

The Blueprint Creating S P A C E

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Transcript

Good morning, everyone. Happy Tuesday. Thank you all so much for being here. If you are to the stream if you are new to Twitch or even if it's been a while I want to take a moment to introduce myself. My name is Kim Blue. I am an HR strategist, a coach, and a leader. Welcome to the blueprint. This is a space where we come on Tuesdays and Thursday mornings at 8 a.m. Eastern Standard Time and on Thursdays at 11 a.m. Eastern Standard Time to chop it up about all things personal and professional development. If you've been here before you know for a fact that I believe everybody should be the boss of their own blueprint which means having access to the knowledge, skills, capabilities, and resources so you can do three things every day.

You can operate at your highest potential, add value to whatever work you own or are responsible for, and most importantly show up as your authentic self because when you are authentically you, you don't have to dim your light. You can be great in your gifts, and you can be prepared for whatever the world has to offer and you can offer your best to the world. So that is what we do here. We are in a conversation from a place of accountability. We always show love and support. We make sure that we do a lot of truth -telling and we're open with a lot of the things that we share but we do it as a community and that's what this space is all about. So with that let's do some very quick housekeeping because I am only going to be with you an hour today. I have got a meeting at the top of the hour so I will unfortunately have to do I think a raid and run to get us where we need to be at nine o'clock so that I can be where I need to be at nine a.m.

So, with that a little bit of housekeeping. Let's talk about scheduling. So Thursday is a holiday. There will be no stream on Thursday. Everybody take the time to go celebrate safely or be with family or whatever it is that you're going to do during that time. Then I will see you all next week like normal. There will be a stream on Tuesday and Thursday and then July 16th and 18th that week there will be no streams. I will be traveling for work and all of my travel will overlap with the times that I would normally stream. So, there will be a week where there is no blueprint. I'll be sure to put that in my IG stories and to remind everyone of that so you're not looking for me then. So July 4th, July 16th, 18th no blueprint stream.

Okay and then we will resume the week after and the last week of July like normal going into our streams for the month. So be sure to keep your eyes out for that information as well. It is also Sea Love 702's birthday.

So, let's put some good birthday emotes in the chat for her. I see her in here already and I just want to spend some time acknowledging her because she has been very much a supporter of me and the blueprint from year one, and as I roll into year two, which, or roll through year two, which I can't even believe I'm saying, she has been a cheerleader. She has been an advocate of the things that are shared here in this space. And someone who always just is alike across Twitch whenever you see her in any of our other streams or other rooms when we're with fellow Twitch family, her energy is always there, whether she's modding, whether she's supporting, or whether she is just engaging in conversation. So, let's put a lot of happy birthday emotes in the chat to Sea Love 702 and sending you a lot of good energy. I already put a note to you in the OMU discord, but I hope that this next trip around the sun is as fantastic as you are, okay?

So, celebrate big because you deserve it. Truly, truly being the boss of your own blueprint as we make another lap, all right? So with that, let's say good morning to everyone who was with us and then we will kick off today's conversation. If you were with me last week, you heard me talk about July being focused on creating space, and we're going to introduce that today. Space, as you know, is an acronym, and so we're going to introduce just the S. We're going to talk about what space means, and then we're going to talk about the S, which means surrender today. And what are we surrendering and why we have to surrender those things in the spirit of creating space. So, good morning, Jim. Good to see you. Thank you for being here. Happy Tuesday. Good morning, music lover. Good to see you. Good morning, Hobbs. Welcome in shocker driver. Good to see you. Happy, happy Tuesday.

Thank you so much for being here. I got a chance to meet shocker driver at OMU almost two weeks ago now, and he was kind enough to give me a ride back to the airport on Saturday. And so I had a chance to actually chat with him, which is one of the most important things about these meetups, putting faces to names and hearing people's stories, and his name is one that I had seen, but not a face that I had met. And so we had a really good conversation as he was driving me back, and I mostly got to learn more about him. So thank you so much for being here. Appreciate you. See, love. Good morning and happy birthday again. Good morning, Kayla. I see you in here. Happy Tuesday to you, and thank you for all that you do to pour into the blueprint. Good morning, Auntie Diddy. Happy Tuesday to you. Thank you so much for the re-up.

Happy one-year blueprint-iversary. Right. Subscribe for 12 months. Thank you for continuing to support this space and finding value in coming every day and getting things out of it. So good morning, double-spirit. Welcome in. Happy Tuesday to you. Thank you for being here as well. If I missed anybody, please make sure you say something in the chat so I can say hello. I want to make sure that I acknowledge you.

And to those who are working, lurking, and commuting, whether you're commuting for pleasure or professionally, please be safe. But obviously, I want this space to be what it is. whatever it is that you need. So virtual salute to all those who are lurking. Good morning, Dr. Dady Priest, good to see you. Thank you so much for being here, y'all. I finally got to meet Dr. Dady Priest. Mind you, she lives one stay over for me, but we had a chance to meet at OMU.

And she is just as amazing in person as she is, through our engagement and through watching her at Engagement Matters. And so I had a chance to meet her. And just, I missed her presentation because I was gone, but I had a chance to just talk to her like through that and get some of her energy in real life. So, if you have not met her, I hope you get a chance to do so and take in just all the things that she has to offer. She is a phenomenal educator and leader. So go follow Engagement Matters and go follow all the amazing folks in the chat, whether you are a streamer, a moderator, right, a gamer, whatever that looks like.

So, thank you for being here, Dr. Dady, and good morning to you. I hope you're doing well. All right so let's talk about creating space ladies and gentlemen we came off of June and we were doing June gems and Kim gems and we ended on a really amazing June gem and I took you through some thoughts from my friend Marcus Bryant who is a DE & I executive and also an HR leader and we had two key statements that I want to just frame as we go into creating space for today and what that looks like.

So, when you think about what we know about last week we talked about time and energy if you remember that and we talked about time measuring your existence but energy measuring your experience and I think those two statements were really meaningful when we think about being the boss of your own blueprint. Also it's really meaningful to think about how we're using our time and our energy because we talked about and Marcus said to us I had to really examine the way that I was using my time am I buried or am I planted and we talked we discussed right what it means to be buried having so many things pile on top of you whether you're piling them on top of yourself or whether you're allowing others to pile on top of you because that happens sometimes right and we talked about his algorithm around saying every day I want to be at plus one meaning I'm doing things that are giving me life and I don't want to be in the negative which is I'm doing things that are taking away right that are life draining instead of life giving and he said every day my goal is to be in the net positive or net neutral I don't want to be in the negative okay because when you're in the negative you don't have the cup that you can pour from right your resources are depleted you are running on empty and if you're expected to perform or give out certain things and you don't have anything in your cup it's going to be difficult for you to even get to net neutral and if net neutral is a struggle how are you then going to get to net positive right net positive might seem impossible if you're struggling to get to net neutral so in order for all of that to take place knowing that you're using your time and energy wisely that you're focused on being

planted because we talked about your roots deepening enough to get access to the nutrients that they need beneath the surface so that you can glow above the surface and in this case being planted means how am i taking care of myself on the inside so that i am reflecting that on the outside so you'll know if you are net positive because you are smiling because your energy is available how many of you in here have been able you know have been the recipient of a compliment a compliment people are like look at you you're glowing what are you doing differently Right?

Man, you've got some good energy today. I see, right? Sometimes I'll say to people, your eyes are dancing, or people have said that to me before. What are those things that you're doing to curate the energy on the inside so that on the outside, people experience that? That's right. See the personal gardening. Somebody write that down. I love that phrase. What kind of personal gardening are you doing? Because if you're taking care of your roots on the inside, then it's going to be reflective of what's on the outside. Right? If you think about yourself as a tree, trees, especially trees that bear fruit, okay, trees that bear fruit, we're going to know how well you are gardening based on the way that you bear fruit. If your fruit are really ripe, and if they're showing up in a way that allows people to look at that and go, wow, look at the health of this tree. Look at the way that someone is giving this time and energy. Look at how, you know, look at the way someone's investing in making sure that this is taken care of. It's going to be reflective in the way that you bear fruit. It's going to come through in the way that you talk and in your tone.

But if you don't, then we talked about what happens when you bury a seed too deep. I think Katie Browns said it. He might not be in the chat yet, but Katie Brown said, no seed that is buried too deep is going to be able to flourish or grow. Right. And when we want to see progress, we have to make sure that we are doing the internal work. And that's what creating space is about. So if you're taking notes, here's where we can start getting ourselves together. Okay. So we know that space is an acronym. And I don't have the deck finalized just yet. It'll be ready for you by next week. And so we will, we do, we will reintroduce this very quickly as we go through the S and the P. But today we're talking about just the S and we're going to build out the acronym as we go. So by the time we're done with this series, series for July, we will understand the value of creating space as we get to August. Because as we get towards the end of the summer and we round out ourselves into the fall and the year, it's all about how we're taking everything we've learned over the course of this year and put it into practice as we begin to think about what we're leaving in 2020 that we have space to receive what's available to us in 2025.

So, when we think about creating space, if you're taking notes, the acronym, the S stands for surrender, okay, surrender. Now the simple definition of surrender means to let go, right, to no longer hold on to, to release, okay, to stop trying to stay attached to something, right? You've got to surrender. Good morning, Keith. Good to see you. Thank

you so much for being here. You're not late, Keith. I'm just getting started on this. I did some framing and I did a little housekeeping, Keith, but we got time because I got it in that 9am today because I have a work meeting. So you're all good. So the first S stands for surrender. Now, if it feels like surrendering is difficult, number one, it's because it is, let's just be honest, right?

Surrendering is difficult. And when we think about this whole notion of letting go of disconnecting yourself from places and spaces or people that may not be in service to you, or the goals that you have, or the journey that you're on, right? This notion of surrendering can sometimes feel like I'm giving up. And I want to tell you that you're not giving up. What you're doing is operating from emotional intelligence and recognizing that in the surrender, I am opening myself up to receive all of the things that I need in order to be successful. Lex Diamonds, good morning. Good to see you. Welcome in. Happy Tuesday to you. How is it going? Good to see you. Lex, we're talking about creating space for the month of July and space is an acronym.

And so, we're opening up with today's word focused around the S, which is all about surrender. And I was just saying that sometimes we see surrender as giving up and you're not giving up. Surrender is an intentional release or letting go or disconnecting of something that is not going to be in service to whatever journey that you're on. Okay. Mr. Nate, welcome in. Good to see you. Thank you for being here. And so when we think about surrendering, you have to be clear on, well, what am I surrendering? Because that's the thing. We understand that we want to or need to surrender. Good morning, Music Spasms. Good to see you. Happy Tuesday. Thank you for being here, Music Spasms. I don't know if you celebrated yesterday, but happy Canada Day to you, sir. I know that that was yesterday and to anybody else who may be lurking, who is from our northern neighbor. Salute to you as you celebrate your Canada Day as well. Sometimes we get attached to the routine. We get attached to this whole comfort that comes with the familiarity of knowing what it is that I'm doing.

You've heard me say in the stream before, we get really comfortable. You can navigate the crazy that you're in, Red of Divine, good to see you, happy Tuesday. Thank you for being here. We get comfortable with our crazy. And once you know what that crazy looks like, you're like, oh, I could navigate that, or I know how to do this, or I expect this person to behave this way, or I can anticipate that when this happens, these are all the dominoes that are gonna fall. And I'm here to tell you that it is okay to surrender some of that. But in that surrendering, we feel like we're losing part of ourselves. Some of our identity or validity may be wrapped up in all of those things come on Keith and say it. Does everybody see that in the chat? Keith says they not like us, they not like us, they not like us, right? And that's the thing is that sometimes you have to be okay knowing that they are not like us.

You are not like everyone else. And the minute we can start to accept that the surrender becomes less of a struggle and more of an act. Okay. And all of that is really

where this comes down to. So what are we surrendering? Here are the three things that we're surrendering. You ready? Let me get my notes out because I want to make sure that I don't forget anything. All right. Number one, we are surrendering speech or words that are not successful. We are surrendering our speech or surrendering our words that don't lean into success. And when I talk about success, I mean the success of where we're going, where we see ourselves, the success of our aspirations. Success can also be the results or the outcome of whatever it is that we are aiming for. So you have to surrender any words or language that don't align with where you're going, right? For those of you who know me, I talk about it all the time and tell you I'm a God girl.

Okay. There is a lot of scripture around this and I'm not going to be in here preaching to you, but I am going to bring in some thoughts that are going to help ground this for us because sometimes we need to convert what we hear in scripture or what we read right into usable context for those of us who are in the professional environment and how we can govern ourselves accordingly, right? So, if you are a follower of the good book, there's a couple of things that I want to talk to you about, right? One of the first ones is there's power in our tongue. So what we say, right? And so the good book says that the power of life and death is in the tongue. And what I want to translate that to you is what we say matter. Words matter. Your words matter. Because if you say it out of your mouth, that's the energy that flows between your brain and your heart. And so if the energy that is flowing between your brain and your heart is positive or if it is aligned to embedding itself to shape the direction then you're going to set yourself up for all of the alignment to take place strictly because you're speaking it into existence.

Let me remind you ladies and gentlemen and blueprint bosses right that you have the freedom to choose your words and how you use them. Okay so when you choose positive words when you speak life when you speak elevation when you speak your greater your higher your advancement your success it will come it may not necessarily feel like that okay because the challenges are still going to present themselves. Just because you speak life and victory into something doesn't mean you're gonna be void of challenges Those challenges or roadblocks are gonna be there to help you learn to develop you to give you those lessons because if the path were Easy, what would we learn? How would we grow and be better when we get to where we're going? Sometimes the gifts that we need Curate along the journey. You don't necessarily get the gifts in real time Sometimes you develop the gifts while you're in the game.

Does everybody understand that sometimes you develop these gifts while you are in the game You don't come in with all the gifts that you need All right, so you have to be open to knowing that when you surrender Negative speech when you surrender low vibrational thoughts and you amplify anything that is life -giving Let's go back to how the words that we heard Marcus used, right? We need life -giving speech Anything that's gonna help us support our roots and get us to net positive. That's gonna be the thing That's gonna help us get to those Not quite like Christmas gifts Vader. Good morning to

you, sir. Welcome in and happy Tuesday Sometimes Vader the gifts that we need are the gifts that we Amplify or the gifts that we develop or we activate in real time, right? Sometimes the gifts that we think we don't have come to life while we're on this journey And so we're growing in our gifts in real time and that's where the discomfort comes in You can grow in and through your gifts Especially if you didn't know you possessed them and now you're trying to understand where this came from and how you need to use it Right.

It's like riding a bike. And so oh, I didn't know I could do this. I didn't know I could say this I didn't know this was how I was gonna have to move And so now you're coming through all of these things, right? And so when we think about this you have to surrender anything that's gonna get into the way of You moving towards that which is why your words matter So if you're not using good speech, if you're not using life -giving speech, it's going to be to your detriment. So you have to surrender words that are not about your success, okay? The other two things that I wanna say related to that, I see you, Hobbs, right? And I also saw your email, Hobbs, that you sent me. I haven't read it, but it's in there, okay? It's in my queue to read this morning. Here's the thing. The next sort of script, and right, I'm gonna use this as a scripture reference, but I wanna make sure that you understand where it's coming from, right? There's another scripture that says, out of the abundance of the heart, the mouth speaks. And that's where that head -heart connection comes in. So if you are thinking it, and you are feeling it, or you are manifesting something like this, it is actually how people will experience you, right?

So whatever is living in here is gonna come through here. And if those words are not life -giving, they are going to be life draining and who wants to be around anybody who is life draining, right? Who's not in a position to say the words that you speak are coming from an encouraging place, whether you're encouraging yourself, you're encouraging the situation. You have to be willing to pour into that. You have to be willing to do all those things. Dr. Davies says, this goes back to you. If a man think of, so is he, yes, we have to guard our thoughts because they becoming what we speak. That is so true. It's all connected, right? The energy that flows between head and heart, right? If you are into meditation, if you manifest things, if you are a thinker and then you execute what it is that you're thinking, thinking, right? Come on, K and say it be a vitamin, not a painkiller. Y 'all already know, right? If y 'all are coming in with these Kim Jims during this, that tells me that I'm doing something right. Or I've been doing something right the last 18 months that we've been together.

Okay. So when we think about these things, how are you using your words? Are you using words to build up? Whether that's building yourself up, building up the situation, speaking life into a positive outcome, right? Because you can be a villain and tear down with your words as well. Villains are not interested in doing anything but destruction, destroying, whatever it is, because they're coming from an unhealed, emotional place. So think about if you've got a villain in the workplace. Think about if

you've got a villain in your professional environment. Who in here knows among their circle, this is the person that you don't want to sit next to, that's the person you don't want to do group work with.

Those are the persons that you don't want to be around because they only come in to put their negative energy, their thoughts, they don't want to work with you. They're always grumbly, curmudgeon, their attitude and their energy is poor. Nobody, right? Because they don't put life into anything. Come on, Thanos, snap, right? All of those things are there. And so you can choose to be a vitamin, right? Or you can be a painkiller. And oftentimes, villains are painkillers because that's the space that they're coming from. Right? Sea Love says there's too many villains at work. Sometimes we find ourselves surrounded by villains and those villains are life. draining, which is how we get into the negative and why just trying to get to net neutral is such a struggle every single day, because they don't want you to get there.

So be mindful of your words, be intentional about how you show up, right? All of those things. So you want to use your words for good. You want to use your words for this, okay? The other thing that you have to surrender alongside your speech is you have to surrender the actions or the choices that are not going to be successful, right? Vader says Avengers is simple. Listen, this whole space acronym is going to be a series of Avengers by the time we get through all of this, okay? Because when we start to understand what it means to have space, because I'm just talking about creating the space in the spirit of surrender, okay? I haven't even gotten to the part about taking up space in order to be present where you're going. That's a whole separate conversation that we're going to get to, okay? But all of those things are intentional about Avengers Assembling and what that looks like, right?

So this whole notion comes with surrendering actions, OK? If you've ever been on any type of regimen that requires you to have discipline, OK? Let's use fitness for an example. Or if you're on medication. And on that medication, it says, you know, you can't partake in some of these things. Good morning, Bashi. KD, good to see you. Thank you so much for being here. Happy Tuesday to you, Doc. Welcome back. So lovely to see your name in the chat. Again, hope you're doing well, OK? When we think about what we have to surrender to see success, OK, we have to know that if we want to get to certain places, we have to stop doing certain things. They cannot be a part of the journey that we're on. Remember, you heard me speak about the labyrinth of limiting beliefs. All of the things that we think we should be doing or that we're comfortable doing, if we keep doing them, they will not be a part of the success story that we have.

Let's use weight loss as an example, right? If you know every day that you need to exercise, but you don't, all you do is eat right. But you're curious as to why you are not seeing success. It's because you're not making the right sacrifices. So you have to surrender the certain choices that you make that are not going to get you there, right? There is an entire book out there called What Got You Here Won't Get You There. And

so all the things that got you here, wherever here is, that's where you're going to stay. You can't go there because here is a collection of choices, right, that you've made. And so what do you need to get you there, wherever there is or wherever you want there to be? You can't keep doing the same things and expecting the results to change. If you do, that is a level of insanity that you are creating for yourself. And when you realize that you are the captain of your insane ship, you are then going to be like, well, how did I get here? Well, because we didn't change anything.

We didn't change anything. anything. We didn't create anything new. All of that becomes a part of how we want to operate. Okay. Music spasm says I'm on my sexy back to it right now about to do your two days. Listen, and it all goes into all of these things. You have to think about what it is that I am now going to surrender in order to get to these goals in order to get to these spaces that we are talking about. Okay, so you have to surrender certain choices. So you're surrendering words and speech that are not going to be aiding in your success and you're surrendering the choices that you make. You also have to embrace new choices. What are the things that I need to start doing that I've been avoiding? Because what do we know about avoidance, ladies and gentlemen? Avoidance is not a strategy, even though it is one we do employ, it is not the strategy that we should employ.

Okay, and sometimes we know we're avoiding it because we're avoiding out of fear. We're avoiding because we don't want to do the work We're avoiding because we don't know if we have all the answers. We're not confident in our ability We are saying to ourselves do I have all the resources available to me to actually just get started once you get started though You're rolling right getting started is the hardest part Once you've had a chance to get started everything will fall into place at that point But you have to trust the process and you have to be intentional You have to be intentional about what it is that you're doing and how you're moving So if you're not going to surrender the choices That then leads you to then all that grumbly speech that we're talking about because now you can't draw from this place Now you're challenging where your time and your energy is going and how it's being spent and what all of that looks like.

Okay? So when we know for ourselves that we are choosing The right type of surrender right because the surrender is the thing that's going to help us get to the success Okay The other thing that you're surrendering, right? So we're surrendering our words Or any negative words. We're also surrendering choices that are not in service to us at all The third thing that you have to surrender Is these limiting belief mindsets? Okay, so you can't commit to a choice. You can't commit to words and then not believe it Right who in here has heard people say things and do something your actions and your words absolutely have to align If you say something and don't believe it How are you ever going to get where you want to be? All right, I say i'm going to Wake up and i'm going to do affirmations, right? But if I recite the affirmations and then I don't actively

practice what those things are How am I reinforcing my belief in the process of affirmations?

All right, and I know you all know this because I have conversations with many of you and I see I was waiting on you to say something, right? I have conversations with many of you, right? And sometimes I know you hear me because it's cycling through, right? Right, people will say to me, I took a page from your book and they will tell me something. Good morning, only one, Miss Cox, good to see you. Thank you so much for being here. Tantrum, welcome and good to see you. Happy Thursday, happy Tuesday to you. I hope you're doing well. Right, but you all will say to me, I took a page from your book and I said this, or I approached it this way. And it gave me some peace, or at least in that moment, I was able to put this thing into practice that I've not been able to put into practice anymore or before now, right? All of that is really present. So you have to align your mind with everything that it is that you're doing. Because if this mind body connection is not in alignment, you're not gonna see success. If you say you want to affirm yourself in a space of gratitude, but you don't give yourself, you don't acknowledge good things that happen, you're always gonna stay in a mindset that is opposite of gratitude.

And then it would be very difficult for you to stay in that space, absolutely. Oh, Dr. Dady Priest, I promise I'm not coming for you. You giving me the double spirit emotes right there. That's what that looks like. Good morning, Shelly, good to see you. Thank you so much. Okay, Shelly, tell them to come on over because I'm winding down at nine today. I have a meeting at the top of the hour. So we're getting out right at nine. So I want to make sure y'all can get in here. And then I will do a recap of what the S is for space and then we'll round this out before our raid out. So thank you, Shelly, good to see you. Okay, so when we know for a fact that we don't have this, yes, Tandram, we are on time on time today, for sure. Big Stowe, welcome and good to see you. Thank you so much for being here 19 months as a blueprint boss. Appreciate you, my friend, genuinely, right? Genuinely appreciate you and your support and being here. Tandram, I do, I have a meeting at nine. So I do have to get out of here on time today. Shelly, all good Shelly, no worries. So when we think about this, we have to make sure that our actions and our words are in alignment.

We cannot just say what it is that we have to do or what we should do or what we want to do and then not do it and then wonder why we're not working or seeing success in a direction, right? If you don't surrender any of your struggles, if you don't surrender any of those limiting beliefs, they will go with you where you're going. And where you're going, there may not be space to take all of that. So there has to be an opportunity for you to say, if I want this to be my outcome, then I have to. think like this. I have to talk like this. I have to act like this. I have to choose this. I have to be able to say no, even in moments where I think people are going to be disappointed. I have to say yes to me, even if it feels like I'm being selfish. Right? Shout out to everybody in the chat who

struggles to be selfish and actively operates selflessly. Shaka Driver says, in other words, for your mind. Absolutely, sir. Right? Absolutely. Platinum Crew, welcome in.

Good to see you. Thank you so much for being here. When we are, when we get to a place where the struggle overshadows the surrender, we find ourselves in a bind. Okay, we very much find ourselves in a bind. Sega, good to see you. Welcome in. Happy Tuesday. Sega says I'm triggered. But listen, I'm telling you, sometimes we figure out that the struggle The struggle overshadows the surrender, and we're actually struggling to surrender. We're struggling to let go. We are struggling to say, I'm not going to do this anymore. We're struggling because we don't want to disappoint anyone. G - Class, good to see you. Welcome and happy Tuesday to you, sir. G -Class, excellent stream. Not last week. I was not in Miguel, but when you did Chaka Khan the week before, I was lurking behind the scenes. So, so good. Thank you. Thank you. Thank you for those streams. They are fantastic. Okay. Thank you all for the hype train. I appreciate you big. So thank you for the bits. Thank you for the bits. Good to see you. I was lurking in your morning stream yesterday cycle because I hadn't seen you on in the mornings in a while.

I was doing other things, but I was definitely lurking and listening to you. So good to see you and happy Tuesday. Good morning, LaWanda Baskerville. Good to see you. Everybody put some blue hearts in the chat for LaWanda Baskerville. She is out here doing all types of great things professionally. Um, shameless plug. She has an excellent coach, um, whose advice she is taking very much, um, to heart. And it is yielding in the choices that she's making both as a leader and as someone who was intentionally saying, this is what I want for myself and this is what I don't. And she sent me some excellent news yesterday from a career standpoint. Um, and so big blue hearts in the chat for her. She has got some great things that are happening behind the scenes. I don't know all the details, but she sent me, um, a blueprint boss report yesterday and she said these good things are happening to me. Kim, thank you for, um, all of these things. So shout out to you, LaWanda. Okay. And for just sticking to your, to your own blueprint around how you wanted things to happen. Sister serious. Good morning. Welcome in. Good to see you. Happy Tuesday. First time, shout out to the blueprint. I am so glad that you made it and I hope that you were doing well. Thank you for being here, Shaka Driver. Thank you for the bits.

Appreciate you and thank you all for this hype train. You all know that it is absolutely never required. Always appreciate it. Always go back into supporting the stream for sure. Okay. To everybody who is coming in and lurking behind the scenes, thank you for being here, and thank you for supporting this space always. We are talking in the month of July about creating space, and the word space is an acronym for everybody who is taking notes, and the S stands for surrender, and so we are looking at what it means to surrender, why you have to surrender to take space, and the thing that I last said before everybody started to come in was that sometimes the struggle

overshadows the surrender, and we find ourselves in a bind, mostly with ourselves, because we are questioning why I am having such a hard time letting go, right? Why I am having such a hard time disconnecting from this routine, these people, these spaces, why I feel loyal to this thing that I have been doing for so long.

Thank you, LaWanda, for the bits. Appreciate you. when the struggle happens and we can't seem to unwind ourselves out of it, it could mean that there is an actual deeper attachment that we need to explore. Because if we can't surrender that struggle, we're going to be in that struggle for longer than we need to be. And we're not going to see the outcomes that we want. Right. So when we understand that the roots of those attachments, right. And sometimes they surprise us when you do the work and understand where these attachment comes from, you might actually realize that you didn't know that that was attachment that you had created. And so the detachment, the detachment process becomes more difficult instead of trying to say, you know what? Here are the steps I'm going to take to let go or to surrender or to disengage. You actually have to spend the time understanding why this attachment or how this attachment got so deep in the first place that I have to recognize what's changed about me or why I felt so loyal to this or why I feel like I need to stay here.

Who am I going to disappoint if I step away? What are the expectations that I am now going to be changing for someone? How are people going to view me or my brand? What am I opening myself up to? Sometimes detachment masks itself as excuse me, sometimes attachment masks itself as protection, as security. Right. And so we're underneath this false sense of a blanket, right? As long as I stay attached to this name, to this brand, to this narrative, to this space, to this title, right, to this community. As long as I'm attached to that, it is going to provide me with some level of support, air cover, advocacy. The thought of detaching from that means that I now have to expose potential weak spots or all of these things that are there. Right. Thank you all for the hype train. Right. We're at level two. I appreciate you all continuing to support the blueprint and support me. Thank you, Shelly. OK. And so we want to understand this whole notion around why the attachment is what it is. But really, the question is, am I masking it underneath something else? Okay. Oftentimes, it is a mask underneath something else. And we have to then come into the truth of, I've been attached to this thing for so long because whatever that because is, or however you define this thing.

And sometimes we don't even recognize the attachment is negative or toxic or rooted in reasons that we have felt loyal to that have nothing to do with us, right? They have nothing to do with us at all, right? Shelly, don't run away because I feel like I'm getting ready to say things. And you are getting ready to give me the infamous Shelly Thunder's side eye. And I don't want you to do that. I want you to stay if you're in here, right? Or if you're still listening as you're navigating the rape. So just let that settle in for a moment, ladies and gentlemen. The other thing that I want to say to you is we'll wait for a reason family to come over. Is that something? Thank you, Kay, for the bits. I'm

sorry. I saw them come in and I did not acknowledge that, but I appreciate you. Okay. Sometimes what we know is that the attachment that we have has been a life draining attachment.

It's been rooted in toxicity. It's been rooted in limiting beliefs. It's been rooted in all this sort of crab and the barrel mentality. And we don't have what it takes to move from life draining to go to life giving. We don't even know what that looks like. We're so intentional about all of those things, right? So the life giving becomes something that we can't even receive. KB Browns, good to see you. Welcome in. Thank you for being here. We're going to give a pause because I see the raid is on its way in. Okay. And what we know is that when we think about everything that comes with going from life draining, which is the crazy that we're used to versus life giving, which is territory that we can't navigate. We don't understand how to show up in that space. Good morning reason. Thank you so much for the raid. Welcome into the gospel takeover family. If you're not following one reason, please do so Monday through Friday, 7 a .m. to 9 a .m. Eastern Standard Time. All things gospel music. Great way to start your day and to just build, you know, to get your energy up and to build yourself up as you prepare to step into all things.

So reason. Good to see you. Thank you for being here. How was your stream? Good morning, Razor. Good morning, Raiders. Come on in. Blueprint bosses, scoot over and make some room at the boardroom table so that we can welcome our friends and family from gospel takeover. Good to see all of you. Thank you so much for being here. Miss Purplish, welcome in. Happy Tuesday to you. Good to see you. Who else came in? DJ Miss Classy, good to see you. Thank you for being here. KB Browns, always good to see you. Welcome in. Did I miss anybody who came into the chat? Thank you all for the hype train. Appreciate all of the bits and the gift subs and. and the support for the blueprint, right? It is always appreciated and again, never required. Dr. Dede Priest says these attachments can give us a false sense of hope relative to how we are actually being experienced. Very true, Dr. Dede. So what we think and what we believe we are putting out there is in fact opposite of the experience we are trying to curate or how people are engaging with us.

And when we do that, right, all of those things don't align and that is often going back to what I was just saying, right, our walk and our talk are not the same. And so our actions and our words can't be aligned. Tab Gilbert, good to see you. Happy Tuesday, thank you so much for being here and welcome in. And so we're talking, Raiders, about this notion of creating space. I'm sorry, you guys, my camera just got super blurry. Apologize for that. We're talking about creating space for the month of July. Space is an acronym. And we're talking about just the S today, which means surrender. And I talked about three things that you need to surrender. One is surrendering choices that are not in service to you or the goals that you have or where you want to be. One is surrendering words or speech that is not going to lend itself to your success, right?

Anything that is not life giving and letting go of speech that is life draining. And then the third thing is making sure that you're surrendering any limiting beliefs. So you have to align your actions and your words at the same time. You got to walk your talk. And I took it a step further and talked about doing things that are life giving because sometimes what we understand is that the surrender, excuse me, the struggle can overpower the surrender. Letitia P, happy Tuesday, good to see you. Thank you for being here. And sometimes when the surrender, I mean the struggle overpowers the surrender, it's rooted in attachments. And we struggle to understand why I can't detach from any of these things. And just before the raid came in, I was saying that sometimes these attachments are rooted in toxicity and negative thinking or PTSD or past practices because that attachment is the crazy that's familiar to us.

And when we can operate in our own crazy, we don't see ourselves worthy of the life giving language or the life giving choices or anything that's going to help reinforce these roots that we're trying to plant. And so when you get to a place where you cannot accept the life giving, you need to examine what has been in place so long that you may need to uproot or dig up some of these things, right? Celo 702 said at the start of the conversation, what is the personal gardening that you need to do so that you can be in a position to receive life giving things? Because if you are full of life draining things and you've got so much toxicity planted in your roots, you're never going to be able to receive nutrient rich soil inside of your brain and inside of your heart so that that you can open yourself up to receiving new opportunities, to speaking life into things, to receiving the encouragement that others give to you.

That's half the battle right there. Can I go to a space where I know that the life that I am receiving from others, I can actually receive it and it can take root. We're so used to dismissing positivity. We're so used to not leaning into positive feedback. It's why when we hear good things about ourselves, we dismiss them. Someone says, oh my goodness, you are doing this or Kim, you're so good at that. Or somebody says, I appreciate that about you. Say, thanks. I didn't really do that. You know what? I'm not really that great at it, but thank you. We immediately dismiss any positive or life -giving words that come into our sources, that come into our spaces. And we can't receive them because we're so used to the life draining. We expect that someone's going to immediately shut down, break down or dismantle. Anything that we have that's gonna get, and now here we are and the negative just trying to get to net neutral, okay. And so the space from negative to net neutral is a struggle, right. It's like climbing your own Everest. If you know anything about the Himalayas, everything that leads up to Everest, they're not any less difficult, right.

While Everest is the highest peak, ladies and gentlemen, the 10, the nine peaks that are below Everest are just as challenging to get to. So by the time you get to a place where you get to Everest, you're like, okay, this is it, right. You have to keep working. Anybody who climbs Everest, ladies and gentlemen, has to also climb Lotzi, which is the

third peak, and K2, which is the second peak, before you get to Everest. They're no less difficult than Everest. So you have to decide what that personal Everest is for yourself and how you're going to navigate it. But if you don't start putting life giving speech into you, right, K2 is going to be your Everest, and you're never going to ascend Everest and look out from that peak.

Because while K2 has a beautiful view, the goal is to get to Everest. And so if you want to stay in these spaces where you can survive, right, because that then becomes the struggle that overpowers the surrender. So what are you rendering to get to your next Everest? What are you letting go of? And you have to be okay understanding that you might be the thing that is speaking life draining into yourself, into your situation. You have to be able to know that all of the stuff that you want to do starts with your words, your words matter, you matter. And we have the freedom to choose our words. But if we look at Everest and say, I'm going to settle for K2, then we're never going to get to Everest. Tantrum. The flight is wicked expensive. And it's a really long flight. It's not any less worth the time or the energy investment, Tantrum. However, you gotta be willing to know that if you wanna fly from Atlanta to the Himalayas, you're gonna be on a plane for a long time.

Are you okay with that? Are you immediately gonna shut down all of these things? This is what I love about Tantrum because Tantrum puts stuff out there in a way that uses humor, but he always sets me up to be able to make an excellent point, right? Wicked, expensive. Yes, it does, it does. You picked up on that. I did live in Connecticut for 10 years, right? So all of these things, I just wanna make sure that you all understand this. It's all relatable. Are you in the business of giving yourself life -giving things? Or are you so used to the life draining that you don't have any space for the life to just take root? All of those things have a place and you have to make them a part of your daily choices. If you want to create space for life -giving, right? If you want to create space for life -giving opportunities, life -giving words, life -giving affirmations, right? All of these things, then you have to be okay understanding how much longer am I going to settle for life -draining?

When do I surrender the life -draining choices, activities, behaviors, and circumstances so that I can move myself forward in a different direction? You will stay exactly where you are as long as you want to be there, period. You will stay exactly where you are as long as you want to be there. When you are ready to make the shift, you will begin to surrender all of the many struggles that surround you, okay? When you are ready to make the shift, you will surrender all the struggles that surround you. And oftentimes we stay in the swirl of struggle because that's what's familiar to us. Some of us think we thrive in chaos. We don't, it's just, this is what I'm used to. I don't know how to embrace peace. I don't know how to embrace success. I might be a little afraid of what success looks like. I might be a little afraid to win. I might be afraid to receive the compliment because I don't want anybody to think that I'm not humble.

I don't want anybody to think that I'm not grateful. You can be grateful at the very same time and know you're great, period. You can be grateful and still know that you're great. If you, Hobbs says if she was not already on a pew, okay? Shaka Driver says in order to get, you're gonna have to give, right? Give up, right? Let go. Good morning, Amy Key, good to see you. Welcome and thank you so much for the resubscription. Happy 19 month blueprint of Ursary to you, okay? Listen, C Love, take all the compliments because where do you build up this bank? If you don't, listen folks, we are not created to live in a life draining mindset. We need to be life giving so that we can give life to others and that we recognize what it sounds like when people are giving life back to us. It's so important. It is so important, right? Dady says we have to unlearn some things and behaviors we were taught in order to move forward. They don't serve as well. Listen to me, the unlearning reason.

Yes, you do, right? Except that y'all haven't quite taken over the insane asylum yet, that is the blueprint. Because I'm telling you, we continuously come back to places and spaces that don't lift us up. And then we wonder why we are constantly in the struggle and we struggle to surrender. It is a choice every day, right? You can surrender the struggle or you can stay in the struggle. But either way, something is going to get surrendered. You've heard me use the phrase in here, I'm gonna say this before we get ready to wrap, okay, and set ourselves up. Okay, you've heard me use the phrase period victory. And if you don't know what that means, a period victory is a victory that typically comes at the greatest cost, which is usually a person's life, right?

So a person goes into battle, they win the battle, but then they die. Physically, emotionally, there's some level of loss, right? KB Browns is exactly it, right? And I talked about that. When we talk about surrender, you have to surrender speech or surrender words. And I talked about the power of life and death and how we speak life, how we need life giving language, life giving thoughts, all those things, everything has to happen. Ebony ATL, good morning. Good to see you Ebony. Listen, I opened up today with creating space. We talked about this whole notion of surrendering. And in so many words, Ebony, what happens when the struggle overpowers the surrender, we are in battle with ourselves, right? Ms. Purplish, thank you so much for the subscription. Happy to have you with us in that capacity. Thank you for being here. Okay. And so the replay will be up, Ebony, within the hour after I end the stream, all right?

So when we understand what it is that we're doing, when we understand why we are in these spaces, what you have to know is that the choice is yours. You will stay exactly where you are as long as you want to be there. Nothing changes at all. If you don't, okay, absolutely nothing changes that you don't. And here's the thing, in order to, once you have made the choice to surrender, okay, and we're going to get to this next week, because remember, there's no stream on Thursday, because Thursday's a holiday, all right? Once you get to the place where you have made the choice to

surrender, now you have to prepare. That's what the P stands for, ladies and gentlemen, okay? So you own your surrender, you've gotten out of the struggle.

So now you have to prepare, you have to prepare for the journey, you have to prepare for the changes, you have to prepare for the work, you have to prepare for the journey ahead. So if you want to know what the P is, that's what it's for. All the preparation, preparation is work. Preparation is anticipating challenges, knowing that you're not going to get everything correct, but that you have to start with what's in front of me. How do I know where I am and where I'm going and what's what that looks like, right? All of that is a part of the space that we are in and why, why we have to be okay knowing that these are the things that we are doing and this is why we are committing to surrendering the struggle, okay?

All right, so when we think about surrendering, be mindful of your words today, okay? Go ahead and put the good talking notes in the chat, we're going to get ready to get out of here. okay and go spend some time with someone which hasn't quite decided where we're going to go yet because i think we're going to get out ahead of wherever we are on uh kid you know who's on soul train at nine um right so good talking most in the chat thank you all for being here right i want you to be intentional about how you're using your words today of everything that we've talked about i want you to be okay speaking life into yourself and speaking life into the places that you want to go a few weeks ago evany said in the chat sometimes i wonder if i'm ready for the spaces that i'm going to go you are but you have to speak life into what those spaces are and you have to speak life into your own readiness i am ready and if i am not ready then i know for a fact that i will be ready right everything that i need will come to me or find me when the time comes and i don't have to have it all right now i just need to know that it will find me it will attract me whether it's the environment whatever it is but all of that is going to come to me but i do have to surrender the things that i've been holding on to in order to create space for whatever that looks like okay all right so with that that is your blueprint for today no stream on thursday i will see you all next tuesday okay i will see you then um is it dj 3 169 good morning thank you uh dj t base sorry i don't have my glasses on because they're broken so you all leave me alone there i've already called to get a new pair they're coming okay um and um thank you for being here and welcome to the blueprint i see you in as a first time chatter and i see you with the bat mince with the bat okay so listen folks be intentional about speaking life okay that is the goal for today's life giving language as you think about how we get ready to surrender things in order to create space all right we are on our way to go see uh dj gq you Okay, thank you, Kay, for setting up the raid, okay? Listen, folks, I am gonna come in very quickly, but I'm gonna have to raid and run, so I will be intentional about saying hello very quickly and then getting out of there so that I can get to my meeting.

I appreciate all of you, okay? Thank you for the hype train today for investing in this space, for investing in yourselves, for being the boss of your own blueprint. You all

do this amazingly well and you show up and support this space all the time. Listen, you all know how the exit mantra goes. I am sending you into your Tuesday and into the rest of this week with all of the good energy and light you need to guide you. So whatever good energy, a good thing you took away from this, let that be the light that guides you for everything that you need going forward. If you feel like you don't have it, go get around some people who can help you get it, okay? Because that's what this is all about. I want you to take very, very good care of yourselves. And I will see you, I'll be lurking in DJ GQ UK stream, but I will see you officially in this capacity next Tuesday.

See, love have a fantastic birthday. Okay, and take care of yourselves. All right, I will see you next week and be lurking in the stream on the other side. Have a good day everyone.