

# The Blueprint\_ Villains Verified! Nov 2

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## SUMMARY KEYWORDS

villains, pyrrhic victory, people, stream, talk, space, intentional, validate, validation, good morning, revel, chat, listen, blueprint, folks, behaviors, manipulate, give, manipulation, tantrum

## SPEAKERS

Kim

### Kim

In case it does not show for those who are following me there and I will put a reminder up on social as well that there's no stream next Thursday I am in a wedding next weekend and I have to drive out of town. So I will be leaving early because it is such a short drive. So no stream next Thursday. Okay. So, in addition to that, there are going to be some dates that are coming up that I want to make sure that I remind you of December 12 is my one year Twitch anniversary. So we will be doing something exciting for that day. So stay tuned for that and then I want to make sure that I give everybody dates where the blueprint is going to take a little bit of a break up and rolling pretty steady for this first year. Only canceling if I or Avery has been sick or if something else has been the case. I'm gonna take a little bit of a break during the end of the year to go on some vacation and we're gonna talk about what those dates are in terms of streaming and then when the stream will resume again. Some of that also allowing time for me to make some adjustments and level ups to my setup at home.

### Kim

Both and at lock and key Media Studios. He has been great about helping me with just thinking through some things this is some of that time will be to allow for some upgrades and and things like that. So lots happening and then of course I'll start to preview some cool things that I want to do. So you can connect with me outside of this space for those who are looking for regular engagement access to my content, anything that's there. It's all coming. So that is what the break time will be. It'll be a chance for me to just reset, but then reinvigorate my topics and get ready for year two of the blueprint. So that's what's going on. With that. Let's say good morning to everybody who is here and then we'll talk about today's villain and we're going to do a little bit of a recap from Tuesday, and then tie it into what we're doing today. I did tell MyLifeJourney last night what the topic was. She did she did say to me. She said to me two things. The first thing she said was I'm sick of you. And the second thing she said was I tried not to raid you out early but you made it very difficult for me. So we're going to make every attempt to get to 9 o'clock. So we can raid out of here and on time and not early, but go ahead and have your notes and your pens. We're going to continue to make some of those really thoughtful connections.

**Kim**

Again, folks digging into that shadow work so that we have space for everything. Okay, so first of all, shout out to all of the new followers first time chatters I have been getting a lot of that since my Beats for the Cure stream last week which I will put up the link right but the donation link is still open. So please continue to donate and know that anything that comes as a result of that. If there are high trains if their subs if there are bits that are given all of that is going to go to beat for cure. So thank you for supporting. We will continue to do that we have raised just north of \$36,000 and we are trending really well. So that is all thankful to you all and your support not just for the blueprint but for other streams where you may have given it any amount is expected. So if you were going to gift a bid to me, you can give that that same bid or a sub you please consider putting that amount in the beats for cuer and I will put the I will put the banner up so you all can see what that is. So this is my unique link right here, everybody.

**Kim**

Okay, so with that good morning MyLifeJourney and the rest of my mod team who is in and working behind the scenes always thank you both for being here and all that you are doing and have done and will do for the blueprint appreciate each of you being in this space. I think SeeLove702 and Tijuana were the first ones in here this morning. So good morning to you ladies. Appreciate you being here. Happy Tuesday or excuse me, happy Thursday to you as well. Crystal Method. Good morning to you. Thank you so much for being here. Hope you're doing well. This morning is Molly 67. Good morning. Mr. Cheney. I'm think I got it right. Good morning to you. Thank you so much for being here. I see your comment about still being a vitamin and I love it that tells me that last week's conversation resonated and you've been you've been thinking about that which is important, right? We want to leave here with the ability to keep staying connected to the conversations that we have here. So the morning Hobbs how are you? Welcome in Good to see you.

**Kim**

Thank you so much for being here. Jen. I think I saw you come in the morning, Jen. Happy Thursday to you Jen. I will be there soon as I raid out today, just for our for our conversation. All right. Who else has come in to the stream this morning? I'm just scrolling by DJ TNTAutoDetailer. Good morning. Thank you. To you and one other person who came in play more games Good morning. Welcome and good to see you. Thank you both for the early wishes for my twitch anniversary. It got here fast. I'm grateful for everybody who has been rocking with me from the very first stream to the day I made affiliate. Right up until this moment. You all have been consistent and for everybody who is new and coming in whether it was your first stream or your 40th stream. Thank you. And I mean that sincerely from the bottom of my heart right is a choice, and you have so many of them across twitch. And I'm grateful that the blueprint is the space that you come in, whether it's a tab up, whether you're active in the chat, or whether you're just listening I appreciate all of it.

**Kim**

So thank you. Thank you. Thank you. Keith Reed, I see you coming in. Good morning to you. Thank you so much for being here. Auntie Datie. Good morning. Good to see thank you for being here. Virtual salute to everybody who was working, lurking, or commuting this morning. I know what this time is like and how transitions for everybody. So I like to be able to acknowledge that so wherever you are,

however the stream is in service to you do that whether chatty or whether you're just listening, shout out to anybody who is also on Twitch audio only. Thank you for listening into that space. Appreciate that MyLifeJourney just put exclamation point in donation in the chat that is where you can give to Beats for Cure as well and then you see the unique links down there. Okay, KB browns, welcome, man. Good to see you. Thank you for being here. Just about everybody. If I missed you, please say something in the chat so I can make sure I say good morning to you or acknowledge you in some way. Good afternoon. Good to see you. Thank you so much for being here. I hope you're feeling well. Happy Thursday to you all. Right.

### **Kim**

So we're going to jump into today's conversation and talk about villains. And what I mean by villains is if you were with the blueprint at any point in August, September and October we were talking about our Grow With the Flow series on Tuesday and then we went back in on Thursdays and talked about superpowers. And by superpowers. I mean what are those kinds of intrinsic things that we all do that people experience us? We talked about things like you know, compassion being a superpower intuition being a superpower patients. Those were some of the ones that we looked at and we had conversations about how they were connected, what their unique tenants were, but then also how they show up for us in our lives and how we can be intentional about making sure that if we need them, we're also giving them out, because the very things that we need, we have to seek out. We also have to be willing to give to others in those moments. And the earth will balance the universe will balance itself out like that if you need compassion, you have to give compassion. Those are all important things.

### **Kim**

We also did a little bit of shadow work before the Grow With the Flow series over the summer and we are balancing those superpowers with some of these villain behaviors. And that's what our villain verified series is we're talking about things that operate in our shadow, the places that we go when we're in constant we're in some of our dark spaces, when we're not feeling at our highest potential and we want to make sure that we are trying to not only just operate in that space, but recognize when we are there so that we can do the things we need to do to balance ourselves out. So with that, we're going to pull up our slides. If anybody is curious about what their potential shadow behaviors are, right, when you operate at your highest potential and you're at your best or if you are wondering, you know, when I'm not being patient, what am I am I just impatient or am I actually something else, right? If I am typically very you know, resilient, do you want to become something else? Okay? So if you want to do that you can take the free assessment. I know many of you are taking it you already know if you are an affirmer and achiever or an assirter but let me encourage that for anybody who's interested. MyLifeJourney can put it in the chat there it is. It's [alpfree.com](http://alpfree.com) It will take you about 60 seconds. And you won't have to, you'll get your responses immediately. And it'll tell you, if you're at affirmer, an achiever or an assertor and on one side it'll have all of your positive behaviors. And then on the other side, it'll have your shadow behaviors meaning when you are not at your best, what do you do?

### **Kim**

Alright, so let's get this up. So we talked about villains verified, and we wanted to define what a villain was. And so we spent a little bit of time doing that on Tuesday. If you did, by the way, if you do

take the new if you're new to the assessment, you've never taken it before or you forgot what yours is. You can do it there. But please drop your response in the chat. It always helps me. Be thoughtful about my comments and about my responses to anybody who may be taking it if you've never taken it before. So here is how we defined our villains. And then we're going to talk about the villain from Tuesday. And then we're going to introduce today's villain, I'm going to make some dark connections for you. So we talked about how villains are intelligent. Right I'm an affirmer too MyLifeJourney. I just took it again you guys add so for the background so let me let me remove this really quick so I just want to tell you guys something. I started working with the ALP which stands for actualize leader profile or assessment. I started working with the ALP in 2017 When I started graduate school and that was six years ago. Okay. I am out of grad school. I have written my grad school dissertation I have successfully defended it. Graduated I have been teaching and coaching in this space. I just took the ALP again because I wanted to see I took the free version I still came out as affirmer.

### **Kim**

I say that to you to say it is rare that unless you've had a considerate shift in your life in terms of something that's happened, some type of trauma that you're solving for or that you've experienced, you are going to remain the same thing. So it's rare that you are going to change at all. Okay, so don't think that because you're in a firmer today you can be an assertive you might have a strong assertive behind your firmer or you might have a strong achiever behind your asserted. Your primary is always going to be your primary in case anybody wants to be clear about that. And I also wanted to show you that from a consistency standpoint. Timing is the thing that enhances what your profile is.

### **Kim**

Okay, so let's go back to defining our villains. So villains are often they're very intelligent, they want to avoid making bad decisions. Villains are very ambitious, right? They have to have that level of drive to keep them working towards all of their goals, right? They're very intentional. They are really, really great influences whether it's positive or negative. Usually it's using negative influence, or manipulation, which is the villain that we're going to talk about today in order to assert their power. Sometimes villains come from a very wounded place. And what I mean by that is, there's an opportunity for them to either be dealing with a wound that is emotional or psychological. And we talked about this notion of sometimes these wounds that villains are working through are self inflicted. I just want to leave that there because we had a little bit of reaction to that on Tuesday, the right type of reaction. But understand that sometimes these very wounds that turn us into villains are truly ones that we inflict on ourselves and it is often a delayed reaction.

### **Kim**

In fact, we will deflect or deny or disagree with anyone who tries to call out that perhaps we may have had something to do with this wound that we have, right especially if it's an emotional wound or psychological. So good morning Revel. Good to see you. Thank you so much for being here. Queen please go get the Revel and follow you will not be disappointed. All types of good times and good energy all the laughs and all the cracks in her stream right she always curious to space that is good for anybody whether you are active in the chat or whether like me you lurk and listen to you sneak sneak out alert to add a comment or two and then you go back and you just enjoy the commentary the best

space that you create. So thank you for being here. Well, good to see you. Hope you're doing all right this morning.

**Kim**

All right. Dr. Donna Dunn is good morning to you. Happy Thursday. Thank you so much for being here. Hope you're doing well. Give her welcome in all but listen, what is it what is it? What is it the key? Bradshaw says right all the hood is here is that what she says? If somebody tells me because I'm probably messing up her words. Sorry Katie if you're lurking in my stream, but I think I may have messed it up. But I'll just say all the boss families here for sure all the blueprint bosses are in the building good to see. So we also talked about how villains are very determined. They're unstoppable. Their drive is so consistent. They are really intentional about saying listen, okay, okay, Revel. Good. Right.

**Kim**

We're very intentional about saying if I have to keep going, so that I don't give up because I believe so much in in what it is that I'm trying to do. I have to keep moving forward and nothing is going to stop me. And that even means that they're willing to violate some level of moral code to accomplish their goals to accomplish their goals. Even if that moral code means that there has to be sacrifice at the greatest level. Right. In some instances, villains live lives of what's called a Pyrrhic victory. And I don't know if anyone has heard of what a Pyrrhic victory is. Good morning, Jennifer. Good to see you. Thank you so much for coming in. Happy Thursday. You definitely go NYC Good morning to you. Thank you so much for being here. Happy Thursday. I saw you on the other day. I got to get a good feel for your schedule so I can come check out your stream. So you're coming into support, appreciate you tantrum. Welcome in Good to see you. Thank you so much for being here. Happy Thursday to you. Michelle 22. Good morning. Good morning and welcome man. Come on in everybody make yourselves comfortable. All right, we got lots and lots of folks who are making their way and listen some dope folks in this stream. Ladies and gentlemen, DJ tantrum in the follow up, right? All types of mods. Right, great streamers who were in here, folks who are massive supporters, right? So go follow these folks. And really be intentional about being present in any of the streams that you're in because there's always something great to take away.

**Kim**

I want to talk about this whole notion of the moral code and feeling like I gave you victory to this whole notion of the moral code. All right, and if you want to take notes and this is where I would tell you might be think about taking some notes okay, but this whole notion of the moral code so I said that villains will be intentional about saying, no matter what, even if it comes with the greatest cost, I'm going to achieve my outcome because I believe so strongly in what it is that I'm trying to do. And it becomes a Pyrrhic victory. So for those who may not know what a Pyrrhic victory is, or heard it used in this context, a Pyrrhic victory is a win or a success, or seeing, you know, an outcome achieved but it comes at the greatest cost or the greatest expense and that is usually a person's life in the most extreme sense. Now, if we dial that back and say, okay, it is a Pyrrhic victory, why you don't give your life. You may in fact, give your time your energy, your money, your emotional capacity, you might give your psychological energy.

## **Kim**

Sometimes a Pyrrhic victory could be sacrificing your space. It could be allowing or inviting in anything that is going to drain or diminish you have all of the good qualities or capabilities or anything that you have that you would be giving to a situation. Essentially it is sort of the metaphorical it drains the life out of me when we say to folks, I don't have anything left to give, right that means we've given everything we've given our voice. We've given our opinion. we perhaps have not given some things we have made sacrifices on some levels. Absolutely. My life journey Thanos 100% did that. It was a Pyrrhic victory. He was willing to say even my life if I have to give up my life if I snap my fingers and I go to Earth is going to be the earth is going to be better because when we restart we're going to be in a better place we have a better opportunity to get to a better state in humanity. Dr. Datie Priest good morning. Thank you so much for being here. Welcome. And please give Dr. Datie Priest a follow. You all always have a good time in her streams whether you catch the mark, or whether you're catching the replays, which has been my life lately because my days have been so crazy. I've been catching lots and lots of replays her and DJ classics thank goodness both are putting their stuff on replays. So Keith has put that in the chat right victory has defeated you which comes from vain if you don't know who've been is been as villain in the dark night which is the prequel to the Batman series right as we know it and so when we talk about a Pyrrhic victory, it literally means that you have given everything you could possibly give in order to see that success. And that doesn't necessarily mean that it is the right thing. Or that you should have had to give that but you gave it because you believed so much. Anybody believes in a purse, sometimes Pyrrhic victories are people. Okay. Right. Sometimes,

## **Kim**

Pyrrhic victories are when you give in to other people so that you can have peace but do you really have peace when you give into them? When you allow folks to have their way when you allow people to say I'm going to have the best of you so that I can be at my best when you give of your gifts so that somebody else can be great and you are suffering? That is the epitome of surrendering the struggle, ladies and gentlemen, right? Because when it is a Pyrrhic victory, you don't surrender the struggle until every single resource has been occupied out of you. Okay, so you can't surrender and it's your own struggle, right? You are literally trying to surrender your own struggle, but you can't surrender it because you're still in the battle. Giving away all of your resources to someone else, Miss Ib. Good morning. Good to see you. Happy Thursday. And so now we're in this battle with ourselves in order to solve for someone else's success. And when we talk about this being a Pyrrhic victory is in particular when we get to today's we get to today's villain. It's going to make a lot of sense. All right, so let's add this back to the stage because we've now defined what our villains are.

## **Kim**

And on Tuesday, we talked about validation being the villain, okay, and this is our friend. Does anybody remember who this is? This is from Dragonball Z. Oh man. So we talked about villains and we talked about validation being the first villain, right? Yes, this is Vegeta from Dragon Ball Z and if you know anything about Vegeta Vegeta needed to be validated meaning he needed you to know that he was the greatest super fan out there so Dragonball Z for those who don't know is an anime series. I like anime. Not not certain types. I think I said this on Tuesday, not the super boring dark ones. But this is a little bit of my vein when it comes to this right. So when we talk right, right, so here's the thing, tantrum while we talk about Vegeta being a villain. In his camp, he was literally the greatest of all time, right?

Like you're right did he absolutely was. He? Tantrum is saying something really, really clear. He made Goku who was his opponent who would be like a superhero for the same role that they ran. He made him work harder, even developed better. And so there's this whole notion of really being intentional about understanding why these villains what they look like and when they show up and other people so we talked about villains being wounded. And so those wounds can either be exposed or they can be hidden.

**Kim**

We also talked about them having an obsession in the genius case, but Gita wanted to be known as the best he wanted to be better than Goku he wanted to be the greatest. So much so that both him and Goku go through this whole Super Saiyan transformation and I will hopefully pull up the link and we're going to see it today because we didn't have time on Tuesday, right each super each villain has some level of Achilles heel some points of weakness. It is the thing that either got them attacked, or where people knew that they could cause pain or trauma to them in this weak spot, right? Absolutely. tantrum. We're gonna come to that in just a minute. We're gonna talk about this whole balance. Right what it is because if you look at the relationship between Goku and Vegeta, and I'm using this, but I want you to also start to think about relationships that you have with other people.

**Kim**

When we talk about validation right, because some people come into these relationships with you, because they have watched you operate in other relationships and they want you to validate them. They're actually seeking out your type of personality so that you can validate them because your validation then affirms them in ways that the world will be able to see and then because they attach themselves to that, it feels as if they don't now have to answer to anybody if they don't have to respond to anybody. So it's almost like a weird, imbalanced symbiotic relationship. I'm accomplished like one of those suckerfish I'm gonna just come and attach myself right to you, because in these conversations, you're going to tell me that I'm great. And these conversations, you're going to tell me that I'm worthy that I'm worth it, that I am all you know, everything that I have come to you are going to validate me and you are going to enhance my vision.

**Kim**

And in that validation, because you're validating me I can now take the determination I have to carry out this very mission that I think is going to be great enough, because I've got you fueling me. So you almost have to keep your eyes open for people who want you to validate them. So they can be a villain. I'm just going to park that right there and say good morning to folks who are coming in the door Okay. Sometimes people want you to validate their villain so that they can move in their villains. I don't even know if that's a word but I'm gonna make it up right villain them. They want you to validate you to be validated in their designated priests epic. So thank you so much for the reups to both of you for continuing to support this space appreciate you my life journey tops don't run out. I wasn't even put anything in her comment she just put okay.

**Kim**

I think villainum might not be your word, but I'm gonna make it up and so we're going to use that so Daddy and Vic stove. Thank you so much for the reup DJ lockdown. I see you coming in on the

check in. Good morning. Good early morning to you guys. It is 5:30am We're locked down there that just want to share that with us in the chat. So if you are in the gym lockdown, I hope you're having a tough workout and it was early morning there for you in Terry. Good morning. Welcome in thank you so much for being here a McKee. Welcome and good morning to you Music Spasms. Good day to you, sir. Thank you. So listen, villainium, okay, we're just going to accept it. It sounds like everybody is fine with that. So we're just going to use the word as accepted among the blueprint lexicon. All right. There are people who want you to validate that. Revel says that she likes made up words so there you go. Revel thank you for validating villainium as a word and we're just gonna keep rockin with it. Right and I see some of you putting this into the chat right for somebody. This is the internal quest for self validation. It is really is KBBrown says isn't it just human nature to look for validation? It is KBBrown. Okay. But there's some times where and this is why we have to get into today's billing.

### **Kim**

Because here's the thing. Villains want validation. But when they don't get it can be grounds because we are looking for it. Sometimes we're looking for validation because we need to know we're on the right track or the steps that we're taking are going to lead us to the outcome that we're seeking or we need to make sure that we don't miss a step. And so the validation is yes, this thing that we are now going to do here is then going to lead to this so it's a little bit of every action has an equal and opposite reaction. And so it's the action reaction action reaction. So yes, we browse there is that whole notion of seeking validation in that way and while we're looking for it KB Brown, so sometimes in the absence of us getting the validation, and it's not because we don't want to, it could be for a variety of reasons, right HRnerd. In the stream, thank you so much for being here. Sorry about that. I wanted to make sure I just saw your name pop up in the chat. I hope you were doing well. Good to see you you as an HR nerd. You came into an entire conversation. I hope you're doing well. And I look forward to catching up macro game or is that you? Thank you so much. Listen, y'all. If you were so many dope folks in the chat, please go give them a follow.

### **Kim**

I want you all to know and I was in black girl gamers stream the other day and I just happened to pop in ahead before I was on my way to bed for the evening. But I saw her on and I wanted to just go and like spend some time in her chat because I've been seeing her across other other chats and I had not caught her stream y'all it is an entire vibe in there. And one reason said it best the other day like when you go in there she is going to love up on you. And she is going to give you something positive whether it is thank you for coming in and supporting or if she's been able to watch you and see you she's going to give you some love that you can actually feel and acknowledge you in that way which was great house music so go in there and just take advantage of the energy whether you are active in the chat so I was I was not active. I was just vibing out listen to the music working on my slides. It was a great space to shout out to you by pro gamer it is a wonderful space that you have in their music spasms. I completely agree she is super dope. She is super dope and I've only been in there once or twice. But I also catch her energy across other streams. And so she's she's awesome. So I'm happy to have you. Thank you for spending your morning so she is she is this stuff so the right hand side is true Okay One reason was given by programmer all types of love yesterday You're welcome Queen.



**Kim**

Well deserved absolutely LockyMedia coming out of lurk to say black girl gamer is ridiculously dope. Okay. And I think Revel was singing your praises yesterday as well. So like okay, I'm gonna be affirmed and know that there was love but for you here right the right to Revel is that butter? Right vote you get everybody coming in and talking about your unmatched energy so black girl gamer received these flowers Queen I'm so glad I was I was only in there for 20 minutes because I was so tired but I wanted to come and give you some love right in the spirit of this. So thank you for curating the space that you do and for coming to support this space. All right, listen to Gclass coming in hot say I've been saying this for a long time now. Thank you gclass and good morning to you. Okay, good. Good. To see. There it is. All right, folks.

**Kim**

So sometimes, right we're talking about Good morning GClass that actually say good morning to you. I want to make sure that I got that in there. So I want to make sure that we talk about villains who are intentional about seeking validation from you because you will validate them right they still listen y'all shout out to the new emoji if you have not seen it. There's a new emoji in the chat Big Stove took the liberty of creating the new the new good talk about because that is what I said to him. He came in he put it there it is everybody see the new emot. It's in there. It's labs talking about right because big still did a pop up stream one Wednesday morning. It was 90 minutes and he was in there jamming. And so I decided to share with big stove that he should do this more often but it wasn't an ask. It was more of a like strong encouraged directive. And so I just said in the chat big stove. We're going to need more of these morning pop ups, sir. Good talk. So if anybody's ever been in warm up Wednesday, I didn't think he was going to do it within the next week. There we were at 6:30am and that was how many months ago think so. Right Revel straight strong. Straight up straight was a straight is drawn from a place of love. But listen, is a good time. So get in there on Wednesday mornings at 6:30. It's more about Wednesday. It's great jazz and a little bit of other things that don't make sense. I devoted my life to me it wasn't it was a depot from a place of love. A good talk, but the stream is out and we're all better for it right and it's a good mistake. Exactly Hobbs you're voluntold that's exactly what it was. Oh my goodness. So anyway, well a big step. So hence the warm up Wednesday stream. That is what we do in the mornings and then right before around the time I did my beats work to stream the good talking about the sport so he has the animated version of it. Okay, luck has the steel version of it. And so then I said to them, I said too big. So yesterday in his stream I said Thanks in advance for sending me the emote epic so now, it is in the it is in there.

**Kim**

So nonetheless enjoy the new emot. It's in there the good talking about all right on behalf of everybody. Repossession needs to be on my strong arm. Okay, listen. Anybody who has ever been coached me HR nerd will tell you she's in here. HR nerd, has had my very loving coaching but it is very direct and it is very intentional. Because I do believe I want to see you all when and I want to see you operate at your highest potential right so I'm gonna I'm gonna push you in that way. Right? So it's a rock

**Kim**

Yes, Klock direct right clear, right what is to be clear as to be kind All right. That is not even me. That is MyLifeJourney. Okay to be clear as to be fine. So, absolute right spasms, no chaser just saying. Okay, so let's get back to our let's get back to our video because I want to connect this one I'm sorry. I am talking to y'all and I am talking to y'all in the jet Oh, they do. That is so funny.

**Kim**

HR nerd said she needs my directness. Okay. All of these things are really, really true. And I do it all from a place of love. And anybody who's had a conversation with me knows that. I think Hobbs is most recent ones who have had a one on one with me for that recently, so. Okay, so villains ladies and gentlemen, let's be clear about this all right. I want you to be intentional about recognizing the validation. Okay, Meesh good morning. Welcome, man. Good to see you happy happy to say I missed you in the midst of all of the chuckling right the chat is really, really they're funny today. Not that they're not but they're very funny today so here's the thing though, when villains cannot... Carlos06 welcome man. Good to see you. Thank you so much for being here. Appreciate you. So when villains cannot be validated, all right. When when the wound when they don't get someone to say I'm sorry that you're hurting, right? When we don't get someone to say man, I see that you're really focused on this, when they don't get that attention that they are seeking. They move from this notion of validation to this villain which is manipulation and we're going to talk about in our last few minutes before we get ready to get out of here. All right. Who knows who this is? Anybody know who this is? She is a movie. This is a movie character. Yes. Right. We're talking about we've now moved into manipulation. Okay.

**Kim**

Manipulation is the villain because here's the thing. If you cannot get your validation, ladies and gentlemen, guess what you're gonna do? You're gonna go manipulate people into validating. It happens all the time. Miranda Priestly. So this is Miranda Priestly. This is Meryl Streep's character from The Devil Wears Prada. If you have not seen that movie, please go watch it. It is a masterclass in manipulation, and invalidation both of self of principles of values and of so many other things, right. Meryl Streep in The Devil Wears Prada is magnificent. I mean, she is tremendous. Like she was born for this robot baby. Welcome and good morning. Thank you so much for being here. Hobbs, don't run out. Okay, I need you to stick in here as long as possible. All right, because this is going to hit home. Listen people this is you holding up your mirror and recognizing yourself or recognizing that other people in your life. Do this. And more importantly, that you may allow it you allowing it is the self inflicted wound that we've been talking about. See Klock or MyLifeJourney for any bossgear that you might need.

**Kim**

Okay. I'm telling you, these things Jennifer says how often do you think that we unconsciously or unintentionally, yes, to receive validation? Listen, folks, let me read you Jennifer's question again because this is really good. Okay, my chat is moving fast even in slow mode. She says how often do you think that we unconsciously or unintentionally manipulate to receive validation and she says she's thinking of something like using self depreciating language to receive a compliment. Yes, Jennifer. It is human nature. So if we look at these bullets that are up here tank a see you good morning. Welcome and thank you so much for being here. When and thank you so much for the reuptake appreciate you,

right, when we get to this place where we are seeking it out, okay. This is what we now mean by this negative influence. All right. This is what we mean by using your influence from a negative space, so people will negatively influence they will use manipulation to project authority. This is what Miranda Priestly did, right. If you've seen the, you know, put up, put a good talk in the chat if you've seen the double red product and you watched how Meryl Streep's character would manipulate she would come in and she would call people by the wrong name and the one girl who knew it was like she's actually she would say this person she would say Emily, but she was talking to Andrea.

### **Kim**

Andrea was Ann Hathawys character, right. So we would watch the manipulation, she would project that authority to pull to pull it to appear powerful to also stay in control, but she would also manipulate and she would do that so that she could create this false sense of trust anybody in here ever been the victim of manipulation and think to yourself, Man, I was really trusting them. I was really listening to them. I was really being intentional about what they were saying. They really had me because they're often very charming or charismatic, or all of these different things. MyLifeJourney is going to be loud. She was like, I can't even do it. I'm gonna just get out of here. She was like, I'm not even gonna do it. I'm just gonna get out of here. But I'm telling you folks, if you think about the profiles or you think about the people in your lives, sometimes their attention they're seeking attention they want you to put all of the focus on them. And Jennifer, this is go this goes back to your question. If the focus is not on them, then they will unintentionally or intentionally manipulate through something like self depreciating language where they're gonna like Oh, I'm so stupid. You're not. And here's the thing. Sometimes we do and this is where the unconsciousness sometimes we don't even recognize that we're doing it because what we're doing is exposing the very emotional wound that we actually want to hide from other people.

### **Kim**

And that behavior is what causes stress to you or to the other person. It creates confusion, but it also fuels insecurity or imposter syndrome. Does everybody see that? Right? When we are exposed to someone who was manipulating even on the lowest of levels? It can fuel insecurity in you. Not in them. They're fine, ladies and gentlemen. You are the one that's like, Am I crazy? Is this really like something but that's right, and they do it through the charm or being charismatic or right? You might just say, man, there's just something about them that I can't quite put my finger on. Listen to me, folks. And I want to say this to you very clearly, because from a blueprint standpoint, you all know that I connect the professional with the person. Let's tie this over to the professional side. Have you ever watched people in the workplace, your co workers, the people who cozy up to your boss, the people who cozy up to your leaders, the people who cozy up to the EAS of the assistants that have the most access to them, right? Carlos06 is coming into the box here. Is it right? Listen, I'm gonna use Carlos06 because Carlos06 is a medical professional, he's a doctor, right? Absolutely. Brown nosers okay. This is what I'm talking about.

### **Kim**

You get cozy, you cozy up with the people who make the decisions, who have the money, who can influence who were in any of these positions, right? And you do that so that you can manipulate or influence their thinking so that they can put the attention on you instead of on something else and they

use that charm or charisma. Now some of us can see right through it, and we're like, oh, this person over here and you already know what they're going to do. But if you've never been a victim of it, or if you haven't been in a space where you recognize it, you then come to understand that regular basis. Yes, right. Would you then come to understand that? It causes you stress? You're the one that's confused? Yes. Black programmer Exactly. Here they come. Here he comes. There they go. Right or sometimes right there they go doing all these things over here and it feels insecurity and then you check yourself like am I showing up? Do I have all of my ducks in the water because they might not even be in a row right? But just in a water right? And my so now you're over here questioning yourself and your validation has gone down and then you find yourself going back to validate them so that you are less stress because in you validating them they then use their influence to validate you from a very charismatic or powerful place.

### **Kim**

Listen to me, folks. This is very narcissistic, adjacent, okay. And we all know that there are spectrums to narcissism. And we see all of this in the workplace. I'm saying it to you all because I want Listen, folks, there is a scripture in the Bible that says you need to know who you labor among. You absolutely need to know you all have right left your game Right, exactly. Right. We have talked about this, you need to know who you labor among ie you need to know who's in your foxhole who's in your circle who is in your square because everybody that says they are for you. They are not for you, and they won't support you. For those of you who are trying to grow as leaders for those of you who are trying to get promoted. For those of you who are trying to ascend you want your star to rise you got to be real clear about who is around you because everybody who says they are for you is not and they will not be an advocate for you. They will not be a sponsor for you. They say they will and then they will get behind that closed door and the very good things you think they are saying about you? They are not. Here's where the manipulation comes in. Okay. This is where it all comes in. Right? So you have to be very intentional about understanding who is in your circle. When you are clear about who is in your circle that is being the boss of your own blueprint because when you allow people to get close to you who don't have your best intentions, that stress that confusion, that insecurity they bank on that and then you hear me in my opening mantra say you don't have to dim your light you don't you can be great and your gifts but the minute they cause you that stress and that confusion, and you feel insecure about your gifts, your ability to deliver to lead at any level to build relationships, they have now manipulated you so then you shrink back and we don't get the greatest parts of you and because you are not giving your great parts the influence they have now ascended you and you're down here trying to figure out how you got to the bottom of the valley when you were on your way to the top of your mountain and take a deep breath.

### **Kim**

Absolutely Carlos06 and we do not see that until after we leave the situation can't like we're not writing out. We still have 10 minutes, okay. And so what I'm saying to you is listen, folks, especially for those who are in work situations and in personal situations, because here's the thing, our social let me let me quote let me pull Miranda out real quick. Because there's a ton of other characters that we can call attention to who are doing this. But listen, folks, folks will manipulate to get you to validate and if you don't recognize what some of those behaviors look like, you will be the victim of manipulation and then wonder why are you feeling so bad? Why are you giving yourself so self depreciating?

Commentary? Why are you not wanting to let anybody close to you because you don't want them to see your wounds? Right. When someone manipulates you. That's a self inflicted wound that you don't know how to heal, and then you are exposed and you're vulnerable because then you have to own and be accountable for the fact that you let somebody get close enough to you to discover your Achilles heel. Now you've been under attack, and now someone has superseded you, those of you who have been in work has anybody ever been in the workplace? And you talk to somebody about an idea that you had and then you saw somebody else execute it

**Kim**

Then you go, Hey, tell someone so about that idea. And now they are the ones talking to your boss and leading the project, and they've not said one word to you about being a part of that. Or anything, right? They're just out there rolling with your idea. Okay. All of these things are really came up with the chair what I'm telling you folks, listen, you have to be able to understand black girl gamer right? You have to be clear, and this is what I mean by being the boss of your own blueprint. If we go back to those mantras on our mixtape, sometimes those mantras that we say to ourselves, that are in this negative space are the result of feeling experienced at via manipulation when you are in that space. When you want your co workers say I got your back but then go talk trash you to your boss. Right if you don't know how to build those relationships and step up your influence game. If you are intentional about saying you know what, I am going to help people but not to the detriment of my own resources ie I'm going to help you but it's not going to be a Pyrrhic victory. Because what's not going to die in all of this is me, my self worth my ability to own and operate in my values, my ability to say no because no is a complete sentence. All of these things.

**Kim**

Folks will seek validation and if they don't get it, it will be in the form of manipulation in order to receive it. And it will feel good and comfortable. In fact, you might even like some of the things that you say. And then Carlos06 point is after the fact when you're like bruh I didn't even realize that this is what was going on. Yes but girl gamer says learning to say no. Made me feel more powerful and sexy. I love that. Jennifer, I want to go back to something that you said I gotta scroll back up to the chat if you're still in here if you're still with us, but Jennifer said she put a comment in there. Let me go back to find it. That I think something that is really important is working on learning how to translate feelings into what needs are. When people cannot translate those things, ladies and gentlemen that then track that then exposes itself through manipulation. Absolutely. Brooklyn made me okay. When we get to this space where we don't have the words to describe what it is. It's like when a little kid doesn't have the development or runway. They don't have the words what do they do? They scream. They scream when they're hungry. They scream when they want attention.

**Kim**

Right because they don't have the words. It's the same thing, right? We talked about. Let me add this back in really quickly. We talked about this right? We want the attention and so in order to get it there is this whole notion of charm. But what happens when a little kid screams it causes you stress? You're confused. About what it is that is wrong with them. It's the same thing in adults. Miranda Priestly is just one example. Now she was a very extreme example of what it means or what it might look like to manipulate somebody but other characters right. I think we talked about Cinderella stepmom. I think her

name is like Lady Tremaine or something if you if you know any of the characters, but like Cinderella stepmom, absolutely manipulative if you've seen that or if you've seen ever after like the the the adapted version with Drew Barrymore, right you see all of that cunning behavior. It's all there. But then she was charming to other people, if it was in service to Him, that charm and that that charismatic experience that you have with him, that's all in service for them to get the things that they want except that it comes at the greatest cost, which is everything that you have to give are willing to offer, because you don't recognize that in the grand scheme of things.

### **Kim**

None of this is about you. So people will move from validation to manipulation if they don't get it and I want to help make sure that you can recognize that in particular if manipulation or manipulative tendencies comes as a result of some of your shadow behavior. So for those who have not taken the AOP free, you want to look at some of those dark behaviors and then go back and look at what it means to be manipulative, right. And it's not intentional, but are you trying to appear powerful to remain in control? Are you are you seeking attention? Right and here's the thing, I'm not calling anybody out. I'm making you aware that sometimes when we are pushed when we are not at our best when we are under stress, these are the things that come out. And this is how people experiences experience. So in this safe space in this community where we're talking... BiggishMyth, good morning to you, thank you so much for being here.

### **Kim**

Listen, BiggishMyth, a lot of the things that I'm talking about show up at the grandest in these faith communities. Okay. And these faith communities in these circles. Yes, it's 100%. Okay. Dr. Datie, I want to go back to your comment of the day he said someone got the job over her and she said her injury plan was given to her and absolutely so daily now somebody else is taking your work but they wanted these other traits or characteristics that may or may not have been the right thing to execute it. It's your intellectual property Dr. Datie with just because she may have certain qualifications, your expertise, your energy your time the way that you do it. Your gifts may not translate as effectively through a another visit. Listen to me, folks, nobody, y'all I don't know who was in spiritual thought leader stream yesterday. She said this. And so it right and I don't and she's streaming right now so she cannot hear this but I want to I want to make sure I say it. And I want to give her all the credit for it.

### **Kim**

She literally said people she said I have heard other parts of things that I have streamed and other streams. She said that's fine. You can go take it because nobody else can be the spiritual thought leader. Good talk. Okay. And I say that because even in the midst of somebody else taking Dr. Datie's work, it has Dr Datie's influence and energy and gifts on it. And so it will be lessened because now you cannot allow your gifts to be great through another vessel. They're yours. Nobody else can have your gifts. So nobody else is going to be able to experience you through someone else's eyes. It's impossible. Shout out to spiritual thought leader for saying that you can take any of her content but she is the spiritual leader. So it's not gonna land the same is going to hit very different all of that is intentional. BiggishMyth says you've been in charge. Yes, and that's that's 100% right people now coming in and thinking that they can tell you what it is to do. But they can't. Swirls. Good morning. Good to see you. Thanks so much. Thank you so much for being here.

**Kim**

And so I use spiritual thought leader statement up no one else can be the spiritual thought leader. So it doesn't matter if you take my stuff. The way I say it is not gonna look anything like anybody else's period with a T on the end. Okay. So when we think about this whole notion of people choosing to manipulate in order to get their validation BiggishMyth, I see your comment, right? You've got all these people around you all these people and essentially, they're wanting you to validate their work in the communities because the sites will do that. Okay. And we use rebels work because the science will show up in any way that they possibly can. In order to make sure that they are affirmed in their work right and that you see them and that they are doing things but really that is about them. It is not for the glory. Okay, it is not for the glory. Right. It is not for the glory it is for the recognition represent and will and they will write and they will do it to get the look to get the shout out to get the acknowledgement in front of the congregation in front of the committee in front of the leadership. It it right like your grandma says and do all of that, but it is for them.

**Kim**

I'm telling you folks as you start to recognize these manipulative behaviors or as you start to recognize yourself moving adjacent in these behaviors, if you are feeling like I am in this place of stress, and I don't have the runway or whatever it is that I need to be able to do these things. You may find yourself adjacent to this and I want to make sure that you are equipped to go no I don't need to manipulate I can validate. I can affirm. Absolutely. Affirm myself. I don't have to be adjacent to these things. I can surrender the struggle of manipulation and invite myself into receive anything positive that's going to help me show up at my highest potential DK Good morning to you. Thank you so much for being here. Right? Yes, besides Okay. Besides we'll try to do that. And it's not just the saints. It's the coworkers it's the mom group gets the friend group, right when you start to look at your groups, and I'm not telling you to disconnect from your circles. Ladies and gentlemen, what I'm telling you is to be clear about recognizing these behaviors so that you yourself, because here's the thing you take on the behaviors of the people that you are around, that energy transfer is real. And that works. Someone else's negative attitude could have your tone and email all types of messed up and now you were coming at somebody completely wrong, and they didn't have anything to do with it. You've just been the victim of a manipulative energy transfer.

**Kim**

Right, all of those things are real. So I say all that to you to say, as you were intentionally being the boss of your own blueprint. Be aware of the things the energy that shifts around you when you're around certain people right? When you freeze yes right when you are around all of these things because it will change you in so many ways. And by change you I mean your energy, your mindset absolutely makes an energy drop. I mean they will you will be feeling fine. And then all of a sudden come across something that it will not be your whole mindset will shift. You ever have a conversation with someone and they just say some of these things and you're just like, Oh, I'm tired already. I've only been talking to them for two minutes, Latisha B, welcome and good morning. Thank you so much for being here.

**Kim**

Check your spaces, go to spaces be around people invite in things that are going to be good and help you but right now like during a pew pew, pew pew. Absolutely. All of this stuff is really really real. Okay. This is why I wanted to talk about these villains. Because when we talk about things like patience, manipulative people aren't patient. They can be sometimes but typically they're not. They're trying to just get where they need to get. Now, an extreme example is like Thanos right? Thanos was very patient, but you saw him taking intentional steps. And moving in a certain direction, right. Often these villains are operating opposite of their superpowers and this is what tantrum was saying earlier. He said that the Gita would be nothing without Goku Goku was the is the good Super Saiyan right to be able to make him better when we look at people who are manipulative, right. They need someone to validate their manipulation. Absolutely, absolutely. Anyway about that, take that take that. Right. So all of that said, be mindful with who's in your circle, these villains that I am bringing to you are because I want you to recognize it so that you can protect your peace so that you can remain the boss of your own blueprint. Absolutely.

**Kim**

Dr. Datie says you have to identify what energy is yours and what belongs to other people and on that day the diamond right there. We're gonna get out of here because we are past the top of the hour. Yes, Black Girl Gamer says the Joker felt like that about Batman. He knew he needed Batman to actually be The Joker. That's how it is in all cases, Black Girl Gamer and we talk a lot about this whole balance of villains and superheroes and what it how it relates and all of the things so let me give the...Good morning Double Spirit. Very good to see you. Thank you so much.

**Kim**

Y'all know that we can actually talk through this probably for a few more minutes. This is why we're going to just keep going. We're going to just keep going through the month of November with this because we're going to keep rolling through this so that you can recognize what you need to recognize but you can also learn how to surrender. The struggle, your own struggle. Okay, like our game. I am so glad you were here. Thank you. So much for being here. Listen, folks, let me give you let me give you the list. Okay, I want to give you the list. Allah Ze welcome in good to see you. Is that you I was asked is that you? Who is I think it's I think you said your I think that that is I think that that's your your please give these as a follow up. Always a good time in his stream. Always entertaining people tell you y'all know, I love to have a good time in my stream whenever he's in there. So thank you for stopping in. Appreciate you. Okay, so let me give you all this villains list because I want you to have the list in advance. Okay. We talked a little bit. We talked a little bit about this Tuesday, but here is the list. So we started with validation. And then we went to manipulation. The rest of the list ladies and gentlemen is revenge. Rejection deception, abandonment, and betrayal. Okay, and we're going to talk about all of these so if you didn't get the list, no worries. Just know that we are going to talk about it my student I see coming in. Thank you so much for being here. Appreciate the boos bites that is going to go directly to Beats for the Cure. Appreciate anybody who did reach out by all of these are going to go to support the sport you're I think I am close to halfway to my \$1,000 goal. I'm going to be promoting it all of the month of November my link will be active until December. And so I will be making sure that all of that goes to it right. So definitely a list these are beginning Smith. Thank you so much for the bits appreciate you for supporting. Alright ladies and gentlemen, that is our villains verified conversation. DJ lockdown



thank you so much for the bits. Appreciate you. That is our villains verify double spirit. Thank you so much for the bids appreciate you all of this is going to go to Beats. Looks picked up a hijacking. Thank you all so much. So we're going to hang through this hype train. But you may have gotten your wish about me sticking around. Clearly I'm not going anywhere. And I'll be so coming in with the bits. Thank you so much for being here. Appreciate you. So listen, I will hang for a few minutes while we are on this hype train. Okay, yeah, like okay, Revel. Is this what it feels like Revel when people are like you're not going anywhere? It feels like so I'm going to hang out for a few more minutes we will finish the hype train. And then we will go and we will go show some love elsewhere.