

The Blueprint Jan. 5th 2023

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Good morning, Obie, how are you? Good mornin' everyone who is lurking and working. Happy Thursday. Happy to see you all. Welcome to the blueprint. We have made it to almost the end of the first week of 2023, which I am delighted to say has been a very good week and I hope that is the same for you, Misty Christie. Good Morning. Or as our friend DJ Obi calls you Madam President, I'm happy to have you with us this morning. So we're going to give it just a minute and let folks make their way into the room because you know what? Eight o'clock is a little early so I'll give a moment and then we'll get started. I know, Elvie, I am super blessed. When I do my housekeeping this morning, that's one of the things that I get to share with the people so, very, very fortunate.

So alright, we are going jump right in and get start with the introductions and make sure that everybody has enough time for us to go into all of the things that we want to talk about today because Tuesday was amazing to use your word LV and I want make sure we get a chance to recap that welcome all the blueprint bosses in and make the most of our time together so good morning everyone happy Thursday happy first Thursday of 2023 I want take a moment to introduce myself welcome you to the blueprint. This is a podcast where we come Monday, Tuesday, Thursday mornings at 8 o'clock AM Eastern Standard Time to talk about all things professional development, personal development where I, who have spent a lot of time in the HR space and bringing all of the things that I have learned as I've coached leaders, led teams, and really helped people define what their purpose is through business, through vision, whatever the case may be, and help you help yourselves be better and so what the purpose of the blueprint is is threefold right it's to give you access to all of knowledge, skills, capabilities and resources that you will need to show up as your best self to operate at your highest potential and to ensure that you are adding value to the work that your own or are responsible for or to the teams that are leading.

That's what I'm passionate about that's my gifts are and And so that is why I'm here. For those who are returning blueprint bosses, thank you for joining this space. Why do I believe in being the boss of your own blueprint? That really means that you own your journey every day and you step right up to the work that needs to be done to ensure that the things that I just mentioned come to pass all the time. And when you do that, you are the Boss of Your Own Blueprint. So you're gonna hear me refer to you as blueprint bosses in this place. If you were lurking and working, please make sure that

you have something to take some good notes with. I want to make sure you can remember these nuggets of these Kim Jims as they're called throughout our conversation.

And to those who are looking and working, I only ask that you just say good morning in the chat, right, so we can at least acknowledge you and make sure we show some love because that's what this space is all about. So with that, we are going to do a little bit of housekeeping and it's just reminders for kind of how we do things here. So blueprint is three days a week Monday Wednesday Monday Tuesday Thursday mornings at 8 a .m. streaming here on Twitch and you can of course find the recording in my channel so thank you for the follows thank for the support for everybody who has helped me get off the ground and as I keep moving in this thing I am very excited to share that last week I had the opportunity to connect with an awesome human who had been kind of observing what I was doing and she said you know I would really love the opportunity to learn and work alongside you and partner with you in this space if you are open to having a mod and so I absolutely took her up on that so huge shout out to Misty Christy 214 she is going to be the mod extraordinaire for the blueprints so definitely throw some love in the chat for her of my luck journey good morning to my yang happy to see you welcome to blueprint.

Always good to have your energy in this space supporting me. Appreciate you. So, Misty Christie has officially said yes and offered her expertise to the space so she will be joining us during the streams and making sure that I don't miss a beat and most importantly that this community stays connected and intact. So I am happy to her in the driver's seat along with me for this. So good things are happening, the space is evolving, and I was really excited when we spoke last night to share that and really put that out there. Blueprint is already evolving and growing, so thank you all for being able to support that. Let's do a quick summary of what we talked about on Tuesday. Tap Gilbert, good morning. Welcome to the Blueprint.

Happy to see you guys always. Let's do a quick recap of what we talked about on Tuesday. Tuesday was an amazing day. It was full of all types of Kim Jims and if you don't know what a Kim Gym is, a kim gym is something that you hear me say that you want to remember or that's going to resonate with you. That you may want to come back to in some form or fashion, right? If you're taking notes or writing things down as you here things throughout the conversation, those are and we're gonna label them as such. So all of those things are important because that's how we stay connected. So House Fan for Life, Nikki Walker, good morning to you, happy Thursday. Welcome to the Blueprint, C -Love 702, good Morning.

Welcome, to The Blueprint. Always good to have you with us. We are just getting started doing a little bit of a recap from Tuesday, talking about Kim Jims and some of the things that we talked about in the conversation and how that is gonna frame up today. So the thing for this week has been all about transition quite appropriate as we come out

of one calendar year and into another and Set ourselves up for not only success, but how we're going to do everything That we plan to or intend to and even if we don't plan or intent to how do we approach it with an open mind? and we talked about transitioning this notion of things being a little bit nebulous or a little scary because transition requires us to lean into some spaces or some places where we may not necessarily have a roadmap or the actual steps we need to take or in some cases we do have that roadmap and things don't go our way and so what happens when we think about navigating transition and we talked through three kind of critical statements I want to spend some time with this morning because I think it's going to help set the tone for how we go into next week when we talk about embracing what we don't know, right?

And so embracing the unknown and really getting to a place where it is okay to operate in that space. And we're going pick up off of this notion around sometimes we have to operate in gifts that we've not activated yet, which is it can be scary, right. So let's reset that. So we talked about three things Tuesday. We talked about moving from resistance to reassurance. We also talked moving to cloudiness to clarity. And we talk about not staying in a fixed mindset and opening ourselves up to a growth mindset. And that's really the journey. But often times, and I see this a lot when I'm coaching people, people say to me, how? How am I going to be in the space to do the things that I need to do. How do I move from resistance to reassurance?

How to I get myself out of the clouds and create clarity for myself? How am I now changing my mindset and getting to a place where I'm open to things either I've never done before or I never experienced? And really ladies and gentlemen what it's all about is exposure. It's all about exposure we are now putting ourselves forward and out there in a that makes it so that everyone understands our level of knowledge or access or capability. It's all out there on the front stage, right? Part of what keeps us in a space of cloudiness, part of what keeps in the space resistance is either fear or some other emotion that says, once people notice about me, will they think less of me? How will I then be received? Will I still have access to all of the things that I've been doing? And you have to break through that, right? That's a belief system. It's mindset shift. It is all the thing, and that's why fixed mindsets can be something that are limiting.

There's this phrase that you may have heard or have come across, it's called a limiting and limiting beliefs typically start within yourself. It's this thing of saying, you know, I'm not good enough, I don't have enough knowledge, I can't really do this, I know how, whatever the statement is, but it is your belief that you're limited in some way to not be able to do this things that your capable of doing. When in fact you probably just need to activate some things you don' know it's gonna require in order to this. And so we're gonna talk about limiting beliefs and digging into this whole road map and what are those actual steps that you need to take to get from a fixed mindset to a growth mindset, right? RedboneQueen87, happy Thursday to you, my friend. Welcome to the blueprint.

Always good to see you. Appreciate you stopping by. So when we talk about going, let's talk resistance. Resistance is this barrier that stops us from moving forward, right?

It is a barrier, whether it's a mental barrier or an emotional barrier or whatever it is, but it's something that gets in our way and usually it's self-inflicted, right, there's some resistance there that says, there is a reason why I cannot do this. There's a reason this thing, this action, this feeling is not comfortable, not good, but not in a way that I can feel like I could sustain or I feel I like can have control over. And when, right, but the thing about resistance is, is that what we resist persists. So we know we need to do it. It keeps showing up, it keeps finding its way into our life. We keep working around it and we keep finding ourselves back at this point of, this is the action I need to take, this was the choice I needed to take. This is a thing that needs to happen. And in the midst of all of that, we're still operating in this limiting belief, this mindset of, well, there's a reason why I can't do this. And it's the story you're telling yourself.

What is the story that you are telling yourself to generate that resistance, to create that space where you say, I'm not going to move forward in doing this because if I do, then what? Then this could happen. And the truth is any number of things can happen, but that resistance is what's going to keep you there, hold you back, not support you moving forward. And because you're sitting in this space of resistance, it is going to breed this level of cloudiness. Cloudiness being like, well I can't see, I don't understand what that outcome is. Going to be, I really don't know how that's gonna turn out. I feel like I have to have everything perfect or just in order or right or it's got to make sense or I've got to be able to present in this way right and that cloudiness is saying well I don't know how to get things in the order I can't see the path to get towards all of that I'm really not understanding how I am going to be successful in that space or whatever that is and when you're cloudy that cloudiness keeps you in a space of resistance so it is almost like this iterative effect.

I can't, I don't have clarity that I need so because I don't have the clarity, and I have to comfort that need to move forward. Comfort is reassurance, right? We're going to talk about the other side of this. And then because you are cloudy and because you're sitting in the space of resistance, you now own this fixed mindset like, just can't move forward, it kind of has to be this way. It needs to stay in space. I don't have an opportunity to do anything different and I really just need to kind of let that be. So you've kind of got these piles or these spaces or comfortable arenas where you can go to because you learn how to navigate among the cloudiness.

You learn to let the resistance be the thing that keeps you in this space, right? You just learn to navigate the land mines. It's a system of landmines and you learn how to tap dance among the land mines. Hey, Mickey, good morning, my Queen City sister. Happy Thursday, nice to see you. So, Ribbon Queen, right, so you've got this goal and, you said, it's been a bit challenging. If you ask yourself the question, what's the resistance, right?

What's the cloudiness there? what is keeping you from finding success in that organization? How do you get into that space? What does that look like? And that's what we're talking about here today, So I appreciate you putting that statement out there and being vulnerable with us here on the blueprint, right? So think does everybody see how those things work together, right, there's resistance due to this cloudiness and that clouding is then what breeds or what sort of grounds that fixed mindset and then you stay stuck and then we don't move forward and When we we move the things that we aspire to we see other people doing or other places that they're going and we say man I want to get there.

The difference between what they are doing and what you are going right is they operating in a growth mindset. They're stepping right up to this space and saying even if I don't know what I'm gonna do or what i'm supposed to do I am going to do it. Even if i am you know fearful I've got whatever it is that I have right? I'm going to do it afraid. And there's nothing that's going to stop me from doing all of these things, right. And so before we pivot, and we talk about moving into a growth mindset, we talked about going for resistance and clarity, I just wanted to spend some time there, because we didn't get a chance to do a full deep dive of that on Tuesday. And I wanted to make sure everybody could tie back in their notes around transition. Before we do that, I want to make sure that we talk about this side of the algorithm and balance it as we prepare to kind of go into this other space.

Hey Daisy B, good morning to you, happy Thursday, welcome to the blueprint. I want to make sure everybody sees that connection, that these three things form this mindset or this belief system and that is what will hold you here and that will keep you on seeing how transition can work in your favor, right? All of that becomes something that holds us back and it breeds those limiting beliefs that we say to ourselves that, we think to ourselves, that then become the way that we move and live and work and play and we don't operate at our highest potential and at the top of this conversation I tell you I hold this space for you so that we have access to the things we need so that we can operate at our highest potential.

But when we have a fixed mindset, when are operating from a place of resistance, when you're not allowing things to be clear but we're staying in the cloudy, right? Then we are not operating at highest of potential, then we not adding value to ourself to anything that were doing. All of that is what keeps us in these spaces. And then as time goes by, we don't evolve, we remain right where we were. And that's how people experience us, ladies and gentlemen. People come to us when we're in these spaces of resistance or when were in this fixed mindset and they see us here desiring to do the work, but that the energy that we put out there.

We put fixed -mindset energy out there when talk to each other, when engage with each -other, all of that. And then people experiencing you, they say, man, Kim is so negative right here. Energy today is really awful. I don't know if Kim's the right person for

us to be, you know, bringing on to this team, right? What is she gonna add to what it is that we're already doing? Good morning, Tawana, happy to see you. Happy Thursday, welcome to the movement.

Remember, folks, the things we are talking about, this is how people experience us. And if you don't want people to experience you this way, then you have to start to make the shift from a fixed mindset, from cloudiness, from resistance, to a growth mindset to clarity and to reassurance. Because when we are in those spaces, our gifts start to rise and we start to find confidence in spaces that we didn't even know we could be confident in, right? All of that becomes the things that we want to be able to do and that's the way we want people to experience us. So I wanted to recap that part of our conversation from Tuesday and connect the dot as we turn the corner. Shout out to everybody who was coming to the blueprint in the last few minutes. If you are lurking and working, huge shout out to you, if you're taking notes behind the scene, I appreciate you.

Just a couple of quick things that I want to reset and reestablish before we turn the corner and look at how now are we going to spend some time in spaces of growth mindsets? How does that work for us? How do we embrace that? Because that's a separate conversation than what we just talked about, right? So a couple of things for those who may have joined the conversation late. My is Kim Blue. I'm an HR leader and a career coach and strategist. This is the blueprint, the podcast where we come and we spend some time together Monday, Tuesday, and Thursday making sure that I am able to take the things that I have learned over the course of my HR career and business, and I'm just telling you things to help make sure you understand how you can operate at your best, add value to the thing that you're doing, right, and make you are doing so at the highest potential.

That is what we are here for. That is why this space is so sacred, right? So shout out to you for being the boss of your own Blueprint. You're gonna hear me refer to as Blueprint bosses over the course of our conversation. If you are just coming in, please say hello to us in the chat. We'd always love to acknowledge you and say good morning. Shout out my amazing new mod who lovingly offered to just say I'd love to partner with you, and kind of learn from you at the same time. So misty christie who is the mod of all mods and she has graciously said i i would love to to be in the driver's seat with you so she will be modding the blueprint going forward and i could not be more honored to have her or you all alongside me in this space so with that yes shout out to all the blue print bosses who are coming in and to those who were lurking and working appreciate you supporting and and saying hello when the time is right right certainly let us know that you're here with us and if you have questions please drop them in the chat always always welcome.

I'm gonna be driving this podcast as your gracious host but I always welcomed your engagement your questions your situations right this is safe space for us to be able to talk about anything and what I don't know I will tell you I know and what I can't answer I could answer but i want us to have some interactions to learn from each other right I I

know a lot, but I don't know everything. And I am comfortable saying to you, this is my ministry and here's where my ministry ends and I need to bring in somebody smarter than me to do that. So happy to have you along the journey with me and we will make sure that this space is everything that we wanna do.

Ms. Chuckalot, I see you happy Thursday. Welcome to the blueprint. You smiling good morning my friend. Happy Thursday, welcome to The Blueprint. Happy to all of your energy and your smiling faces along for the Journey today. It makes it so much more meaningful and so much engaging when you all are here because I know that you are taking away something and quite frankly it helps me know I'm operating in my gifts, right? Because this is what I want to make sure that I am doing. Good morning Jackie, happy Thursday to you. Welcome to the blueprint. Appreciate you working and lurking always. Culture Life, good morning, good Morning to those who are coming in. Or is it Couture Life?

I wanna make sure I say it. Please put it in the chat and pronounce it the way that I need to be able to pronounce it. I think it's couture, but I want to make sure. So quick recap, we were talking about transitions and making sure that we start off 2023 in the right mindset. And sometimes transitions can be really scary and nebulous and we kind of don't know what to expect. And we actually get in our own way of embracing transitions, and what they could mean for us, what kind opportunity presents itself. We talked about transition really coming at this from two angles, right, a fixed mindset and being in a space of resistance or being in a space cloudiness where we can't really see everything. We don't understand what's out there for us.

We may not even understand why we need to adopt this transition, whether it's from an environmental standpoint or anything. But we have to kind of shift away from that because if we stay there, that fixed mind set is not gonna be in service to us and we're really not going to be in a space where we can embrace any of the good things that are coming our way. And so how do we go from resistance to reassurance? How do we go from cloudiness to clarity and from a fixed mindset to a growth mindset? Because that's the other side of it. The middle ground between this one side of algorithm and the the side really is about two key things and these things are very human things meaning we've got to step into them and own that we are the people we are, the owners we, are conductors right of this this orchestra that we design every day so how what is that space in between two things that I want to tell you the first one is we have to have a level of self -awareness of where we are.

Self -awareness is hard people it seems so simple but I'm telling you self-awareness is part. It is often not clear how we are coming across, right? Has anyone ever heard the phrase intent versus impact? So our intent, the thing that we want to be able to do, good morning, happy Thursday, so honored to have you here in the blueprint my friend. Welcome, welcome, welcome. Intent versus impact, right? So we say something.

If I say to you, girl, those shoes, my intent might be to play you a compliment. But you might receive that as, what's wrong with my shoes? I put these shoes on and I like them and they feel good. Is the shade of blue off or is the heel too high or whatever the case may be? Right? My intent may have been to pay you a compliment or to acknowledge that I liked them but the impact the way you receive it can be completely different and it's left to interpretation by someone else even ourselves right when we receive these things from other people or from the environment or the social systems that we operate in right and so when you think about that there's a level of self-awareness that comes with knowing my intent is really, really the thing that I want to put out there.

And I wanted to ensure that what it is that i'm saying, the way that I want you to receive it, the way I want to be received is how I'm going forward and leading in these spaces. If you don't have any self-awareness, it will create a deficit in your confidence. And that deficit in your confidence, right? And when I say deficit, I mean not having enough confidence to say, I've got some reservations or concerns about how this is going to be successful, right. And, when you can't say I have got concerns or reservations about how it is successful. That is what keeps you in that fixed mindset. So, self-awareness is really having a conversation to say, am I confident enough to speak up?

Am I confidence enough to operate with my greatest currency, which is your voice? And as long as you operate in the blueprint, you will hear me say to folks, right, your voices, your greatest current scene, knowledge is you're greatest teacher. I mean, excuse me, knowledge is the greatest asset, experience is a greatest teachers. So can you use your boys confidently? When you can confidently use you voice, you then speak out to express those concerns or express the thing that is really giving you pause and start to shift away from that fixed mindset.

Self-awareness says, I'm feeling not confident. I am feeling unsteady. I feel like I will be exposed. I feeling like this could be used against me. I remember the last time I used my voice how this came back to bite me and I don't want to experience that again, right? All of that. Thank you, Nikki Walker, for saying that joke. I appreciate you. right all of those things show up so self-awareness is like I need to take an inner look at what's going on inside of me what am I feeling thinking what is the thing that I'm going back to this experience that i remember that hurt that didn't feel good that made me look like an asshole right where somebody threw me under the bus whatever it is but what the things you're going back and I have to be self aware to know that that's what coming out the other thing you have think about or that you have to be comfortable stepping to the place in alongside self-awareness as we get to how we connect the dot right because remember we're talking about this face that lives between right resistance cloudiness and fixed mindset so it's being self aware the other part of that is ownership right what is it that I need to own.

I own what? I own the fact that I am scared. I own the facts that I have made a mistake before. I own the fact that I don't know. I own the fact that this relationship with this person who may be able to help me. It's not good. I own the fact that I now need to say out loud these things, right? What is it that you have to own At the top of the conversation. What do I say when I open and you guys are gonna get sick of me But I said the same thing I opened with the saying mantra closed with a same mantra. It's the Same thing you have to own Your shit, whatever that is, but you Have to Own it crystal method. Good morning. Happy Thursday You have To Own your shit. Whatever it is. I own that I've made this mistake I Own that .I don't know what I'm doing I owned that I do know, what I'm, doing and it Is hard Own it.

Yes, Mr. Christie, accountability. But whatever it is, own that for yourself. You have to be self-aware and you have take ownership. Those are the things that live in between operating in this fixed mindset and moving towards and getting to a growth mindset, and then staying there. Staying in that. Because you still have to be self aware in a growth mindset. You still need to take your ownership in growth mindset, it doesn't go away. Remember that's the stuff that connects you from one to the other because it's very easy to be in a growth mindset to, be, in this other space and to find yourself moving back towards fixed mindsets or resistance or cloudiness because other things get introduced.

Fear, lack of confidence, right? Imposter syndrome, which is real and people ask me all the time, can you do something from Impostor syndrome every single day? Are you kidding me? every day and I show up, I do it afraid, I let people kick me off the cliff, I jump off of the cliffs sometimes, right? If I have ownership of what it is that I'm supposed to be doing, then I know I can own where I may have, and not gonna call it a shortcoming, but where have opportunities, sometimes we think about performance, anybody ever get a performance review People say you know these are the things that you're strong at right, but you also people also talk very openly about your weaknesses Right instead of weaknesses.

I tend to call them opportunities. So here are my strengths This is an opportunity for me to do what it's an opportunities for to grow It's a opportunity to learn a new skill that I didn't know and as I acquire that knowledge I'm also gaining experience which allows me that You might use my voice to then speak up about how these things are starting to come together that self-awareness and that ownership really forge a tight bond that helps you then step into this place because once you're self aware and once you take ownership the very first thing that you can start to do is let go of the resistance to transition or to move forward and then say I can be reassured I could find confidence even in the things that I don't know right there's there is a notion of radical confidence, unmitigated faith, whatever you want to call it, right?

In the thing that you don't know about yourself, about the outcome, whatever it is, but it's there. And you can step into that opportunity and say, I'm reassured that I am going to be okay. And what reassures you that your going to okay is the clarity that you gain through your self-awareness and through your ownership. Does that make sense to everybody? I want to pause there and just make sure right in the words of our friend DJ Drew V, right? Is this landing? That's what he would say, I wanna make sure that this is landing for you because it really is a belief system that I'm helping you to restructure and that's a lot so I want make that it's coming forward, so if this is making sense, to you put something in a chat, it can be a yes, it can be a fire.

I'm working on my emotes ladies and gentlemen right so put something in there to let me know that it's landing because that's helping me make sure that I am going along with my thought process and my my helpfulness and the things that i have shared and learned over the years right with you. Okay good so I see everybody saying yes awesome awesome thank you all for engaging with me for a moment. Once you get to that space of reassurance ladies Ladies and gentlemen, you can be reassured that this opportunity that is coming to you through the transition, even if you don't know the outcome, it's your opportunity.

And when you have an opportunity, guess what you get to do? You get bring your gifts, your expertise, and your light. All of that gets to show up and people get see you. Which can also be scary, let me acknowledge that, that fear is what can take us back through because now we are not so right we're self-aware that we were afraid and we not taking ownership because taking the ownership means that you have to own everything no matter what the outcome is right crystal method thank you my darling it right as long as it is helping you absolutely this is exactly why I'm here and why we will be here together three days a week having these conversations.

So thank you for saying that. All right. Those that middle ground can shift and you can go back and forth either way. Right. But you have to get into that space where even though the opportunity is there, don't stay in this mindset of I don't know what it is. And if I mess up, what is going to happen? If you mess up, you're going to say, I learned these two things. And now I've got more knowledge about this than I had before. That increased knowledge increases your clarity. That increase increased clarity gives you greater reassurance. That greater assurance opens you up to a growth mindset to say what else can we do? Who else? Can we bring in? and who else can we talk to?

All of that is a part of this journey. Good morning, site giver, happy Thursday, right? I'm happy to have you with us, sis, thank you so much. And shout out to all the other blueprint bosses who are here, who were lurking, who working, taking notes in the background, I appreciate you as well. All that that what helps. Now, I wanna go back to a point that I was making just a moment ago, right around saying there is some fear in stepping into this opportunity because once you step into this, opportunity and you have

the opportunity to shine for people to understand your expertise for people, to really see you now you, have to do something about it but you.

Have to accept the good and the bad right so i'm a huge black panther fan and for those who don't know the very first when the soundtrack so any Kendrick Lamar fans out there I'm a huge Kendrick fan he speaks a lot of good stuff he has a he is a tall pumps good morning happy Thursday he as a line in one of his songs on the Black Panther soundtrack and he says I want the credit if I am losing or if i'm winning let me say that again I won't the credits if losing if winning and you may not know how powerful that statement is but I need everybody to understand that because if you get the credit if you're winning, that's amazing.

But if you get the credit for making a mistake, you now know exactly the place from which you need to jump off course correct and keep that thing moving. That's operating in a growth mindset. Does everybody understand that? Right. And if you are interested in the song, I can certainly share it with you, outside of this you can whisper it to me or myself or Mr. Christie will make sure that we get a link to you. It's an amazing song but he says that. He says I want the If I'm losing or if I am winning, you need to embrace that, ladies and gentlemen, because I tell you the truth. If you have an opportunity to do something, take it and be reassured in the knowledge that you already have and let that carry you.

And be open in your growth mindset to bringing in new resource, new things that will help you expand that knowledge. And if you miss a step along the way, right? If you stub your toe, if something is missing, if somethin' doesn't connect, say, you know what? I had this opportunity, I now immediately see, that's taking ownership. Does everybody see now we're going back to this piece of ownership? Own the fact that this is a space that you didn't know a lot about? And say that out loud. I didn' know that. Okay, now, and then own it. I know know exactly where I need to course correct. I know where I need to make a change, where I to patch things up, where need make sure that I can go back.

Can you give me the opportunity to fix that so we can move forward together? Self-awareness, ownership, reassurance for yourself, reassurances to other people. Then once we get from reassurance, you're now creating clarity. And baby, when you have clarity, you cannot be stopped. When you understand the assignment, when you know where you're supposed to go, when the directions make sense, when everything lines up and you can see it for yourself and can translate it to somebody else. That's growth mindset because now you are willing to say, but come on, I see. I know it. And in fact, I knew it so much, I now that what you bring to the table, your gift, your knowledge, your whatever, it's going to be beneficial here.

That is how you embrace transition. That is how you step into this unknown space solidly. That's how moved from all of these things that we talked about at the top of the conversation over to where we are now. And when you can operate in a growth

mindset, reassuring yourself and others, and giving yourself clarity and creating clarity from other people through self-awareness and taking ownership. That's it, folks, right? You are really now moving forward, and this is a blueprint that you continue to go back to. And here's the thing, it seems like a lot because I'm breaking it down for you, but you will start to do this seamlessly.

This will become a part of the way that you move, sweet Jamaica. Good morning, happy Thursday to you. Welcome to the blueprint. Always happy to have you here. Thank you for supporting this space and bringing your energy right all of this will be the thing that you keep coming back to and it will start to get so much a part of your rhythm because you'd be like okay I need to stop you know what is it okay what is that I know or what do I what what don't I know right what does the think that i'm feeling have I experienced this before okay, what happened the last time I experience this and how do i now go back and say what's the opportunity that I need to really get my arms around here right to be able to make sure that this is working that it stays consistent whatever that looks like right but all of those are things that i want to Make sure you are connecting with because you're ultimately going to Be moving back and forth between these systems so flawlessly and when you do that That this is how people will experience you.

People will say, man, she's so grounded. She's intentional. He's mindful or receptive to that. He has a high level of self-awareness. He had the ability to fail fast and recover. You write some code, it doesn't work. You fail, you go back in, undo the code and rewrite it. and then you write something that's going to be able to work for everyone. That's what this is all about. And as you practice this, remember if this something new for you, you are building muscles. Cause you can't flex until you build, right? You can flex a muscle that you don't have. So you got to build the muscle first, then can you flex it. That is how people experience you. That what makes it such that people are like, listen, right, Sweet Jamaica is who we need at the top of our squad, right.

Redbone Queen it's got the entire thing figured out and she's gonna be the person that leads us, right? Daisy B is our girl right. She's the one you want on your team hands down right a McKee is who you won't write Whatever it is right there all gonna recognize you for the way that you are doing this right My life journey is the first that's you walk in your foxhole hands-down right whoever it is that how they're going to experience you as you start to get through all of this? And it's going to make sense to everybody else because they're going to see you the way that you want to be seen operating in your gifts from a place of assurance providing clarity and confidence and really perpetuating a growth mindset.

Yes Daisy I see your comment about owning your power and I am big on that right not give not only owning your power but not giving away your power right without compromising anything anything you should first of all you shouldn't ever write you

should never let anybody steal your joy part of stealing your way is giving away you're power so you never give it anyone your powers should ever give anyone more space in your life than they deserve let me say that again for the people in the back because people are in the chat I'm sure heard but people who are working and lurking you might not have heard it don't give anyone one more space in your life than they deserve." Yes, Redbone Queen, right?

Stop looking for perfection. Listen, here's the thing, and let me tell you what my brilliant Maude said to me last night. She paid me a compliment as we were preparing for today. She said, one of the things that I want to tell Kim is I admire how you didn't wait to have all of the pieces perfect and set and in order. You are stepping out in what you know and being confident that all these things are gonna come and she said and that's why I'm excited to partner with you. I want to bring that to what it is that you're doing, right? That is it. But I've been in the process of transition. Transition will make you feel like you have to put that representative out there to the world, these locks got to be in order this red lip has to be in order, this sweater and this, everything has to be in order but what y'all don't know is that, right, from here up I'm gathered but on the bottom I got on fuzzy socks and yoga pants and that's fine.

That is as in -order as I am gonna get, you understand me? Right? Transition, transition. We're always in this flow of transition and we don't always have to have every piece right but if I'm self-aware and I own the things that I know, right? I take ownership. That's going to help me stay in this space of, well, let me operate in the clarity that I have, right. Let me operate in, this open growth mindset, right, all of that is what keeps us in that space all the time. Right? Couture Life, I'm glad you came to this stream this morning as well. Thank you so much. I am happy to have you here. Come back anytime. And right so Sweet Jamaica, Let's talk about that awkward feeling a little bit. Because sometimes it is that feeling of awkwardness, something that we're unsure about, maybe even being unsettled, Mr. Chrissy, yes, right? That feeling and being unsettled, that can also kind of hold us in that other side of the algorithm.

DJ, you know, good morning, sir. Happy Thursday, welcome to the blueprint. We're chopping it up, picking up from where we left off on Tuesday. We're talking about the other side of this algorithm right so we talked about being in a fixed mindset and really having moving from resistance to reassurance and from cloudiness to clarity right and so today we are talking, about, the, other, side, of that and we've been talking about what sits in between fixed a mindset in those elements and growth mindsets and those element and the two things that connect the to DJ you know are self-awareness and taking ownership, right? And when you do both of those things, it allows you to get to a place where you can find yourself reassuring, create reassurance for others, and also create clarity for yourself and then generate that clarity for other people and make sure that they have it as well.

So that is what we are talking about. Lots of good stuff that's happening today in the blueprint, and just chopping it up with each other like we always do, so happy to have you here. The ability to know, right, that self-awareness that you just spoke about Sweet 2 Maker, right? Haven't been here in a long time. That's a statement of self awareness. I am aware that I haven't here, that Self-Awareness is very empowering because then you have a choice. You have the choice to stay back in this fixed mindset, this comfort, what I know. Because it's very easy for, does everybody understand that, you can, right. the cloudiness, the resistance, the fixed mindset, right? That's a series of landmines that you're just hopping around. You get real comfortable tap dancing in the landmine field.

Who wants to do that? That is risky. And it is risk to step into spaces of reassurance. But you would rather tap dance, excuse me, you'd rather, you know, two step on the other side than have to tap-dance during the minefield. That just my opinion, all right. I would wanna two-step any day. Because when you two steps, How sure are you when you two step? Everybody can two-step, right? If you can't do any of the dance, you know you got a one-two in you. That one two was gonna be solid every single time. But tap dancing, it requires intricate movements and you're unsure about all these things and I would much rather two steps than tap dance. I might need to write that down for myself, my goodness.

Okay, I will much to step than to tap-dance. So we're talking about this middle ground. right? And so Sweet Jamaican might feel like you're tap dancing a little bit like, what am I doing? Right? Tap dancing. Your feet are constantly moving versus this two-step where you just like I know what I'm doing right. I got the clarity. You understand what I am saying? Like all of that, right, figure it out ladies and gents. You can two step and you can tap dance, but here's the thing, and if you tap dance for too long, you get tired, it is draining to always be in this space. You cannot stay in the cloudy in a fixed mindset in the spirit of resistance and expect that you are going to get everything that you want.

It's not going happen. Okay. Yes, Daisy and it is alert. Right and its learning it takes right. It is a marathon not a sprint. Right. So pace yourself. That's why we're here in The Blueprint. Right? Come on. Let's talk a lot. You want a two step. I want you to two-step two shiv. I wanted to be in this rhythm where we are two stepping, right? You got a shoulder shimmy. You might even have a, write a waist, swirl in there, whatever you want to call it. Whatever it is, but just think about that, and in those moments, and this may be the thing that you, that levels you. Am I tap dancing or am I two stepping? Or you could say, man, y'all got me out here tap-dancing.

No, I'm not even trying to tap dance in the space .I'm about to go two step my way over here. What is it that I know? What's my clarity? Where do I need to be reassured? Let me operate in my self-awareness and what is the thing that I need take ownership about, right? Own it. If you want a two step, own your two-step. If want to tap

dance, tie up your shoes, but understand that tap dancing is not gonna go away. You have to decide for yourself that you wanna tap -dance yourself into this two steps.

Get your mind right. Yes, DJ, you know, I love it, right? But that's it. You find yourself in this whole like, and it is such a dance and it's not even the dance that you wanna do, right, right. You wanna get, y 'all are silly, and I loved it right but yall wanna, we wanna to get to a place. We're not gonna tap dance in resistance. We are not going to be out here trying to sit in the fixed mindset. Be self -aware, take ownership, and two -step confidently in reassurance, into clarity, into this growth mindset. Growth mindset is space, opportunity. It's the ability to have support and know that if you have a misstep, you can own the missteps, right? How many people make mistakes and then try to go, well, if it had been this person or if this thing wasn't it, as opposed to saying, I actually didn't know that that was a part of the process.

But I did these other four steps. I now know what I need to do, right? I'm going to go back and do that again. I can fix that. And in fact, I could fix it and then it's going put us in this better space, right. So many people do align blame elsewhere, DJ, you know, right, because it is easier because when you can align, right that exposure becomes that, it goes back to what I was saying earlier about people seeing you. Now, when And you do that, that self -awareness, and that taking ownership falls victim to your shadow. Those negative capabilities and attributes that keep us in the space that we're in. So, right, insert all the excuses.

I didn't know you didn't give me the assignment clearly. That wasn't in that email. Nobody gave me that recap. What, you gotta take ownership. Will you take in ownership? And here's the thing, in those deflections, Now you're tap dancing. You, right, deflections is a form of tap dance. Well, I didn't, and I did have, and you didn't tell me, and now we're tapping dancing, to make sure that we're staying up as opposed to just two -stepping, all of that becomes part of how we navigate.

So that space between growth mindset and fixed mindset really is the most empowering place we can be in. We're holding our own mirror to see who we are, self -awareness and staying reflective. We're taking ownership of the things that we need to do, haven't done, are afraid to do. Yes, My Life Journey, go ahead and tell the people avoidance is not a strategy and you have the ability to take ownership and step into these things on the other side. All of that is the place where we don't give away our power. Where we stay in ownership, of all of our gifts. Come on, Crystal, and come on two -step with us, baby. Take off these tap shoes, right? Let's put some of these blueprints to work so that you can two step.

Listen, here's the thing. You can do two steps in any shoes that have on. No matter what, whether you got on chucks or Louboutins, you could two step in those things. But you try to tap dance in a five -inch heel, who wants to do that? That's not even me, all right. And so once you start to recognize where you want to be, what's

going on, how you want move these blueprints, these steps, all of these things become a part of how we decide we are going to evolve from where we were and or are in some cases to where to want be.

Good morning, bitter baritone. Happy Thursday to you. Welcome to the blueprint. We own our journey. We are responsible to ourselves. We need to first create our own clarity and our own understanding and ensure that these things are clear to us first. Because when we do that, then we operate in reassurance. People see us. People experience us that way. And we don't then allow these limiting beliefs, the things that sit inside of resistance and cloudiness, to be the themes that then drive us.

Because now we're operating in a new belief system. We've actually put that belief systems down and we are stepping into this new beliefs system that is really rooted in empowerment and knowledge. and in our ability to own the things that we know we are capable of. We recon mom of two. Happy Thursday. Good morning to you. Welcome to the blueprint. Happy to have you among our blueprint boss community. And shout out to all the other blueprint bosses who are working, lurking, who have come into the stream in the last few minutes.

Happy To have You here. We are recapping for Tuesday, telling everyone about the space that sits between in a fixed mindset and a growth mindset that supports us making positive transitions as we enter into this new calendar year, into this New Month, and into the new mindset. It's about shedding off some of those belief systems and ensuring that we have the things that need, right, to support us in this space. Greg the Godfather, welcome back. Thank you so much. I appreciate you coming back as well. Amazing amazing happy to have you coming back from Tuesday so two things that I want to well so first of all if there are questions if there other comments or thoughts please drop it in the chat so that i can make sure that address them for you if they're other things you I know you all been dropping all types of comments and I appreciate that right so continue to do so and i will address then you know certainly before we we get out of here the next few minutes for sure.

I want to make sure that I leave you with a couple of parting thoughts before we round out our conversation that will guide you through the weekend until we're together again on Monday morning because that's the time that we have a stream. Big stove as I live and breathe. Thank you so much my brother. Thank for your support. Happy to see you and for being a part of the Blueprint community. always always good to have your energy among among the community. So two things I said this on Tuesday and I'm gonna say it again because it is the foundational statement that really encapsulates everything that I am talking about right yes hey Daisy B love that right this statement then I'll get him ready to say to you is one of the things that i want you to write down and then i I want you to think about what it means to you.

Sometimes you will have to operate in gifts that you have not yet had to activate. Missy Christie, we need to move from resistance to reassurance, okay? Resistance to reassurance. Okay. Let me say that statement again. Okay, sweet Jamaica, I see you, I say you friend, right? Let say say, that's statement against. So let me summarize the whole thing, Missy Chrissy said that we can get it. My luck journey, my seat on your porch baby is permanent. You know you're never getting rid of me, okay? So, let sort of tie it all together. So when we talk about moving from a fixed mindset to a growth mindset as it relates to transitions, we need to be able to move from resistance to reassurance.

We have to from cloudiness to clarity. And both of those things were may require us to operate in gifts that we've not yet had to activate. That is the statement. Sometimes, ladies and gentlemen, we will have to operate and gifts that have not had yet to activate and when we know that we're being challenged, tested, stretched to operate in those gifts that we have not had to activate, that is where we get into the limiting beliefs, the fixed mindset.

We are cloudy, and then there's resistance. But when we become self-aware and we take ownership of what it will mean to do those very things, those gifts then become our ability to be reassured, to get clarity, and to then say, oh, I got this, there is room out here for all of that. Sometimes, ladies and gentlemen, we will have to operate in gifts that we have not yet had to activate. Does everybody understand that? Yes, Tawana. 100%. 100%, right? When we take that ownership, it really becomes the space of empowerment, and that is where the opportunity is.

That's one of our Kim Gems for the day. Sometimes we will have to operate in gifts that we have not had to activate. The second thing that I want to tell you before we get ready to get up out of here is that, right, and so it's a three part statement that I make and I'm going to say all three statements and then I am going tell the marquee one that were going focus on that ties us into transition before we head out and we close out this right. One of the things that I live by one of my value statements is this your voice is your greatest currency and and there's a lot of currency out there we're going to talk about currency in a couple of weeks but your voices your greatest currency knowledge is you're greatest asset and experience is your great teacher.

Your voice as your greatest current see that's the thing that i want everybody to jot down your Your voice is your greatest currency. Because when you use your voice as currency, your voices what operate, your boys is what helps you activate those gifts. I need to whatever it is that I need to do. I am asking for this. am directing this, your voice then becomes this vehicle for activation. For those gifts to stand up for that light to start all of those things, right? All of that is available to you, but you've got to use your voice. Your voice is what allows you to be self-aware. Your voices what allow you take ownership. Your Voice is gives you muscle to say, I'm reassured, confident.

This is the clarity that we need. All that, ladies and gentlemen. Sometimes we will have to operate in gifts we have not yet had to activate and your Voice is your greatest currency. Currency is the thing that we need in order to have access to the gifts that we want. Okay, use your voice and don't be afraid. Use your voice with yourself first, then be open to using your voice in these other spaces. So good morning to you stars. Happy Thursday. All right, ladies and gents, that is our blueprint for today. Lots and lots of things that were shared. Lots and lots of engagement in the chat. Appreciate you all. It has been a wonderful conversation. Thank you for allowing me to kick off my first official week of the Blueprint with you.

Happy to have you along this journey. You all make it worth it every single day that we're here. Shout out to my mom, Misty Christi, two and four. Thank for being amazing. Hopefully everybody took away some Kim Jims from today's conversation, If you missed it catch the recording in my channel or find a friend and say hey Do you know what Kim said we just said and what does she mean, right? Listen folks? The choice is yours. You can tap dance you can two -step Okay, figure it out either way. They're your feet and we are going to ensure that You use them wisely. Okay. So with all of that so Christy we're gonna go to rebomb.

Ok, that's where we going today My friend. Thank you for that suggestion last night. So that's where we're rating out to folks remix bledits and remix edits and blends. Oh my Is where where you're going stay for the raid? Ladies and gentlemen, the rain message is going to be in the chat momentarily We're gonna support all the DJ's who are in three bomb space today. And so hopefully we'll be able to get some good music I know that where I'm gonna be all day right lurking behind the scenes. Thank you so much for The good conversation I am sending you into your Thursday and into your weekend with all of the good energy and light you will need to guide you. Take very, very good care of yourselves.

We will speak again on Monday. Misty Christie, salute to you, LV, yes, snap into a kimchi, snap to a Kimchi. I love it. Thank you all. Thank all for those who are saying thank you into the chat. I appreciate you. You are why I'm here. Thank you for allowing me to operate at my highest potential and do all of this You all are the best best blueprint Boston, so I think mr. Kristy there it is I see our raid message is coming right so we are coming Our raid messages should be up So if you're seeing it go ahead and put a copy of it up there, and then we're going right over to See warps, okay I love it. Absolutely. Thank you. We are not tap dancing into the ray. We two -stepping. Let's make sure everybody knows that. Two -step and where we can today, folks. No tap -dancing. We're going two step. And y 'all are going to hear me say that throughout these other streams that we're in, right? Two stepping. So, Mr. Chrissy, let's add that to the emotes. I think we might need that blueprint two steps. He mote, right, and we work on our list, though.