villains to wrap up this series ahead of our gratitude series, but I'm telling you these things sometimes can be very much adjacent to narcissistic tendencies. Narcissism has been an underlying behind the scenes thing that is gonna take a separate amount of Shadow Work and shadow conversations but I'm telling you. It is there. Right? And all of the things in here is that. Hey, welcome in. I'm telling you both. A lot of these things are coming because when we start to look at that, I already told you we don't have enough time to get into abandonment.

Kim

We don't have enough time to get into abandonment and abandonment being the vehicle for avoidance but also being the vehicle for a difference. And so many of the things that we won't be able to get to so multiple series coming back to the shadow we will pick this up in 2024 for sure. But when we think about this whole notion of deception being a form of self protection, but what not for the right reasons. We're comfortable deceiving if it means that we're going to stay. We're gonna show up at what we want people to see as our best but it's not necessarily our best. Okay? So all of this is about the protocols to interpret. Okay, so when we think about deception, let's put some words behind this. Right? Deception is the biggest one that's in our word oh right here but you see what else is in here? Right? Look at some of these words, dishonesty. Okay.

Kim

There is a word here that says risk. There is a word in here that says spam or cyber. All of these are words that are adjacent to absolutely reason fabrication. So what we're going to do is we're going to

create a narrative that isn't totally untrue, but it's not fully true. That's why that definition of deception is so important. Anybody work with people who show up like this? Yes, 713 risks because there's risk associated with being exposed. With the with the veil being pulled back. There's risk associated with creating a space that is not safe. There is risk associated with being anything other than showing up as your best so if I deceive, I can then create the environment that I want people to see me in so that they will then feel like they need to give me empathy. Love acceptance. All of the things. Okay. Okay. Great. I want you to do says I know a lot of people can deal with anxiety and depression. This is a small underline. Yes. 100%

Kim

Absolutely. Crystal Method. It says control issues. Yes, we can deceive to control 100%. Right. We can deceive to look at the rest of the words that are in there, folks. Fraud is in there. And here's the thing, we may create deception, but people experience it as dishonest as fraud. They feel like they are doing it. We may be we may deceive because we feel we're in danger. So it's a is everybody see how it blends between the what we are experiencing and the how people experience us? Right imitation is in there. Conspiracy is in there. hoax is in there. I'm going to forge a narrative that is adjacent to the truth. But it's not actually true, but it is kind of true and I don't have to be a liar. But I can be this just for our fans. Welcome in. Good to see you. Thank you so much for being here. Thanks so much for the follow up for you and appreciate those references. So glad we're all because we're the opposite. Right? So a lot of it right artificial. A lot of these things are things that come out because we're triggered by other people's actions or we have past traumas that we have not healed and then when we encounter people in our social circles professional, they face other things that we do, then people show up because they're deceiving and then we react to their deception in this way.

Kim

Okay. Is everybody good? Now let's talk about why we're here is where yes, I'm watching people said deception can be very gray. OneBaskerville says he used to work with a lot of different leader. Oh my goodness, she said her leader therapy was overwhelmed. I can only imagine the OneBaskerville what that must have been like because when you are around people like this, it is absolutely draining. Okay, listen, mods...good afternoon. Good to see you. Thank you so much for being here. Listen, Keith. I don't know if you're in here and you're learning but we need the couch and we need the boss gear and we need all of the support. So get the fans, get the chairs, get the prayer clothes. Because we're going to talk about why we deceive next. Because I guarantee you, everybody has either experienced this done that or been adjacent to it. And here's the thing, folks, it can be hard to tell the truth. But the truth is thing that we need to do, right? The hardest thing to do is tell the truth and just be like listen, I did not do my best. I did not do the thing that I need to do. I did not fulfill what I said, right? I am of the mindset that I would rather say to somebody I need in this moment to just own to you that we're only able to do this much. I'm sorry that I wasn't able to do this will you give me the opportunity to make it up because I've now been able to get this done. It's hard for people to do that. It's hard for people to own that they didn't see something through. Okay, so let's talk about the types of deception so everybody can see this. Okay, so there's three types.

Kim

You may see yourself in these please do not be triggered this the whole point of this is to inform and educate and I want to make sure we are doing so in a safe space. Absolutely Crystal Method says it can be defense measure accountability. Yes. 713 accountability can be very tough. Alright, so why do we need to see Katie Brown's welcome in Good to see you. Katie Browns we're talking about deception as a villain, and we are just getting to the three types of deception. 713 Yes, we're gonna talk about ego because that is related to one of these. So if you see yourself or if you recognize that you are deceptive as a part of your shadow behaviors for those of you who want to know your shadows, you can take the ALPfree it'll take you about a minute it'll give you your accurate leadership style that you see how you show up at your best but you also see your shadow behaviors. Carlos06 Good to see you welcome. Happy Tuesday King you're talking about deception and how it shows up. Does everybody see that little picture in the corner that says fact?

Kim

Listen, there's only two.... Hold on let me put my face in the corner real tiny. Y'all see that? There's only two letters difference between the word fact and fack. I just want I want to I want to let that marinate for just a minute. There's only two differences in the letters between the word fact which is truth and fake. Which can be a little deceptive. Okay. Only two letters difference. Right two letters, right Carlos06 only two degrees of separation between what is fact, which is what is accepted as a fact is a fact means that everybody experiences is the same way and no matter what the situation is. The same results happen over and over and so we can report it as true. Bowet you got some great question. Is this perception as a part of your impacts? I knew that that was come back to that as we're talking about this, because I don't think that it is. I think that if you're not aware that it is a part of that that it can be used in a certain way, then it could be potentially received in that way. But I don't think the intent, right because now we're talking about intent versus impact. So I don't think your intent is coming from a bad place.

Kim

So the three types of deception that are here instrumental, this is the first one. Instrumental decision is to avoid punishment or to protect your resources. Right. So I am going to deceive or make you think something else is really what was the case? I'm not going to deny what is true, but I'm going to add in my own part of this so that I don't get punished. I don't have to receive the negative impacts of something or to protect my resources. I gotta hold all of this to myself. So I want all of the red Kool Aid. But if I tell you that it's right MyLifeJourney being real sly. So instead of sharing the red Kool Aid, what I'm going to tell you is that I need to save some of this red kool aid because tomorrow I'm going on a long trip, and I promised somebody that I would bring them this when really the intent is for you to keep it to yourself. You're not intending to do anything. You are intending to take it somewhere you're gonna take it to the place that you're going to take. This is where the deception starts to come in. Right and we create, we create the narrative or the truth that we want to operate in. To avoid any type of punishment to protect, preserve, hold close our resources.

Kim

One and three are probably the most common when it comes to it feeling like a lot if we go back to that word. All right, go back to that word that was there a minute ago. Okay. Here's where we get into things like forgery or dishonesty, because people might feel like maybe you just want to keep the

Koolaid to yourself. So why didn't you say that? Because nobody wants to be labeled as selfish. Nobody wants to be viewed as they're not really I don't really rock with them because they don't do this, right. So you don't want to be labeled as selfish but you just see. In order to avoid all of that Gclass happy to see you. Thank you so much for being here happy Tuesday. One reasons says greedy.

Kim

The second type of deception is relational. This is why we deceived in order to maintain relationships or bonds. Okay. A bony Tony explain that one 713 in the in the in the chat for me in the comments. Listen, anybody in here ever watched a soap opera? Right? Anybody in here ever what right? If you watch soap operas, right? I'm a soap opera kid my aunt's my grandmother all growing up, right? We used to see relational deception in this right a lot about sleeping with this person. I lied about, you know, being the person that did all of this, right? I did not even lie, right? I told you this. It's also I said this. I said this to you because I didn't want to hurt you. I didn't tell you the truth because I did. Right. Right. I didn't want to hurt you. I knew that you were going through this. And so instead of telling you the truth, I can't use from this. I felt like I needed to protect you from this. So now I'm stepping in to deceive you from the truth. But I'm protecting you for I'm deceiving you from the whole truth in order to protect you. So now deception is a form of protection for somebody else but what are you protecting them from? You're protecting them so that you can be seen as the superhero, so now you deceive someone else so that you can be viewed in a good light in their eyes.

Kim

All of that that gets to the third of definitions, right? Maybe all of that gets to the third definition, which is I deceive in order to preserve our safe base or preserve my self image. So if I deceive you, I'm still going to look good in your eyes, in the eyes of my community in the eyes of those who are important to me in the eyes of those who matter who make decisions who are viewing me from a particular place. Says85 Good morning. Good to see you. Welcome and Happy Thursday. Happy Tuesday to you right SightGiver says if you perceive that you will see what can you ask to bring out the truth. So I give her that is such a good question. That is definitely going to be part 34 ahead and part 45 says Okay, so we're gonna go back to that for sure. Okay. So that we proceed that we are being deceived. Because here's the thing, okay. Here is the thing. Sometimes, and I'm not addressing this part fully, but we will not have time to get into all of it the way that I would want you to answer your question because it's a great question. Here's the thing sometimes you recognize in the midst of the deception of the deception that you're being deceived. And then that triggers a whole separate set of your own abilities and your shadow. So when you get hit, right when you get hit to the science and you are being deceived, and you literally like yo this person is playing me in my face absolutely getting rounds. We talked about what happens when you experience people at work and those three reasons that I just showed, or why people just people at work, will deceive to get ahead. I'm gonna deceive you and tell you something so that then you can go over here and be doing this. Meanwhile, I'm gonna go tell somebody a different story behind closed doors so that I look good. So the app can be put in a position to be promoted. So the app can be seen by the person who did all the work so the app can receive this recognition so that I could be the person who gets to tell the story. He gets to stand up all of those things when it comes to deception. And not only that, so then when you get put on game, especially if you come up on game yourself up that someone else is over here, deceiving a whole community of people.

Kim

It is a massive blow to your self esteem. All of that when you read that and so now you've got this level of venom. You're now in your soul you are you have moved away completely from your superhero you are in full in a mode right Q Magneto Q fan knows all of the good that was in you right through everything right? So I am now on a mission and determined to now make this person out to be who they are. What for discernment, caving grounds, okay, but for discernment so that you can respond accordingly. Because I'm telling you folks, you have what did I say to you? Not last week, but the week before? Okay, absolutely. out of character dysregulate. Here's the point. So the answer to your questions I give her is this in the deception you perceive and you come into the knowledge that you have, right you have two options. You can choose violence or silence. And I think I said that two weeks ago, maybe in one of our one of our favorites, this is where you have the option to choose violence or you can be silent about the fact that you have come into the knowledge that someone is trying to believe that someone is deceiving you and it happens all the time. The first thing we want to do is choose violence and we want to call up Hey, hey my gosh. What's going on? I gave a really listen, you already knows this. Good morning. Good to see you. You can choose violence, or sounds heavy.

It's up to you what I prefer. I tell people always anybody who knows me knows that I will tell people all the time bad girls from the silence. That's my whole mantra. Right? I'm a Scorpio for a reason. Tail stays up, right, the tail is up but you've got to know that the strike is happening. I can make a silent strike. And it might not even be on you. It might be somewhere else. I might leave my bedroom somewhere else so that you come in contact with silence is golden. Okay, I tell people all the time that girls move in silence all the time. Like give us a vote. You silently chose your violence. It's like both of those two things can be true at the same time. You can choose silence and all of them have residual effects of 13 says silence takes patients Yes, it absolutely does.

Seewarps. Good to see you. Welcome and I hope you're having a great Tuesday. Thank you so much for being here. When we understand that when we come into the knowledge that someone is deceiving us, when we come into the knowledge that someone is creating this space for us, that is not fully true and we are set up to to potentially fail or to not be successful, or to be viewed in anything other than great in our gifts, magnificent in our ministry, right poised for perfection and praise and for our greater calling. That deception then triggers us into this space, but ultimately the person is doing that because they want to save face. They want to maintain this relationship with you. I thought if I didn't tell you the truth, that it would be better I thought if I protected you from this and it won't be better but now what you've done is created a bigger mess for me emotionally.

Now I have an emotional wound and now you're causing me to have to step into my villain in order to deal with you so now I got to operate outside of my highest potential. I can't be my most authentic so now I've got to go into the dark to find my way back to the light because you have deceived me and put me in a position where I'm not at my best. So now here I am. given away my power to you wanted to save face. Now here I am operating and acting out of character because you thought it would be a good idea in order to do that people perceive Pisces 20th century Good to see welcome in right. People deceive because it's all about them. Right? I want to be seen as I want to be inferred as I want to be received as I don't want anybody to know that I'm exposed. I don't want my vulnerabilities out there. I don't want my Achilles heel exposed. I don't want anybody to know that I am

not the best that I couldn't do it that I wasn't able to succeed because if I was honest about where I was, then someone might actually see me as less than and I don't want to be viewed as less than so now I have to create this veil over the truth and hope that my dissection will be enough so that I can then potentially course correct behind the scenes, or if you give me another day if you give me a little bit of time.

Now I could see maybe this extra time and then I can really go in and try to make the right it takes a lot of work to deceive ladies and gentlemen, it takes even more work to stay in the space of deception. If you tell the truth, you didn't create the opportunity for someone to offer you forgiveness or passion and get the respect back. Now we can all be in our superhero but as long as you stay in a deceptive space, and you allow the deception to be the villain on your shoulder you create more reasons for people to disengage with you. And so when we operate in deception, and we wonder why people don't do with us is because we've now gone through this whole circle with them because we cannot operate in fact with them. What did I tell you? There's two words between a two letter difference between fact and fake. So if people experience you in that face space the facts go right out the window. They can't do with you in truth because they only have experienced you and deception and now they can't be at their best. They are now not at the boss of their own. They are not the boss of their own blueprint. They are over here being the greatest feeling that there is they are violation of their values. And y'all know what I say we are we moving up we move in alignment with our values, we don't move in opposition with our values. So now you've created someone to be off their game completely. So that you can save face so that you can maintain this relationship so that you can protect your resources or avoid punishment for what do we know about avoidance ladies and gentlemen it is not a strategy at all. Sorry, I just went off way on a ditch and went way up and gathered myself because it's the top of the top of the hour. Okay, and I'm back. Thank you for letting me like have that moment because that was like that, what about Mr. Naidu said yes, that is a lot of work. Okay. I

In order to be able to do that. Today, man. Good morning. Good to see you. Thank you so much for being here, Linda, Michelle says and they'll hurt people. In the process of that deception, was deceived people will hurt other people to keep their veil of deception up so that they will not be exposed. Absolutely. So guess what Shelly Ulation is one of our buildings. That were deceived. In order to manipulate to potentially receive validation. It's a whole thing. It's an entire thing. This is why I wanted these feelings to come together because you need to either recognize it in yourself or recognize it in somebody else so that you don't react negatively to that so that you can stay in your superpowers All right. Because this is very exhausting site member was waving her body I did not I missed all of this. So okay. mods to be open the doors of the church is 713 this is not necessarily a form of depression, but it can be an extension of depression. I'm still doing a lot of reading and researching about that. But sometimes in an in an effort to not own that you may be depressed or if you don't recognize that you may deceive and let other people think everything is good in order to get beyond borders to get people to do that, because we don't want to acknowledge potentially that we are depressed or that we're having a level of mental stress and strain. All of that goes into that space. So I don't necessarily think it is a form of depression, but I do think you can deceive someone you can even deceive yourself so that you don't have to own your depression. All of that is really, really important. And so for those who are bringing up the depression for those who are asking about things like passive aggressive behavior, when you acknowledge this because there's two things that happen, right? So if you ever asked a great

question when you realize it, you can choose silence or violence but didn't your silence you also have a choice. You can choose to then say, What am I going to do about this? Because I now know that I have been deceived. So am I going to handle some way that somebody the way they handled me? Or am I going to step into my call to hire and am I going to offer them that compassion? You don't? Some people choose the violence and they're like, Absolutely not. I'm coming to you.

Kim

I want you to feel what I feel you're gonna get this villain because you created this. Right? All of that is very real. But when we create this villain of deception, right, we go back into here and I'm gonna put this back in for just a minute because I want to go back to these words that we were talking about when you do this to save face. When you try to preserve your self image, it actually ruins or lessens your self image because then everybody knows that you will use tactics that are less than moral in order for you to save face in order for you to stay. You know in this space of I want everybody to see me and I want people to understand that I'm really a good person. I'm really the person that you know, is trying to rise above or be at my best. I do want to be with you.

Kim

Let's get back into the narcissistic part of this because someone said is this adjacent to narcissism. All right. So we talked about fact or fake. The relational or relationship bonds or to avoid punishment. Here is where we get to the narcissism part of this and this is so powerful, y'all because what do I tell you guys? The people who don't do their work, bring it to work. If you don't do your work outside of work, you bring it to work. Okay. So when we talk about this whole notion of deception, and we talk about this, so the two parts of this, I want to maintain this relationship with you. And oftentimes, ladies and gentlemen, narcissists are people who are on the spectrum of narcissism because I'm convinced that narcissism is a spectrum. People who were on the spectrum of narcissism can sense or perceive we're going to use psychopaths where they can perceive that they are being found out or discovered. And so now they are they run the risk of that relational bond being severed, because I need this bond for a reason people at work I need or reason people in our social circles and need this or reason have to stay connected to you. But the minute that they decide they understand that they are being found out, they then go into this deception. And then they then go into told me to save face. And then what do narcissists do they immediately go into the center of the major, she tries to turn it back on you, with deception. To try to make you feel like you are the issue or the problem, that deception to try to go in and ruin a moment that may not have been about them.

Kim

But if they can put the attention on them in a way that masks the deception and makes you feel a little crazy. Now you are completely deceived because they have managed to manipulate here we go showing under right they managed to manipulate the situation so that you see them as... "Oh, you were just trying to protect me." "Oh, you were just trying to help me. Thank you.", "Oh, it really was that person. Thanks." So now I have manipulated this entire situation. I can stay in this space of deception potentially might go back and forth correct, but likely I'm good so I don't have I'm just gonna stick right here. All of these things. So surely thunder, right. All of this goes into everything. All the questions that you all have asked about passive aggressive behavior in the beginning. This is how it shows up. We work with people. You're in relationships with people like this. We show up as this when people trigger

us. I want you all to be very clear because sometimes we are doing these things and don't recognize that we're doing it, but when you recognize you are doing them, you can get control of your shadow. And you can go back to operating at your highest potential not surrendering your power to someone who is no good.

Kim

You have to hold on to the ability to recognize I don't want to be a villain. Okay. All of these things last week, and when I was in so I was in Asheville for a wedding last week. I got a chance to meet DJ Molly party in person who's delightful. We had a lovely conversation. And one of the things she said to me, she said you know what, Kim, one of the things I take away from your stream is I recognize this is behavior that I'm doing. I don't like that about myself. I don't want to do it. So I receive what you're saying to me from a place of love and attention. When you operate in these villains, ladies and gentlemen, goes out the window, self love, the respect, the compassion, whatever forgiveness you need to have all of those superpowers go right out the window when we can put ourselves in the seat of acknowledging our villains because the villain is the veil of protection. And we protect to avoid rejection we, we protect as an extension of deception, right? We protect, to try to redirect and get us to a place where we can find comfort in the truth. All of those things can happen.

Kim

So when we talk about manipulation, when we get to a place where we are watching someone manipulate us we are watching someone has to progressively put our emotions inside passive aggressive, Please dismiss our ideas in a work meeting so that they then can be perceived as better faster, stronger, smarter, whatever the case may be. That's where the narcissism shows up and even start to feel like we're the ones with the issue. So now I'm deceived from the truth. And that makes it feel like I have a challenge. I have an issue. I have something going on. I am the one that is out of pocket. All of those things right. I now create this space where I can remain in this veil. of deception because that you thinking something completely different or untrue about me. I now understand that. This way, I can continue to live with it. And not only that, here's the thing, once you've gotten in that mindset, that deception continuously to gentlemen, as a disciple once you've seen do you have to continue to deceive, and then that becomes a part of your brand. Your values go out the window. It's work in opposition of your value every single time you cannot be in alignment with your values and deceive someone. It also means you're choosing deception because you don't actually want to lie, but you don't want to be safe, you don't want to lie but you don't want to be seen.

Kim

Being seen means that we have to be honest in what it is that we are doing have done or unable to do whatever that is and then we have to deal with those feelings. But guess what, ladies and gentlemen you have to feel to do so when we talk about this villain of deception, when we talk about this opportunity to see someone, what we have to do is offer someone the very compassion that they don't think that they deserve which is why they are deceiving. In particular, if you perceive their deception in real time, you absolutely have to offer them to confession and listen, folks. People are petty. I said this yesterday, humans are people and people are people and so people are so we know that for them. We want to stick to your level of petty spin. You don't want to offer them the compassion you don't want to forgive you don't want to demonstrate love. You don't want to give him that respect.

We'd rather stay in this space because you deceive me. Okay, so now I want you to make I want you to feel the way instead of saying now, I'm gonna give you the confession saying instead of saying you know what, I actually know this to be the truth.

Kim

I'm not sure why you need to do this, but you're going to be able to get it but it is not human conditioned to do compassionate exception when it is not always received. 713 says she's looking in the mirror. Here's the thing. Right, I say this all the time. You're going to be a skill set, ladies and gentlemen. It is a skill set. It's an extension of this deception if I can just see you and keep you here because here's the thing. If I can deceive and you fall for it. Why would I do anything different? It means that I can stay in good graces I can avoid punishment, ie the pain, the exposure, the lack of vulnerability. Can you route them to say it right? It is one of those things right? You have to offer compassion to the deceiver. Because it can be such a difficult task. Because here's the thing. If you know once you realize that you've been deceived, now feel angry, or you feel a whole bunch of emotions and the person who is deceiving you, or who has deceived you knows that they now have to deal with that punishment. They now have to do with that rejection. They now have to deal with the abandonment or having access to your emotions, your time, your talent, your energy, whatever your currency is, all of those things, okay? Because now it's out there and there's no more getting in your good graces. Those bonds have gone out the window. So the narcissist is now exposed and when you get smart enough to not accept the whole barrage of narcissistic tactics that come in particular that of deception that all get shut down and have to go find someone else or another place else to do that on or to have to deal with themselves and the hardest thing to do is deal with yourself and you're going to see because the deception is there so you don't have to deal with yourself. That's the avoidance. That's the passive aggressiveness. Absolutely MyLifeJourney narcissists do not like to be exposed.

Kim

But they come out and they are there. So many things right. You can play at that game two things can be true at one time. But I'm telling you ladies and gentlemen, you have to be able to recognize it because here's the thing. If you allow yourself to be seen and you recognize it, you have a choice. If you allow your skin if you are a medicine if you allow yourself if you find yourself being deceived, and you recognize that you have a choice. If you are being deceived, and you don't recognize it, it will continue because it only benefits the other person which is why we're talking about it. And then once that person is in that space of deception, their manipulation will continue. They will validate you in the deception to continue to manipulate or they will invalidate you to continue to lead you but all things are fair game in the deceptions. Trust me. Okay. I want everybody to recognize what these things look like so that as you are moving in and around people, you keep your self awareness really high so that you can then choose your superpowers and not let other people pull you into them and don't write them we make up that word last week.

Kim

Camery says, Can compassion go alongside the cutoff or no? I've seen what I needed and I'm good. Yes, Camery can write sometimes used to think sometimes showing yourself compassion Camery involves cutting someone off, which is very hard. Because you have to bring them through their truth. And then you have to step into your truth which is I'm going to show myself compassion. And this

is not a safe space for me anymore. So does that help? Camery in the right and that's that's the hardest part. You can actually be good on somebody and not let that and then not be a part of your life anymore. That might in fact be the best thing for you. Then the person who was deceiving has to deal with an entire separate set of villains, abandonment, betrayal, we're gonna talk about some other ones on Thursday. All of that, but sometimes the way that you have to deal with it truly is by saying I need to remove myself.

Kim

Oftentimes, we don't know that we're being deceived or we don't know that we're supposed to narcissistic behavior until we are drained, worn down and trying to understand why we are a shell of ourselves. I know 713, we need more time. We need more. We need more time and clearly I need a longer stream. Okay, Big Stove I've already said to me You're gonna need 90 minutes because we love you but this one hour is not going to make it. He told me I was gonna need that and then it's a long time ago. So maybe that's the thing that happens is we figure it out right? Maybe Maybe recent right? I need to go back to this two hour stream my longest game if I can find the wind but wait, you guys says we need four hours. Just go for the full four hours right? Therapy for everybody right but healing for everybody. Awareness for everybody clinging into and stepping into those superpowers right for everybody because I'm telling you when we do this work we can then show up as our best selves. Right? People who don't do their work, bring it to work, ladies and gentlemen, you experience everybody in this deception. When you don't do your work. You bring it to work or your social circles or wherever you are and they you try to operate the way you want to be perceived in the circles when if you would just do your work. You can be the very thing that you want. But we don't want to do all of those things. I hear you, okay?

Kim

I'm watching people's monthly or our recaps. I hear you on all the options. This is why Jen and I have been behind the scenes working on how I can make this content available and how we can get how I can get more more time with me. But definitely thinking about a longer stream. That's likely to happen. Ramsey, Good morning. Thank you so much for being here. Y'all. Ramsey's my birthday twin her birthday was Sunday as well. Happy Birthday twinsie. I hope you had a fabulous birthday and a fabulous Sunday celebrating yourself and one all the dope people who are around us in history. Blessings right back to you.

Kim

Okay folks, it is 9:18. We are well past the blueprint time at the top of the hour. Thank you to Carlos06 for the birthday wish. Appreciate you. We are well past that. Listen, folks, thank you all for hanging in here with me. I wanted to make sure we got through deception and we addressed you all ask great questions about self control about passive aggressiveness. SeeWorks. Thank you so much for the birthday wishes right about passive aggressive behavior, about this whole notion of narcissism and I'm not a narcissistic specialist, but I do sit right so I think I've said this to y'all. My master's degree is in organizational development. Right? I literally study human behavior in the workplace. That's what I specialize in. IE. The ultimate person who reads other people, I can typically anticipate what people are going to do so when I tell you I study human behavior for a living I have a whole piece of paper that says I'm an expert in it, which is why I bring the blueprint and I'm merge these these lines between how

we show up and what we do in our personal life and how that impacts our professional life because it takes all types and all kinds and what we don't heal for software in the workspace we bring into our personal space. It's why we can't shut it off when we go home and then that impacts our personal relationships. Because we are dealing with the residual side effects of people who don't do their work. And they bring that to work and then you take it home. It's a whole thing.

Kim

Okay, so that is why this space is so important and why I want to make sure that we do this work here. So thank you for hanging in there. Oh my goodness. Apparently we are not going anywhere. Apparently we are not going anyway or for a few minutes because I'm getting a raid I'm gonna go raid right this minute. Gscans are coming in with a raid ladies and gentlemen, Gscans my whole gut Listen, y'all. If you are not following Gscans and come on in okay and make yourself comfortable everybody. Gscans Good morning Good morning to you that listen to... Carlos06, you already know. Raid or be raided. Thank you. So thank you so much for being here. Gscans, I appreciate you. Right Lawanna massive overtime. Hopefully everybody's comfortable. I don't think y'all are trying to go anywhere anyway, so we'll just keep going. If you're not giving Gscans a follow please do that. He is absolutely fam and a supporter of the of the blueprint.

Kim

So everybody who came in from the raid. Good morning. Good morning to you. Thank you so much for being here. Welcome into all the first time right as those who are giving follows all of that Thank you. Thank you. Thank you so much for coming on. And let's say let's just have loved everybody's coming out as input so to Good morning. Thank you so much for being here. Welcome in. Welcome to the blueprint. One Reason thank you so much for the reup appreciate you. Let's show some love to everybody who came in a lot a lot of first time chatters to Queen Marie. Welcome, man. Good to see you. Thank you so much for being here this morning. Welcome in. Thank you so much for being here. Scotty good morning to us. It's good to see. Thank you so much for being here. Welcome to the blueprints happy to have you. Listen, to everybody who was lurking, working and commuting. Okay, if you have been rocking with the blueprint this entire time. Thank you. Thank you. Thank you. Let me introduce myself for those who may be new to the stream or if it's been a while. Absolutely. Stan, thank you for your support. Appreciate you being here. For those who may not know me, my name is Kim Blue. I'm an HR strategist and a career coach. Welcome to the blueprint. This is a space where we come on Tuesdays and Thursday mornings at 8am eastern standard time to chop it up about all things personal and professional development. I take all of the things I have learned over my 15 plus years in HR and leadership and I bring them to this space and make it accessible and easy for you. This is a space where we hold each other accountable is safe. We do the work we chop it up about the things and hopefully I am helping you be the boss of your own blueprint so that when you leave out of here, you can be great in your gifts. You can operate at your highest potential you can add value to whatever work you own or are responsible for. But most importantly you can show up as your authentic self because when you can do that, you are being great in your gifts. You don't have to dim your light and the world gives you at your best that is being the boss of your own blueprint and definitely my mantra right and for that reason. So stance brought the family over. So we will do a very brief recap. And then we will get we will make I will make an attempt to get out of here. As Carlos06 said, raid or be raided.

Kim

So I will do a recap for those who came in towards the end of the stream. And for the record so family who came in so let's add this back to the stage. So let me do a little bit of a recap since August. So in August, we started talking about our Grow with the Flow series how we wanted to show up and be our best from a professional standpoint. But then we balanced that with understanding what are our superpowers like what are the things that we're good at? What our what are those things like compassion, forgiveness, patience. All of those things that we demonstrate but that's ultimately needed as we show up every day and work through the things that help us be at our highest potential. But what we also know is that opposite of that we're not always at our highest potential right you know, we have the devil in the angel on our shoulder, we see that sometimes those devils are villains, right, and they're opposite of those superpowers that we did in history.

Kim

And so we wanted to talk about that and so I did a I did a superheroes or superpowers series from August through October and then on Halloween we started our villain series. And so I will add this back very quickly so that we can recap and then we're going to, we're going to do our best to get out of here in the next few minutes. So we're talking about villains verified. And the reason that we're talking about this is because we were at your best, you're at your best, but we also got to know what we look like when we're not at our best so that we can do the work to recognize it and move forward. So we talked about defining what a villain is and ultimately a villain is really somebody who is right, they're dope. They're intelligent, they make good decisions, right? They're ambitious and intentional. They, they have really good influential skills.

Kim

They are focused on achieving their goals, but the things about villains that may make them more villain than anything is that they're typically wounded. And they're willing to violate any type of moral code. If it means that they can accomplish their goals, which usually are not for the greater good. So think about people like Manos Magneto, right people who are willing to say no matter what, I'm going to see this go through but it's going to be at all costs. And so then, folks, I took everybody through a series of villains that will actually wrap up on Thursday. And so we are talking about very much the things or the behaviors that we demonstrate the way people experience us. And so we started with the validation as a villain, and we defined what validation was or is and how we can experience it. And we talked about how sometimes the villain believes that they are the hero and that they actually need to be validated and in order to be validated, they have this obsession or focus on this goal. But ultimately what it is, is that they are wounded a little bit and they don't want to they don't want anybody to have some exposure and then we went right from validation into manipulation. And I actually talked about how some people will manipulate others for the situation. And for those who were in the room earlier today, manipulation is very close to deception. You all know that right? But some people will manipulate in order to get the validation that they did not receive or that they think that they deserve. And not only will they do that they will deceive others and manipulate you through deception in order to get validation.

Kim

And so then we defined what validation was what manipulation is and then for each one of these villains, I put a villain associated with it right so whether it's a comic book character villain or a movie character villain, but this for those who don't know, this is Miranda Priestly from The Devil Wears Prada. She was a master of manipulation to get people to do what she wants it all. Okay, so this is what it means to manipulator what it looks like. And the reason I'm putting this up here is because I want you to not only acknowledge it and other people but perhaps recognize it in yourself, because this is where the work begins. Okay, then we went from manipulation into rejection, and into revenge and we talked about the Grinch. The Grinch was the ultimate person who received rejection, and he wanted to invoke revenge on everybody. If I can't be happy if my happiness is going to be taken away, and I'm going to make sure nobody can be happy. Anybody got people in their lives like that? If I'm not happy, I'm going to write to sort of misery loves company people. I want everybody to just be miserable just like me. Because someone took my happiness. Someone took my joy. Someone disturbs my peace. Someone stepped in and said, You know what, I don't like it because I didn't get that and so I don't want you to have it either. Right? It's like, I don't want to I can't have the cake. So I'm gonna take the cake and I'm gonna throw it on the floor so nobody can eat cake.

Kim

So we talked about rejection and revenge, right? I want to be ready talking about rejection and revenge. We defined both of them and then we talked about the penguin who actually right, actually, Queen Marie right, who was experienced rejection, but really, and truly only wanted love. So sometimes, these villains are born out of wanting very positive things I want love I want to accept it. I want to be acknowledged as a social right person who can be accepted into society who can be a contributor and not seen as someone who doesn't have anything to offer simply because I am different simply because I don't align to your line of thinking and so in order to receive that love, I'm going to enact revenge. I'm going to do the very same thing to you because I want you to feel the pain, but hopefully in that pain, you will then be empathetic which is a superpower and then accept me but it typically does not work like that. We get rejected. we enact revenge, and that revenge is a separate form of hurt, right? That revenge continues on in all of this. And then we went from rejection and revenge to today's villain, which was deception or which is deception. And what we talked about today in the notion of deception, this deception is when you call someone to accept something that is true or valid, which is not in the sort of opening line and the Kim Gems that were associated with this is we know that we are deceived okay. We actually know that we are deceiving. In fact, we choose deception so that we don't have to accept being a lie.

Kim

Hobs we are still on because it was a whole thing. Reason came in. Okay. And I thought we were doing all right and then I asked my mods, the doors of church were open and mylifejourney told me no. Klock was passing out all types of last year. Okay. And then we got a raid by Gscans. And so we are still here, cops. So thank you for coming. Thank you for coming back. Thank you, Hobbs for the reup, appreciate you Thank you. Thank you. Thank you, okay. All of that. All right. So we are still here because Gscans brought the family over hops. And so now we are here and I'm doing a very quick recap. But I am. Reason according to one reason Hobbs we're doing just fine on time. So I'm taking us through the recap of today. And then we're going to attempt to get out of here before I'm ready to get right. Robin says she takes her blessings with open hands that she's got here. I'm graduating ROTC

Thank you. And thank you everybody for hanging in for the recap and for just getting some of these additional nuggets. As I'm doing the recap.

Kim

So we talked about this notion of knowing right? There's a level of self awareness that comes with deception because you're choosing deception over being a liar. That settles with some people much better, actually can stay with the truth. But I can create this veil right and we also talked about how deception is a form of... Hey Daisy, good to see you. MyLifeJourney Daisy needs some boots. Klock, I'm getting out of here before soltrain ends I promise you okay, I'm out of here. Okay, before it's okay. And at this rate we might run into LB who I think is on at 10 o'clock. I think we were gonna attempt to even get to David see Dennis is still number still in here. But we're going to attempt to get out of here before 10 All right, because I have a call at 10 o'clock. So that is the absolute.

Kim

So we talked about choosing deception as a form of protection. And then we talked about the words that are associated with deception because when you are doing this the deceiving people may experience he was fabricating something or forging something or being dishonest, right? Or it's a hoax, right? All of these things. But when you are doing the deceiving, it's a form of self protection because you do not want to be exposed. You don't want people to see you in any way other than the way you want to be seen the way you want to be viewed. Okay, and when you deceive you create this veil where people go oh, thank you for like protecting me. Thank you for stepping in and making it seem as though I needed this. Thank you for showing me that you're helping me for keeping me safe from helping me not experience this pain, when in actuality the deception has to continue because we deceive for three reasons and this is what I want to call out. Okay.

Kim

And so when we think about deception, I'm gonna look at that picture. In the corner and this is what I said to the blueprint bosses in the beginning there's only two letters difference between the word fact and fake back to something that is proven to be true over and over again, but fake is not fake is actually where we now need to create a completely different story or when we go to experience things. It's not true. We get a different outcome every time. So something that is backed cannot be faked only to write only two degrees of separation between something that is backed and something that is fake and people who just see do this really well. And so why do we deceive ladies, gentlemen, we deceive to avoid punishment, or protect our resources. In particular, it's more the first one we deceive to. To avoid punishment. We do not want anyone to punish us for not being at our best or not fulfilling that goal for thinking that we are less than for saying something and then not being able to follow through. We don't want to experience that punishment and punishment could be something as simple as I'm disappointed that we don't right that can feel like punishment for someone who feels like they need to show up at their best. Right?