

The Blueprint June Gems

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Good morning, everyone. Happy Tuesday. I am so excited that you have chosen to join me for anyone who is new to the stream. If it's been a while, if you're new to Twitch, let me introduce myself. My name is Kim Blue. I am an HR strategist and a career coach. The blueprint is the space where we come on Tuesday and Thursday mornings at 8 a .m. Eastern standard time to talk about all things personal and professional development. I fundamentally believe that everybody should be the boss of their own blueprint. And that means having access to the knowledge, skills, capabilities and resources so we can do three things every day. We can operate at our highest potential. We can add value to whatever work we own or are responsible for. And most importantly, we can show up as our authentic self because when we are ourselves, we can be great in our gifts. We do not have to dim our lights or shrink back. We can step right into the world with the best that we have to offer and we can be in a position to receive the best the world has to offer. So that's why we're here. We do the work. We hold up our mirrors. We are accountable to each other and to this journey that we are on. And my goal is that you take away something from this conversation that you are going to be able to provide support to or use in your next conversation wherever that may be.

OK, so with that, let's do a little housekeeping. Let's go ahead and say good morning to everybody who is in the stream. And then we will pick up with today's edition of June Jim's. Right. We've had a great month of all types of learning. We'll do a recap of the gyms from last week. I will add today's June Jim and today's Kim Jim to go with it. And then we will be on our way. So first point of housekeeping is today is the only stream for this week. I will be leaving on Thursday to head to OMU. So if those of you who are going to be there, I am excited to see you. If I have not had a chance to meet you, I look forward to meeting you. And if I have met you, then I look forward to giving hugs and catching up in person seeing how everyone is doing. Subsequently, next Tuesday, there will also not be any stream, okay? So next week, there will only be streaming next Thursday, okay, so this Thursday, next Tuesday, no blueprint.

And I'll put a reminder in my IG stories starting tomorrow night so that it cycles through and everybody sees the reminder, okay? In addition to that housekeeping, there are some dates in July, I already know that there will be no blueprint and I will make sure that I put those dates out there. It is Tuesday, July 16th and Thursday, July 18th. So I already know those are travel dates so there will be a week where there is no stream, okay? So all of that is just the housekeeping that's taking place. If you are joining the

blueprint live on Thursday, excuse me, Friday for OMU, I'm gonna be talking about career wellness and the components that go with that. So while there will not be a virtual blueprint on Thursday, there will be the live one on Friday. And I will actually ask if it is going to be streaming. I do not know for sure, but I will get clarity on that. So there will be a blueprint live, a blueprint live, just not one that's virtual. So mark your calendars for all of those things. Okay. Any questions, please whisper me or check out socials. Um, as far as that is concerned, exclamation point coaching, if you are interested in joining the coaching group, getting more information about that.

Um, there's the link right there where you can sign up. It is a wonderful investment. Um, I would say that the ladies who are participating and have been for the last six months are absolutely shining and they are running off with their dreams. We had a great conversation last week in our group, talking about our wins, talking about our growth and really looking forward to what the future is. So if you want to be able to engage in that and do some deeper one-on-one work, please consider joining the coaching group. It is a very good investment. It is \$50 a month. So about \$600 a year, um, worthy investment so that you can, um, um, take on all the things that you need to so that you can be the boss of your own blueprint. Right. And the group will tell you, they get homework, right? They have things that they need to do. I hold them accountable in there. I make them follow up to, um, the things that they state that they want towards their goals. So there is a lot to be said for, um, the work that we do here. So it extends beyond just the time that we are here in, uh, the blueprint. So exclamation point coaching. If you're interested, um, please let me know, or please whisper me.

Um, there are a few of you who have whispered me for some things and follow up. I don't know if Dr. Donna Dundas is in here, but if you are, I would whisper you back about some availability. Um, let me know if you need me to update that if you're in here. If not, I will just follow up with you via Whisper for sure. And then someone actually asked me about the mind or getting the partner to the mind map, which is a momentum map, and I owe you that. So I apologize for the delay. I will make sure that that finds itself in your inbox to the person who reached out to me about that. All right, so that's all the housekeeping. Let's say good morning to everyone and then we will jump into today's conversation and make sure that we have time to soak up all of these Jew gyms, okay? So good morning, Elvie, good to see you. I saw you when you came in. I immediately noticed the blue in the ski, ski, ski in your words, so good morning to you. Thank you for being here and for always supporting this space from day one, absolutely.

Good morning, Kayla, good to see you. Thank you for being here and for modding in this space. Solo modding at that right now alongside of me. So I appreciate you and appreciate the re-up. Happy one-year anniversary The blueprint good morning. Kaby Brown. It's good to see you. Welcome in this morning. Good morning, Keith. Happy Tuesday to you Keith. I owe you a response. The application is in progress for Harvard Think I'm gonna put a pause on Wharton because it's a little out of my budget, but I think

the Harvard The Harvard courses are gonna be the direction that I go and so more to come as far as that is concerned But I did see you're just in your chance to respond. So good morning reason good to see you. Welcome in. Happy Tuesday Shelly Thunder good to see you. Thank you so much for being here. Good morning LaJuana Baskerville always lovely to see your name in the thread.

Good morning. See low 702. Happy Tuesday Hope you are doing well Believe that I got everybody if I didn't please say something Leroy Brown Welcome in Leroy, that is actually out of my zone of genius However, perhaps I might be coach adjacent given some of the performance for from this from this series for sure So and shout out to all the if you're a C's fan Right salute to you and congratulations. It feels like it was a fast NBA season I don't know if anybody else feels like that But it felt like it got it got it happened and now it's done right and we wait a few months for it to kick off again, so Good morning to you. Good morning Someone else just said good morning to me. Let me make this DCD. Happy Tuesday. Good to see you. I hope you're having a good day And that you are doing well. Thank you so much for being here for sure I'm go give all of these folks a great follow.

Okay, LV is in here Lock and key media is in here. David see Dennis, right? Every but all of those folks go give all of them a follow as well as amazing Mars the wonder basketball See love 702. Good morning. Hobbs Nissi Sykes is in here who is also a mind. Good morning, Nissi Good to see you and welcome to the blueprint for the first time. Same with One Reason, go give him a follow. Shelly Thunder, all of that, all right? So good to have all of you. Let's jump right in. We are talking about June gems, right? The things that you need to know that are gonna help you right alongside some Kim gems, right? The June gems are things that I have drawn in from my time doing leadership training, development, anything that is basically helping people be better and perform better, all right? And sometimes we hear things and we take things away that just stay with us. And we can't shake them because they have a lot of impact on the way that we live, work and play. And we find ourselves drawn to that or sticking with it.

And so those June gems are not things that we feel like we can surrender. They are things that we want to either get deeper into. We want to become a part of the way that people experience us. And so I've been taking the Kim gems, and pairing them with a June gym so you get a little bit of life and then you get something that you would regularly hear me say in the blueprint through my coaching through my writing anything that I do there so we have had a fair amount of June gyms come through and so I'm going to introduce a recap of all of the ones there we go all the ones that we've had so far this month and then we're going to introduce the book so if you did not have the book I will show it and we're going to pull today's June gym from the author that we have been featuring this month her name is Ayanna Presley Anis and she wrote a book called bet on you and it is wonderful several of you have either purchased the audiobook version or the physical copy it is available on amazon wonderful book full of things that can just

help you cause you to pause and reflect or really help ignite the momentum that you may have towards some of your goals all right so let's recap some of the June gyms here is where you want to take notes if you were interested in taking notes all right this is where you want to be able to do that grab a pin if you need one because we are going to get started so we opened up our series with talking about the RACI so I'm going to skip this because this is more of a tool where you can hold yourselves accountable for not only the goals but the things you actually say that you're going to do what that commitment looks like and who are the people around you that need to know the information right who's going to be able to help you when you consult them and who are the people who simply need to be informed about what it is that you're doing all right so we started out with this one the key is not to prioritize what's on your schedule but to schedule your priorities and we really talked about how unfortunately we spend a lot of time putting everything first and not scheduling our priorities so essentially we set ourselves up to be second instead of first.

And when we do that, we cannot operate at our highest potential. We don't go to the world with our best or at our best and people kind of get us at our lowest threshold. So when you take the time to actually schedule your priorities, you can then prioritize your schedule in a way that is conducive to you, but also giving you the opportunity to make sure that everything that is important and meaningful and needs to have presence in your life does not get pushed to the side. Because if you're not filling your tank, who's going to? Okay, welcome in, Mrs. J. UK, good to see you. Happy Tuesday, I hope your day has gone well so far. Thank you for being here. So this one is by Stephen Covey. I love Stephen Covey if you're familiar, right? Seven Happest Highly Successful People, among other books. If you're not familiar with who he is, please go look him up. You can also find a lot of his work across Amazon. Audible, any place that you get any of your audiobooks. Okay. Good morning Letitia P. Happy Tuesday to you. So this was our first June gym, all right And we wanted to make sure that we opened up with this one because when you prioritize yourself It really sets you up for success and you don't have to be second, right?

And I wanted to do this one intentionally so we went from scheduling priorities Okay, because when we don't schedule our priorities It's a sign that we are allowing life to get in the way of our living Okay, and sometimes life has taken over right? We know life is life. We have schedules. We've got commitments we've got things changing in real time we have information that is guiding us in one direction only to get there and discover that we need to do things completely different and all that happens and Sometimes we get so caught up in the rhythm of life We get so going into this routine that we forget to actually live and enjoy the moment to embrace Whatever thing is taking place to just be present,

right? And so when we allow life to get in the way of our living We don't give ourselves space to just be right. We spend so much time All right, we spend so much time In this space of being humans who are doing instead of just humans who are being so that's your challenge Today and this week how much time can I spend?

Being a human who is being and not a human who is doing because doesn't it seem like we are doing things all the time Anybody who knows me who's had a coaching conversation with me even a regular conversation with me I will ask you when's the last time that you've had something to eat When's the last time you've had water use the restroom? How's your schedule look today? Is it a busy day for you? Will you have a chance to get outside? Are you gonna have the ability? to take a walk. Anything that will get you away from the cycle of work. Yesterday I had a coaching conversation in the afternoon and my client came and I said how are you? It's been a month since we've spoken and she immediately launched into all things work. And I stopped her and I said I can talk, I can get the details about work anytime. What I'm most interested in is you. How you are doing and how you've been taking the things that we have been doing over the course of our coaching conversations and applying them so that you can be a better leader for your team. She immediately went into the things she had been doing as a human instead of the things that she was experiencing, just experiencing simply being a human. So that is your challenge that's on the table for this week, for when I see you again next Thursday.

How can you spend time being less of a human doing and more of a human being? right? And if you spend the time journaling or you write down how much you have to do today, look at your to -do list. Where are there pockets that you can spend time just simply enjoying life, feeling the sunshine, enjoying lunch with someone, laughing, right? How many of you can say that you honestly spend time or get time to laugh during the day, right? These are all things that you want to think about. And while it might seem like I don't have time to do that, when you make time for the things you make time for, you are a better person, okay? If you've ever been in DJ classic stream, she wears a shirt that says meditation over medication. I fundamentally believe in that. I am the person that says I would rather pay for the gym membership than for the medication any day. I will pay for the vitamins. I will pay for all the healthy things because I'd rather have a gym membership and a mushroom coffee subscription and vitamins every day than to have to pay for four prescriptions and doctor's visits.

So don't allow life to get in the way of you living or your living because when we prioritize life, it takes a lot of our time, right? And we don't get to enjoy some of the important moments, which leads to this question. Are you working or doing the work? And this is a question you should ask yourself at least once a day. Am I doing the work? And here's the thing, ladies and gentlemen, you know, when you're not doing the work, you know what it feels like. You know what working feels like. I'm laboring. It's that toughness that you have to go through that up and down space where you're like, oh,

this feels heavy. I've got to actually put in mental energy, emotional energy versus doing the work where you're committed to the process and the journey where you were actually growing and changing and learning more about who you are and learning less about the things that were impacting you and saying,

I actually don't want to be that anymore. I actually want to surrender that struggle. I want to put that down and I want to get to a place where that is not associated with my identity. I am. my best self. So are you working just labor, right, or doing the work? And both of them are a choice. Sometimes we choose to labor when we should be or could be doing the work. Other times we decide that the work is not what I want to do at all, nor do I want to do the work and we're not doing anything. And when we are not working and we avoid doing the work, that is an extension of avoidance, ladies and gentlemen. Good morning. Good morning, Avery. Okay. Are you all right? Okay. So we think about this whole notion of doing the work and we think about this whole notion of what it means to labor and it's a choice.

Say yes to doing the work and choose platinum. Platinum crew. Good morning. Welcome in. Good to see you. Okay, so when you think about this notion of doing the work versus working, choose wisely because it's your time that is involved and it's the opportunity for you to show up as your best self, okay. So when we think about all of the things that, not until 9 o'clock, in 15 minutes, yes, okay. So when we think about this whole notion of being able to do the work, that sets us up to embrace all of the things that are important to us every day when we talk about how and when and what the work means. The last Kim Jim that we talked about, and this one was not on the slide, we just worked through it last week openly, was won by Nikisha Hicks, who is a fan and a friend of the Blueprint. She may be lurking behind the scenes this morning if she's not working, but she talks about how you have to know people before you need them.

And I used that very thing to talk about the power and the importance of building relationships. And if you had been in my streams before, you would heard me talk about my imperative 11 and one of those is interpersonal savvy. So how you build rapport, how you get to know people, right, and I talked about the real, the raw and the ratchet of interpersonal savvy and what happens when you try to go need people that you don't know, especially if they've got information, resources, access to things that you may need, that you don't know that you need or that you do know you need. So self-awareness is key when you think about how you show up for people that you don't know what you may need and the benefit of relationships. So really quickly, let me show you the book and then we're going to jump into this. So this is the book that we have been referencing. It's called Bet on You. Hopefully everybody can see that. The name of the author is Ayana Presley -Annis and she is also an HR executive like me. She works for Netflix and she is a working mom. She is a wife. She is a daughter, sister. She resides on the West Coast. She went to Penn State for anybody who is interested, and she really helps people who are stuck get unstuck. That's her niche as an HR professional.

And she wrote this book, and she basically kimblued me in this book, the way that y'all tell me I step on your toes. She stepped on mine. It's such an easy read. So if you're interested, you can go to Amazon, and she's got a Kindle version, an Audible version, and of course, you can get the hard copy for yourself. Okay. And so we have touched on a couple of things in the book. And what I like about this book is that she actually gives you spaces in here where you can actively write and reflect. So it is a working book it's not a journal it is an actual book because you're reading it but at the end of each chapter there is reflection space thank you Kayla for dropping that link in the chat so there it is ladies and gentlemen for anyone who is interested you can click that link and decide for yourself if you'd like to invest it's certainly not required by this stream I am using it as reference but I am supporting her and telling you that this is a really good book a few folks in here have read it already right I think Keith said Keith called me immediately and was like this book so many gems right I know Ebony A .T .L.

Who I believe is on Soul Train right now also read it and told me she finished it and she's going to be rereading it so reach out to me if you're finding things in it that you enjoy I'd love to hear from you and thank you to everybody who chosen to support another black author on her journey of leaving her gifts on the world okay so if you have the book or if you're interested I want to go to chapter four the title of chapter four is lack is whack that is our June gym for today lack is whack like as in your lacking something or even potentially a lack mindset okay and being able to understand that when you believe that you are lacking something it is the assumption that you don't have enough you're not good enough you may never acquire it there's going to be a deficit or a disconnect in your ability to do something okay and so she talks about many things in here and I don't want to steal the thunder for those of you who may be reading the book but this is something that I think is really important when we are intentional about right thinking about lack is whack okay because guess what the opposite of lack so that's our June gym for today lack is whack, all right? But the opposite of lack is abundance, okay? Let me say that again. The opposite of lack is abundance, meaning you invite in all of the things that you need, want or desire, even if they are not immediately attainable to you.

Now, this particular chapter in the book is really short, okay? Someone gets C Love, a 702, a fan because she is in need of it or help her onto the pew, all right? Because when we think about this whole notion of being in a mindset of lack, it's a choice. We can choose to think we don't have enough, won't have enough, will not have access to the things that we need, or we can operate in an abundant mindset and know that when the time comes, everything that needs to come to me will come to me. Person, place, thing, resource, opportunity, space, exit, transition, change. If all of those are things that you need. at some point in your life, you will find your way to them or it will find its way to you. And let me also be very clear, if you are avoiding change, you know, if you are avoiding pivoting, or if you are avoiding embracing your dopeness, if you are avoiding removing yourself from spaces, places and people that you shouldn't be clear that if you don't choose it, it will make sure that you move in that direction.

If you stay too long at a job, if you stay too long in a relationship, if you have embraced a mindset for too long that you know you want to surrender, and you don't do that on your own, the world will shift so that you have no choice but to shift with it. Okay, I guarantee you, if you stay somewhere too long, if you do somewhere too long, and then you'll continue to wonder why you're not seeing any progress, why things are not moving in the right direction for you, why you are not intentionally seeing success, why are the good things seemingly going to other people, it's because you're not taking the steps that you need to take, and you're operating in a lack mindset, well, I don't have this, it doesn't matter that you don't have that, what do you have? And what can you be taking advantage of right now? That's going to move you because one step is better than no step any day of the week. Because once you take that one step, you put the butterfly effect in motion, meaning that one step that you have over here is going to set off things that may be happening in spaces that you don't know, right?

How can you produce in the pause? If you are in a lack mindset, and you think to yourself, well, I just have to wait, and I just have to be stuck, that is a misnomer. That is a mistruth. There are plenty of things that you can be doing when you are feeling like, okay, so this step right here is going to take a little longer than I had intended. So what can I be doing now? How can I wait patiently? Because we wait impatiently. all the time, okay? How can I wait patiently for these things to happen? And until those things happen, what are the things that I could be doing? Ideally, ladies and gentlemen, the things that you could be doing is dealing with your piles. The things that you could be doing is unpacking some of this emotional stress that you are dealing with. The things that you could be doing are removing yourself from spaces of avoidance and stepping yourself into spaces of action. Because as much as we know that abundance is the opposite of lack, action is the opposite of avoidance. And so if you are avoiding those things, nothing will move until you do. Now, let's go back into the book.

She, and by she, I mean the author, Ayanna Ann, this talks about this whole notion of being whack, or I mean being lack, and having this mindset of thinking that sometimes there's a lot of things that are not enough, okay? And the things that you think, right, become realities. I'm gonna check in with this one piece from the book that I want to read to you, okay? And if you have the book or if you're looking at it on your own, this is page 32, it's chapter four. Good morning, Mr. Nate, good to see you. Thank you so much for being here. I think I'm gonna see you Thursday. So if I am, then let me salute you in advance and say safe travels. And I look forward to seeing you again. All right, here's the thing that she talks about, okay? She says in the book that thoughts can become reality and there is also so much power in the words you speak. When I stopped thinking that my success depended on how fast I ran and how high I could jump, I started to see my world change for the better.

The entire idea is flawed for many reasons, but the main reason is that it is based on the assumption that you have no control over your own success. That is a misnomer.

She writes in here thinking that you have no control over your own success, okay? If you don't believe that you are going to be successful, you won't be, that is a lack mindset. I am lacking the tools, the resources, the mental capacity, but most importantly, ladies and gentlemen, you are lacking the belief in yourself and it starts right there. If you can't get wrapped up in your own belief that these things are going to happen, that you have what it takes, that your internal gifts, knowledge, expertise are going to be enough, then baby, nothing is gonna move forward.

It all is gonna stop right there and be stuck in one big hairy rubber band ball that you're gonna be spending your time unwinding until you shift your mindset. Let me read part of that again to you. She says, thoughts can become reality. There is power in the words that you speak. When I stopped thinking that my success depended on how fast I could run or how high I could jump, I started to see my world change for the better. The main reason that my world changed, right, is because of the entire assumption that you have no control over your success. You have all the control over your success. If you want it, go get it. And if you feel like you can't go get it, find people who see the good and the better in you and allow them to support you as you go get it because safety also looks like support. Safety looks like encouragement. Safety is an opportunity for you to say, I don't know, but I know I wanna do this and I wanna be better or I don't know, but I know I want more than what I have right now.

I deserve more, I desire more, I'm embracing more. So when we think about a lack mindset part of this is changing our word economy There's something you hadn't heard me say in a while, right word economy But you have to literally speak into the space to say listen, I am ready For my next I am ready for my next C -suite level \$100 ,000 plus year -long Fractional coaching contract with a company. I am ready for that, right? So bring it I've got proposals out there, but I am ready for that I am ready and waiting to secure all of my income for the remainder of this year and all of 2025 and because that income for 2025 is going to be secured. I can work on my income for 2026 that's what I'm inviting into my life right now. I am inviting in the Opportunities and the abundance so that my needs will be met financially My needs will be met emotionally and socially my needs will be met through community and I will have what I need So that my daily life functions is the way it is.

So I'm not in a lack mindset I am in a space of this is shifting and I see the shift. Okay. Now, what is it that I need to be doing? Where do I need to be? Investing what are the things that I need to be putting my time and energy in so that I can say while this thing over Here is moving into a season a season of closure I am embracing this new door and this new opportunity where I can go into a new beginning somewhere else Not only that when you think about the things that come out of these seasons shifting when you're in a lack mindset You can't see opportunities over obstacles. Okay, you only see the obstacles. You don't see the opportunities Good morning. Music spasms. Good to see you. Happy Tuesday. Thank you for being here, right? Somebody write that down

Opportunities over obstacles when you are in a lack mindset, all you see is obstacles roadblocks hurdles anything That's gonna get in your way of seeing success.

And that's what she means when she says you are the person who controls your own success. When you are out of a lack mindset and you see abundance, you are going to say, man, there are so many opportunities, this opportunity for me to have this conversation, for me to market myself, for me to get to know someone, for me to go to this place and show up, for me to tell somebody about all the things that I'm passionate about, why I love the work that I do, why I'm the best DJ, why I'm the best streamer, why I'm the person that deserves this residency, whatever it is, why I deserve to get into the Harvard Online Climb program so that I can be a really savvy business leader, okay?

All of those things, that's an opportunity. Now, I could see the fact that I don't have the \$15,000 to pay for this program as an obstacle, or I could say the opportunity to apply is available to me. All I need to do is apply, right? Because remember one of the other things that she said, in here, Okay and let me go back to it. We talked about this and I want to make sure that I get it correctly and we're going to go we're working the book a little backwards right because we're going to talk about unlearning when I see you all again okay. Remember when we talked about decisions okay and she talked about this whole notion of making decisions and what that is okay and essentially what she says in the spirit of decision makings is all you have to do ladies and gentlemen is make the decision okay.

You don't have to know how you're only responsible for committing to the yes okay. It's not my job to worry about if it will happen or how it will happen. It's my job to say it will happen. When you say that it will happen that is you moving into an abundant mindset right and moving away but when you say well I don't know or I'm not familiar or I don't have access to this right that can be perceived as a lack mindset and we know that there's power in our words and our word economy is meaningful so you have to speak life into that which you deserve or that which you believe or that which you want right. So when we talk about this whole lack mindset and she says lack is whack you have to be open to understanding that when you elect to change things will change with you. What do I mean by that? When you start to speak positive when you start to embrace happiness when you start to say you know what this is for me I deserve it and it's okay all of those things will find you.

Now you may wonder right why does it take so long for me to get to those things or for me to attract those things or for those things to find me. The real question is are you ready to receive them right. Is your vessel ready to receive them? Good morning Portia Live. Good to see you. Happy Tuesday. I hope you're doing well right. If you are not ready to receive the abundance that you are inviting in you will not receive it. Because where is all this good abundance going to go if it is wrapped up in some of this negative space? How is it going to take place? How is it going to manifest? How is it

going to present itself to you in a way that allows you to see roots, to have this thing nurtured and to grow into something great?

You cannot grow into something great if you are continuing to think that you need more instead of embracing the things that you already have. DJ Fuego NYC, good morning to you. Happy Tuesday. Thank you so much for being here and welcome in. Niecy Sacks, I see your comment. Thank you for being here. I hope that this transition, I hope this conversation is supporting your transition, right? In particular if you had some angst about whatever this transition may be or if you are transitioning and everything is not super clear about what those next steps are. Cool it for now, welcome in, good to see you and good morning, happy Tuesday. Here's the thing, Macy's actually got one job, bet on you, okay? And understand that when you bet on you, your gifts will make room for you to be present among them, okay? So when you think about this whole notion of how you need to move forward, what are the things that are gonna support you in your transition? What are the things that are gonna help make sure that when you bet on you, you've got the best possible chance of success? You are gonna see opportunities over obstacles, right? There is no reason that the obstacles can't turn into opportunities.

Who in here has ever met a challenge or a roadblock and you get there and you stop and you think, well, I wasn't planning for this or I wasn't expecting this or whatever the case may be. But in that moment, you let it stop you instead of saying, okay, well now what's my opportunity to get around this? What's the opportunity to work through this? Let me see what's available to me to do that, right? When we meet an obstacle, instead of turning it into an opportunity and doing the work, sometimes we get to the obstacle and we labor through it because it's the thing that impacts us, it impacts our mindset, it impacts our energy and we don't set ourselves up to say, I don't have to stay here. This is a temporary thing. This is not even gonna last. I'm not meant to carry this with me. I can go around it, I can work through it, I can move it out of the way, but either way, this obstacle is not gonna keep me stuck. And more often than not, we keep... ourselves stuck by thinking that the obstacle has more power than our ability to get through whatever it is that's in front of us. The obstacle does not have more power than you.

You may give it more power. You may give it more life. You may lift up the opportunity to say, I had this challenge and I couldn't get around it. But if you spent time putting a little ingenuity behind it, if you spent time putting a little thought partnership behind it, if you spent time investing in your energy behind it, you would be in a position to be able to know for a fact that you can get through anything. And so the question that I want you to ask yourself alongside how you are choosing to be a human being instead of a human doing is this one. How am I going to turn my obstacles into opportunities? The Keith, what do you want me to say again? What do you want me to say again, Keith? I'm sorry. I think what I was saying, Keith, is that you have a choice about your

obstacles and opportunities. And so more often than not, we approach an obstacle and we ourselves give it more power than it deserves. We amplify that this obstacle, this roadblock or this challenge is the thing that is getting in our way and keeping us from, yes, that's what I'm saying now, Keith. So the whole notion of us encountering these obstacles or these barriers or roadblocks or whatever it is.

And instead of seeing the obstacle as an opportunity, we amplify the power of the obstacle. And instead of amplifying the power of the obstacle, what we need to do is embrace the opportunity and look at this and say, now, what do I have available to me that's going to help me work through this or get around this or move it out of the way? When you choose to turn an obstacle into an opportunity, you now set yourself up to go, I am inviting in everything I need to break this obstacle down because it's not going to hold me back. I'm going to put my power into the thing that's going to help me see progress. I'm not going to put my power into anything that's going to keep me stuck or hold me back. Your power should move you forward so that you can get to your progress. But don't let those obstacles overpower your opportunities. Your opportunity should always be greater. And when you look at the challenge, you should say to yourself, okay, yes, these things are going to be difficult, but they're not impossible. I have the ability.

I have what it takes to be able to embrace these things. And I have the opportunity to know for myself that I'm going to be able to move through this. So what do I need? How am I being intentional about all of the things that... There's Griffin, everybody. He is coming to say good morning, good morning, Griffin. Okay, all of the things that you want to make sure that take place are all in the power of your mindset. So if you see an obstacle, you immediately can move yourself into a lack mindset, or you can see an obstacle and move yourself into an abundance mindset and go, but I have the opportunity to do all of these things, right? I have the space and I have the willingness to look at this opportunity and decide for myself, I want it, I deserve it. And it's something that can help me. So I don't have to stay stuck in the adversity.

I don't have to stay stuck in all of these circumstances that I didn't create for myself. You can choose to stay stuck, but you don't have to. And once we allow the obstacle to take over, that is when we say, well, I don't want to do this or I don't want to do that, right? And then we get into these spaces of avoidance. We get into these mindsets where we just are like, well, I'm gonna be complacent and comfortable with the environment that I've curated, right? Absolutely, KB Brown, adversity does birth perseverance. Sometimes, though, we don't think about it like that. We just go, the adversity advances. Right? We give the adversity the advantage. Okay? Game us, right? Don't give the, don't give the advantage to the adversity, right?

The game is all yours for you to manage, for you to be intentional about what it is that you need to do and what you want to take, take away from it. Okay? So understand your opportunity when you think about what that, what that means for you. Now, good

morning, Aimee Key. Good to see you. Thank you so much for being here. Happy Tuesday to you, Aimee Key. We are looking at the book, Bet on You, and we are in chapter four, and we are talking about a lack mindset. And the name of this chapter is Lack is Wack, and we are going to be intentional about thinking about how we get out of a lack mindset, how we get into an abundance mindset, because we know that that's what the opposite of lack is. It is abundance. Okay? And I was reading some things from the book and talking about how the author says that as soon as she accepted that she had control over her success, her world changed. Okay? The other thing that I want to pull away from this before we get into the Kim Jim that's associated with this is this whole notion of um There can only be one you.

Okay? There's only one. I know DJ LV. Okay? There's only one KB Browns. There's only one LaWanda Baskerville, and guess what? You are enough. Okay? There is only one you. You with your gifts, you with your expertise, you with your mindset, everything that you bring to planet earth. When people interact with you, your unique gifts are what stands out. And I mentioned this a couple of weeks ago. If our gifts were the same, everybody would have everything that they need and we wouldn't need each other. And wouldn't that be a lonely life? If we didn't need each other, then what would be the purpose of community? Then what will be the purpose of relationships? Then what would be the purpose of everything? So Vater, if your last name is actually lack, um, you know, I think we'd have to think about what that means, right? So I think what you'd have to say is you embrace a positive mindset around your last name being like, because that's not necessarily something that I thought of, but it doesn't mean that it's not true. And at the same time, good morning, Vater. Good to see you. Welcome in. Happy Tuesday, and happy two days away from OMU, Vater. See you in two days. So when you think about the notion that there's only you, good morning, R .L.

Breezy. Good to see you. Welcome in. Happy Tuesday to you. Go give all these amazing folks a follow, R .L. Breezy, who we got to go see last week. And DJ Vater mix. Shout out to, yo, shout out to LV and Vater, who were on RebelStream last night with all of the laughs and all of the shenanigans. If you missed it, it was a great time. Both of them are hilarious if you've never had a conversation with them either respectively or collectively. I've had the pleasure of having a conversation with both of them at the same time. They are both beyond funny and hysterical and ridiculous. So last night, if you missed it, it was a grand time. So shout out to both of them for being on the stream. So KB Brown says, yes. Listen, OK, but that's the thing. There's only one of you. And if you don't believe that you are enough, exactly. Rebel, I just spoke your name. I just said good morning, Rebel, and talked about your stream last night with Vater and LB, both of whom are in the chat, and how hysterical your stream last night was, and the two of them, and how they are funny, and how we were all in the chat cackling and having a great time last night.

So shout out to you. Go get the Rebel Ink a follow. She is not on today, but she is on tomorrow at 10 AM Eastern Standard Time for the cracks and games and all of the other things that are taking place. And lately, she's been doing a little bit of a theme on Wednesday. So go in there. You may be surprised. The last time I was in there on the Wednesday, we were doing theme show music. It was amazing. And we were writing all the different theme shows, all the different show music that we like. It was good times in there. I was lurking because I was working, but I would pop in and out of the chat from time to time to participate. So it was a good time last night, Rebel. Good morning, DJ Classics. Good to see you. Excellent stream this morning on YouTube. We are talking about peace and harmony in her stream right now. So if you want to go and start your day with the intention around having peace and harmony, go find her on YouTube's great 6 .30 AM meditation. We are in and out in 30 minutes and she makes it very seamless with our expressions of gratitude and ensuring we have a chance to do some journal while at the same time putting some inward self. Lots of commercials for all the great people who are coming in, but I want to make sure that I acknowledge all of that.

So welcome in Rebel, good to see you. So when we think about you, right, there's only one you. Even if you are a twin, there's only one of you that way. And you are enough. So when you put yourself out there in that way to embrace abundance, to surrender lack, to open yourself up to saying, lack is whack. I am in control of my own success. I don't have to give away my powers. Opportunities over obstacles every single day of the week, no matter what. Because here's the thing, sometimes we get a bunch of obstacles that happen all at the same time. And it's like a storm surrounding us. And it doesn't mean that you can't get through the storm. You just have to acknowledge that, okay, what parts of the storm can I control? Do I have an umbrella? Do I have my rain boots? Do I have, right? What is it that I need to be able to navigate this? And sometimes the storm comes so you can get somewhere and stop being a human doing and be more of a human being, which is what we opened up with, okay? Two things from this stream that I want you to take away today. How are you spending time being more of a human being and less of a human doing? And how can you identify the opportunities over the obstacles?

Because sometimes we only choose to see obstacles. Sometimes we only choose to see the bad over the good. Sometimes we only choose to embrace the obstacles and not say, there's things that I could be doing here. How are you producing in the pause? How are you purposefully being available to new things, to new conversations? How are you spending your time, right? Are you navigating your piles in the midst of all of the things that are taking place, right? Are you being intentional about saying, while this thing is brewing over here, let me be unpacking, let me be working through, let me be addressing these corners that have been sitting here for so long, right? When's the last time you've spent time going through and saying, I need to do some emotional purging. I need to do some of those things, right? You are saying you're

lacking community, but what have you done to bring yourself up to speed or to get yourself ready so that you can step into the community with your gifts, right?

If your mindset is I'm not ready, I don't have it, I'm not good enough, that is what will show up first. Trust me. And it will be all in your energy. It'll be all in your words. And so how do you want to present? Do you want to go forward with that and that be how people describe you? Or do you want to go forward in the energy and in the knowing of she's got it together, she's doing the work, right? Anybody who knows me knows. I will tell you, I don't have it all together. Lord knows I don't have it all together. But I do show up saying, this is what I'm doing. I'm taking my steps. I was just talking to Kaylock yesterday and I was like, okay, I've managed to do all these things. And I was like, it's happening fast. And he was like, right, doesn't it happen fast? I was like faster than I thought. Because instead of saying I'm waiting on these agreements to come in while I'm waiting on these agreements to come in That's okay Keith the replay will be there right but while I'm waiting on these agreements to come in What are the things I need to be doing to get my business in order?

What are behind the scenes things? I need to make sure that all of my stuff is in alignment so that when I sign Kim blue on these documents Nobody's questioning anything. Nobody has to go back in and say hey All of these things are out of alignment No, no, no, all of my things are in alignment and I am ready prepared willing able and equipped To step right into whatever situation that you invite me into to add value to elevate it to increase it to make it better Than it was one minute ago before I was not a part of it. Good morning taste by Tosh Good to see you happy Tuesday and welcome in to the blueprint. Welcome sight giver Good to see you. See you in two days. See you in two days site giver miss P. Smitty. Welcome in good to see you as well Happy Tuesday to you Thank you all for being here you all we are in the book Okay before we get ready to get out of here in just a few minutes. We are back in the book bed on you Okay, you can find this book on Amazon. It's in Kindle form. It is in a Hard copy it's an audible for those who like audiobooks All right The name of the author is Ayanna Presley anise and we are talking about The chapter that is reflecting on how lack is whack and I said at the beginning of the conversation that the opposite of lack Is abundance? Just like the opposite of avoidance is action Right. And so if you want to be in a mindset of lack in Avoidance you will not have opportunity to take action at all. Okay, you'll stay stuck in that space and you Did you taste my tie? She's amazing, right? She is a wonderful wonderful human being I've had a chance to meet her. I sent her a text a couple of weeks ago and told her that that I wanted to bring her onto the show so that I could have her come and talk about the book and open up and that I had sent folks in the direction of it, right?

So when you think about inviting in opportunity, abundance, grace, saying yes and not having to dissect your yes because we can be guilty of that. Sometimes we're also guilty of dissecting our no, justifying why, taste by touch. I'm gonna let her know that

there's someone in my stream and she said, I need to get into it. She said she's not familiar with this space, but I'm gonna let her know that there is someone who was giving you flowers the next time I speak with her. So she is a really, she's a really great person. So she's a super solid HR leader. When you are thinking about abundance and opportunity, you have to give yourself grace. You have to surrender the need to dissect your yes, meaning I have to figure out all the moving parts. You don't. All you have to do is say yes, and then let the things that need to come to you so that that yes can come to fruition come to you, okay? And be open to the fact that it may not look like what you think your yes should look like.

Because in our minds, we have decided that these things need to look like this, or this should be this, or all of those things. And instead, we get something that is gonna support our yes, and it looks nothing like what the picture we have in our mind. And so when you can surrender that vision and be intentional about going, well, this isn't what I thought, but maybe it is what I need, right? All of that goes into you embracing and opening yourself up to your next, right? When you spend time dissecting your yeses and your nos, you put yourself in a position to remain in a place that might actually be holding you back from embracing what that new environment is. Absolutely reason, flexibility. Flexibility, you've heard me, you all have heard me talk about agile, or being agile, right? Do you have the ability to move or change? Like if we wanna use Dr. Dady Priest's word to pivot quickly, to make adjustments in real time without having a lot of information, without knowing what the outcome is going to be, perhaps even without saying, you know what?

I don't know how this is gonna end, but I know this is the right next step. When you choose to go with your gut, when you choose to embrace all of these things, you put yourself in a position to say, you know what, there's not gonna be anything that I'm lacking at any step of this journey. Every step. step will be abundance. If you are at step one, and you know that at step two, there's going to be something that you need, your only job is to say, by the time I get there, that will be ready for me, that will be available to me, whether it is gifted, whether you have the resources to purchase it, whether the environment provides it on its own, all of it will be available to you. Everything. But you have to embrace that. Yes, you have to embrace that mindset. If you don't, right, now we get into some of the past Kim gyms that you've heard me talk about, obviously, because avoidance is not a strategy is is the main one that we we find ourselves connecting to.

Okay, but you will find yourselves in some of those spaces where the mantras on your mixtape, right, are all out of sync. And you want to be in alignment with those things. Okay. The other thing I want to talk to you about lack being whack or this lack mindset is that when you were in a in a space where you feel like your values are being compromised. You might feel like you don't have enough, you are not enough, because you're not seeing physically the ability to say, oh this is present for me. Just because it's present, it's not present for you right this very minute. Doesn't mean that it won't be

available. Perhaps there might be some work that you need to do so that things begin to shift so that you can invite those things in. Welcome in Ebony ATO, good to see you.

Thank you so much for being here. You know the replay will be up and I hope you had an amazing soul train set because I just saw you on. Brax, super, super early out there on the west coast. Welcome in. Good to see Brax. You can certainly catch the replay for just a few minutes for sure because I know Brax, it is bright and early out there in California. So thank you so much for being here. Indeed, Brax, West Side. C -Worbz, good to see you. Thank you so much for being here. Happy Tuesday. I hope your day has gone well. How are you? Thank you all for the hype train that you all have kicked off. I think Ebony ATO kicked it off for sure and C -Worbz, thank you so much for the re-up for the last 10 months.

You all know the hype trains are always appreciated and never required. I pour into this space because I believe in the work that I am doing and I believe in the messages that come to me and sharing them so that everybody has the opportunity to show up as their best selves. C -Worbz, I am doing excellent. Now, absolutely, absolutely Brax. Now, I want to connect two things for you. Thank you, Cool It For Now, for the resubscription. Appreciate you. I want to connect things for you and Niecy Sykes, if you're still in here, I want to share this with you as you are transitioning. In chapter two of this book, Niecy Sykes, she talks about the fact that there's no such thing as a good decision or a bad decision, there's only decisions. And sometimes the decisions that you make help you skip a few life levels, right? And she likens it to being in a video game and taking a cheat code to kind of move through the level so that you can beat the game, okay? So once you know that a decision isn't good or bad, it is a decision that's gonna take you somewhere, okay?

As you think about, as you embrace this transition, understand that you made a decision that is likely going to help you skip a few life levels or help you close the gap on those things, right? But in this decision that you've made to transition, embrace this abundance mindset, right? You have everything you need, even if you can't see it right now. So understand, ladies and gentlemen, that your decision invites in the opportunity for abundance. You can present yourself in a way that says all of the moving parts are going to come together and they are going to be in this space and they are going to present themselves where I have every single thing I need. In fact, I'll be able to go out and just get access to this. I can handpick this. I don't have to wait. I know it is going to come to me, right? I don't know how and I don't know when. I'm not supposed to know how and when. I'm supposed to focus on the thing that is in front of me right now because that's where my energy, time and resources need to be, right? Remember that currency is to be spent in different ways, right?

Time and energy, reason. Thank you so much for the resubscription. Thank you so much for the resubscription reason. I appreciate you, right? DJ Brax, thank you so much for the gift subs. I appreciate the gift subs. I appreciate you and kicking this hype

train into level two. Thank you for all of the gift subs, you guys. I appreciate that, okay? So when we think about this whole notion of embracing everything that is coming to you, I wanna go back to what I said as I was connecting these dots, right? Just because you don't see it in front of you right this minute or even understand how it is going to come to you, it does not mean that you don't stop doing the work because the work is how you embrace the potential.

The work is how you embrace the responsibility. The work is how you embrace all the steps you take so that by the time the abundance comes to you, you can have high gratitude for it. High gratitude for the journey, for the lessons learned because listen folks, there are no losses. There are only lessons. Some things that may feel like a loss, you take the learning from them and you apply it, right? So there are no losses, only lessons. So be very intentional about knowing that the decisions that you make put you in a position to invite in abundance and you don't have to surrender any of the things that you know are going to be good, great opportunistic for where you are on your journey. Don't stay in a lack mindset. It's not the thing that's going to serve you.

It is the thing that will keep you stuck. And that's the whole reason she writes this book. She specializes in helping people who are stuck get unstuck. Okay. Now, I want to ask you a question about obstacles over opportunities. How many of you in here right now are, can openly say, absolutely, KB Browns. How many of you on any point of your day will pause and say, man, I have a lot going on. There's so many challenges, right? I'm in a space where I need to just get. you know, all of my ducks in a row, right? You feel like you gotta have everything together before you can move forward. Who in here subscribes to the notion that you gotta have it all together before you can move forward? If you do, right, I would submit to you that that is a lack mindset, because now you're thinking until I have all of these things, I can't do anything. I am here to tell you that you don't have to have it all together to move forward. If you waited until you had it all, you might be waiting forever, or you might be waiting until, you know, for a very long time. And then think about all the opportunities you miss while you are waiting, right?

Shelly, Shelly, I just told somebody last night how you come in the chat and you were like, see, we were on a roll and here you go, right? I just said that to somebody, Shelly. I literally just said that, right? So I'm telling you folks, if you are in here and subscribing to a mindset of, I've gotta have all of my ducks in a row, you do not. And as long as you think that you do, that is a lack mindset, period. You are believing that you cannot move forward, that you cannot do all of the, you can't do anything if you don't have it all together. And let me tell y'all something, I do stuff all the time and I don't have it together. I do bits and pieces of things. And then I reflect back and I look and think, man, that actually moved more quickly than I thought because now that I had taken these steps, I could anticipate doing something else.

Here's the thing, folks, when you take steps forward, because you have already put those steps in motion, you actually create space for the other dominoes to fall, right?

Racks, that's very real, right? Singing in relationships, personal, professional, romantic, any of those things, I gotta have all of it together. If you, listen, if you were out there waiting for your boo, your bestie, the love of your life, your partner in crime, whatever, you want to call it your person, right? If you are waiting for, you know, whatever you want to call them, they, him, her, whatever it is, and you are waiting to get yourself together, please don't wait because you will be waiting forever. None of us are perfect. But if you are doing the work on yourself, you invite in that space to show up, Ebony, right? You invite in, it's, think about it, right? It's like, it's like fertilizing your, your plants. It's like fertilizing, you doing the work is making the ground fertile for you to receive, for you to be open to different things, for you to say, you know what?

I'm not perfect, but I have love to give. I have space to support someone. I want to be in a place where I can share some of my life and some of my things with each other. Thank you guys so much for the hype train. I appreciate all of you for supporting this space. Kelly Vision, welcome in. Good to see you here and see you in two days. Pretty lady, happy Tuesday to you. Good morning, Bashi KD. Welcome in. Y'all, I saw Bashi KD recently and I was like, she's back. She is back. Good to see you, doc. I hope you are doing well. I have been seeing you make your way across these Twitch streets. I was in DJT stream very briefly last night and he also gave you a shout out and was like, she's back.

Y'all, she's back. And I was thinking that I was like, welcome back, doc. Good to see you. I hope you're doing well. Okay. So listen, don't wait until you have everything together. If you yourself believe that you have to have everything together, you will be waiting forever and you're not going to live this life to the fullest. If you are waiting for everything to be perfect, you got to show up as you are right now with what you have ready to receive, ready to give, ready to be open to all of the things that are coming your way. Even if you don't see them, even if you do see them, if it's more than you bargained for, be grateful for the abundance. If it's not as much as you thought it was going to be, be grateful that you have the means and the ability to handle all of it right there, but don't wait.

Start now. Okay. Be intentional about surrendering your lack mindset because lack is whack. Know that there is only one you and you are enough. Okay. Focus on being a human who is just being and not a human who is doing and prioritize your obstacles, prioritize your opportunities over your obstacles, every single chance that you get. Okay. Because obstacles are going to come forward. It doesn't mean that you have to get stuck in them. It doesn't mean that they have to hold you down. It doesn't mean anything other than I've got an opportunity to be resilient and to show myself great through working through these obstacles. Okay. So lack is whack ladies and gentlemen. Gentlemen, abundance and action for the win. Be open to receiving and knowing that no matter what, it's just a decision, okay? It's gonna take you into the right next step.

Always, always, okay? Now, with that, we are gonna get ready to get out of here. I want to leave you with all of that good energy and light and I want to challenge you to be intentional, to say, you know what, when I am stepping into my day, what am I saying to myself that I am inviting in everything that I deserve, period, through my words, through my offerings, right? When I, Come on to this stream. My intent is to leave it all with you, especially if I'm not going to see you again for a few days or I may be out of the Twitch streets for a little bit because my schedule won't allow me to be present, right? Sometimes my schedule doesn't even allow me to lurk because of the way that I am contributing and giving, right? Salms, good to see you. Thank you so much for being here, right? But sometimes I want to make sure that I am leaving you with things that you are going to remember or that are going to manifest themselves in your lives in the right ways.

So good talk emotes in the chat for everybody who is here, who's embracing a lack as whack mindset because you're not lacking anything. You have everything you need to do everything you need to do right now. And if you don't, it's going to find you. And it will find you because you are putting it out there that you want it to find you. If you don't want it to find you, it won't. But if you do want it to find you, say you do, so that it finds you, so that you're not stuck, okay? All right, ladies and gentlemen, we are going to get ready to get out of here. That is your blueprint for today. A reminder that there is no blueprint on Thursday. There is the blueprint live on Friday. But those who are attending OMU, I will see you there. I am sending you all types of safe travels, okay? And intentions and good energy as far as that is concerned. We are going, let's see here. We are going to, Emteri, good morning.

Oh, I'm going to miss you. That's okay. That's okay. We'll have to make sure that we make time. I actually owe you a follow -up anyway. Let's see who's on, you guys. Where is somewhere we haven't been either in a while or somebody knew that we can go support? Um, let's see here. My pleasure, Nissi Sykes. I hope your last day today is going to be massively successful, right? Thank you, Brax. Likewise, Kelly. You know what, Ewong? Let's go see. Thank you, DCD. Yep. That's exactly where we're going because it's been a while. Ebony, thank you so much. We are gonna go see Leo. Of course, it is two Cs. I am all going, I always forget to put the two, it's two Cs and one R.

Give me just a second. All right. Awesome, DCD. Hopefully you do, right? This is my first one, so I'm gonna be able to get there as well. All right, ladies and gentlemen, the raid is on its way. I'm gonna put the raid message into the chat, okay? Square Kings, good morning. You said you were listening because you needed to. Thank you so much for being here. Appreciate you for lurking. Listen, shout out to everybody who was lurking, working, or commuting. You all know who I feel, how I feel about that space for sure. And I want to make sure that you take from this stream exactly what you need. So to everybody who was lurking, thank you. I hope it was exactly what you wanted it to be and that you take away information from it.

One more time, this is what the book looks like. For those who are interested, the name of it is Bet On You. Here you go, Bet On You because there's only one you and you are enough. Again, the book is not required, but it is an excellent asset. So I want to make sure that I show my own gratitude and say thank you all for being here, being a part of this community, for pouring yourselves into doing the work because that is exactly what we are here to do. I am sending you into your Tuesday and into the remainder of your week with all of the good energy and light that you need to guide you. Copy the raid message. I will see you at OMU, or I will see you next Thursday for that edition of the Blueprint. Take very good care of yourselves, everyone. I'm going to see you on the other side whenever we get over to Go Support Leo, of course, for Soul Train. Thank you.