## The Blueprint June Gems and Kim Gems!

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I am an HR strategist, coach, and leader, and I enjoy coming here and encouraging everyone to be the boss of their own blueprint, and what that means is that every day you should have access to the knowledge, skills, capabilities, and resources so you can operate at your highest potential. You can add value to whatever work you own or are responsible for. Most importantly, you can show up as your authentic self because when you are authentically you, you can be great in your gifts. You do not have to shrink back or dim your light.

You can be intentional about ensuring that ensuring that you can hold on everybody let me just a second I'm doing a little I'm doing a little yeah I'm on it LaWanda Baskerville I see it I see it there we go all right bear with me you guys I'm modless this morning so I'm having to double hat and do all of my things behind the scenes so with that being said you don't have to shrink back or dim your light you can be great in your gifts you can offer everything that the world has you can receive everything the world has to offer and be ready to offer your best to the world so with that let's get started and jump into today's conversation I am looking forward to this because today is a mix of Kim Jim's and June Jim's okay so we're gonna open up with the June Jim which is something from someone else that I have adopted into the way that I lead or the way that I coach and then there are two Kim Jim's that I want to introduce to you today and we're gonna focus our conversation around those I could not be more excited when I was looking at the details of where I wanted to go today I came across I had not gotten my June Jim yet but I had pulled my Kim Jim's already and so today's June Jim actually came to me this morning while I was on my walk with Griffin and I am it was so meaningful to me when I think about all of the things that are important when we talk about June and as we move

through July and we start to reset our mantras in July and then we get into everything for the rest of this year and so these June Jim's really get us in a space of setting up for the things that I have planned for for the rest of the year.

I'm already thinking about October and November and where we go for the end of the year. So lots of good stuff. So just stay with me. Thank you for continuing to support the blueprint. Invite a friend or tell someone we would love to have you in this space. So, listen, you're right, Moana and Sealove, I see that. They are adamant this morning. As soon as I hopped in, I got someone else that's in there already. So we're gonna have to keep our eyes open. So if you see someone come in and it doesn't look right, please flag it for me so I can go in because I've got three screens going. So my phone is in mod mode. I've got my screen that I'm actually talking to you in via StreamYard. And then of course I've got Twitch up in my dashboard behind the scenes. So I'm gonna be pseudo doing all the things in real time. So thank you for bearing with me. A couple of announcements. housekeeping. I mentioned last week that next week there would only be one stream and that's next Tuesday. I am going to OMU next week and so I'm going to use the time to finish preparing and then traveling out to Cleveland.

So if you are going to OMU I look forward to seeing you again if I've met you and if I have not met you I look forward to meeting you for the first time. I will be speaking at the conference on Friday. We're going to be focused on career wellness and what that looks like which is so timely because that is a lot of our theme for the fall and just some elements around how you make sure that you've got the staples in your career whether you are an entrepreneur whether you have one foot in entrepreneurship and one foot in side of corporate America right or you are fully engaged in corporate America what is the things that are important that you always need to keep in mind from a standpoint of organization and the like. So we are going to be talking about that. Hopefully I will be able to bring a recap back and do that for those who may not be able to attend OMU or if it's not being streamed. So next week only streaming on Tuesday because Thursday I'll be heading out okay and then there are some dates and then the Tuesday after that which is June the 24th I believe there is no stream that morning I have to speak at a conference in Chicago and the panel is on that Monday and then I think I will be not returning back until that Tuesday.

So there's two days back to back a Thursday and then a Tuesday and then we'll come back in and then it'll be the week of the 4th of July if you can believe that already and then we'll roll back into our normal schedule and then there's only one day in July two days in July that I'm not streaming so we'll be able to have a full almost a full month of streams so six streams both in June and July for that. In addition, the Blueprint Coaching Group, if you're interested, there are spots that are gonna be coming open. This first group that I have had, y 'all, has been amazing. I'm gonna have them all up here.

They don't know it, but I'm gonna have them come up here just to talk about the progress that they've made, where they were when they started, and where they are now in terms of birthing new things, stepping into new arenas, the growth that they have made, the things that they said that maybe they didn't want to do that now they are doing, and pushing through, and I am just watching them all blossom. And it is just, every time I get a one -on -one meeting, I have a one -on -one meeting today, I get so excited because I know somebody's gonna bring something to me, and we're gonna be able to navigate that. And we are literally putting roadmap. Actions in place and I am watching them go be great and I am watching them do it publicly and I'm watching them Do it quietly behind the scenes as I'm making connections or as I'm encouraging, you know next steps So if you're interested Please reach out exclamation point coaching in the chat If you are this first cohort has been killing it and I can't wait to have them Come talk about it.

That is where you can find more information on the coaching group. Okay so with that, let's jump right in and say good morning to who's with us and then we will Go forward Ebony acl. I see you on the 10 stream watch streak Congratulations. Thank you so much for supporting this space But mostly thank you for prioritizing you we're gonna talk about that today That is one of the the Kim Jim's that we're gonna talk about And I'm watching you people. I want to say good morning to you I know you said you had to come in and mod But thank you so much for the boss bits and I'm blessed and productive day right back to you as well sis Okay, so as you meant as I mentioned, I'm modless today, but I will acknowledge my mod squad Lacking key media in my life journey.

My life journey may be lurking behind the scenes As you know, she's in recovery. She's doing really well you guys I talked to her Last week and so we are making our own blueprint about what her slow return to work will look like but she's having good reports from the doctors and Lots of progress as her brain is literally healing So thank you to those who have reached out if you have sent prayers if you have inquired. Thank you. Thank you. Thank you She sends her love and then in addition to locking key media who is on a plane He is traveling for work this morning. And so I know that He is in the throes of all things. So we will send good energy to him that he has a great day While he is on the road today and returning back and he should be with us on Thursday if I'm not mistaken So, good morning, LaWanda, Basketball Realisty Love 702.

Good to see both of you. LFrank28, good morning, welcome in. Happy Tuesday to you as well. Thank you for being here. I'm watching you people. Appreciate you on the lurk, of course. Good morning, Ebony ATL. Happy Tuesday, y 'all. Can I just tell y 'all about Ebony ATL? So y 'all are gonna get more of these blueprint boss stories because I'm just seeing folks do so many things really well. And I just, I love that folks are really embracing all of this space and all of the work that they're doing. And we're gonna talk about work today. So if you've not gotten your pens and papers out, go ahead and get

them because you're going to want to write down these Kim Jims, okay? Because this one is a Kim Jim.

I see you, Hobbs. You're next on my list, okay, to talk about. So let me tell you about Ebony ATL who sent me a whisper. Was it yesterday, Eb? I think it was yesterday. Today's Tuesday. I can't remember if it was yesterday or the weekend. Anyway, every episode. So remember when I introduced you all to the book that we are focused on, we're not going to focus on the book today. The book will come back on Thursday. But remember I introduced you all to the book called Bet On Yourself, right? And so folks went in. So yeah, maybe it was Sunday, I think, I couldn't remember. So a lot of you went in to get the book. And thank you for supporting Iyanna. She's wonderful. And I'm working on bringing her to this space for a special edition of The Blueprint. Maybe we do more of a lunchtime if I can get her, because she's on the West Coast. So I have to be thoughtful about the timing. But Ebony basically said on Sunday, she was like, Kim, she sent me a whisper immediately.

And she said, I want you to know that I finished the book. And I got all of these other things done, all of these things, like all of it. And she was like, I just wanted to make sure that I told you good talk. That's it. So I just mentioned the book last week and she has already finished it. And I said, well, how was it? I'm rereading it. She was like, it was great. I'm going to reread it again too. She was like, but I just want you to know that I did all the things, all the piles. I did all of it. That's all she said. But it's the point that she took the initiative to prioritize herself and her well -being. And that is something that we cannot put a price tag on. Think about the piece you have knowing that you can do it. Think about the piece that you have when you look at yourself and you say, I did all of that. She did hop, she could talk to me. It is fine. I love it when y 'all good talk me back because then I know that we're on the same space.

But she did. But just think about the whole journey of knowing I've got the resources that I have in front of me. I have a really trusted guide and community that I can confide in and open up to, right? And not only that, I see myself being successful. So then when you get to the other side of that success, no matter how big or how small, you know you can do it. So if you take that mindset and apply it to everything else, that is being the boss of your own blueprint. So cheers to you this morning, Ebony ETL, because you did that literally, okay? And you got yourself into a place where now you know you can't do it. You are your greatest catalyst, which is the thing that starts a reaction, or hurdle, which is the thing that gets in the way of your progress. So I just want to acknowledge Ebony ETL, because she is absolutely out here doing the thing, okay? Saying to Hobbs, who, right, if you're not following Hobbs, right, definitely give Ebony ETL a follow, for sure.

Definitely give Hobbs a follow. Good morning, R.L. Breezy, I see you as well coming in the door. Greetings to you. Happy Thursday. Happy Tuesday. I'm wanting it to be Thursday. I'm sorry, you guys. It's not Thursday yet. So Big Stove, welcome and

good to see you on the five stream watch streak. Thank you so much for being here. Y 'all last Thursday, Big Stove tried to sneak in and sneak out of the chat because he didn't want to get his edges snatched, but he ran in and would say stuff and would run out. I just want to make sure y 'all know that. So hopefully he's here to stay, but good to see you Big Stove. Indominable Spirit MG, good to see you. Indominable Spirit MG, you missed it where I was bragging on our coaching group and all of the good things that are happening for all of you all.

And because you're making so much progress, I could not be more proud of everything that you all are doing, okay? Every single one of you making massive amounts of progress. All good, Big Stove. I totally get the IRL work life, right? So I totally get that. And I know that everybody's making a lot of progress. Sorry, y 'all, my camera's a little blurry this morning. So when we think about all of the things that are taking place, just know that I see you all making progress, whether you're active in the chat, whether you're lurking, it doesn't matter. There you go. So, okay, Indominable Spirit, good morning, Auntie Diddy. Good to see you. Thank you so much for being here. Y 'all, I always know that Auntie Diddy is lurking, whether she says good morning or whether she doesn't.

She's always in here, okay? And she is a huge supporter. Support is a verb. And sometimes it does not require you to be active in the chat. You all know how I feel about our lurker population. So let me just acknowledge you all and say virtual salute to all of you, okay? And so Auntie Diddy is always in my chat lurking very calmly and quietly. And when I do get a chance to see her, she always tells me things that were meaningful to her or things that she appreciates about the stream. Thank you, Auntie Diddy, for always being here. Whether you acknowledge your presence or not, I know that you're there. So thank you for being here. Good morning to one, and good to see you. to see you and shout out to all the rest of the lurkers who are lurking, working and commuting.

You all know I want this space to be what it needs to be for you and I strive for that, okay? So let's get into these June gems, okay? Because they are super important, all right? They are super important. Oh, and if there are questions, I know I've breached the coaching piece, but if there are questions, please whisper me or DM me. I'm happy to answer questions. You can also reach out to the folks in the chat if they want to make themselves known. I think I've mentioned a few of them, right? But they are all in here and they are all killing it. Speaking of killing it and people who were in coaching, good morning, Amy Key, good to see you, welcome in. Another one who is just making leaps and bounds worth of progress in this space, Latisha P. Happy Tuesday, good to see you as well. Thank you for being here. Alright everybody Keep your eyes out for the bots because I'm modding myself.

I'm modless this morning So if you see them sneak in let me know so that I can go in and make sure I get them banned So that we don't get spammed. So here's what we're doing. Okay, we're talking about June Jim's and today. All right, we are looking at Not only the Kim Jim's but we're looking at a June Jim But then we're gonna look at two Kim Jim's as well and spend some time talking about those and then we will get back to The book on Thursday. So if you're wondering where the book talk is, don't worry. It's coming back on Thursday So we've been talking about these gyms and these gyms are really what are the things in this world and in this life that we Feel are gonna help us. And so I've been bringing tools and introducing things into our conversation so that when you leave You've got something immediately that you can reference until we opened up talking about This notion of erasing and this is just a really easy way for you to think about right where you are responsible Where there's accountability what things you need to be consulted on or who needs to be informed and this is a super easy tool I think everybody should have access to this because where or not you are Whether or not you are intentional about what you're doing or saying this allows you to be Really thoughtful.

Okay, and really open to the fact that you can Understand where you fit along your own journey, okay now I Want to spend a little bit of time. So first of all, let's let this one say good morning He just woke up ladies and gentlemen, so there he is Wonder woman Good morning So Okay See you all. Yeah, there they are. Okay, and just like that, he's off, ladies and gentlemen. So he may be back, but he's probably going to get some breakfast. He had a big day yesterday. So I want to introduce the first June gym, okay? So this one is a June gym, not a Kim gym because it's not one that I've said. This comes from a man named Stephen Covey. He's written a ton of books, right? Seven Habits of Highly Successful People among them. So if you don't know who Stephen Covey is, please get familiar, but he's got a lot of contact. He's got a lot of information out there for sure, okay? So I want to introduce this one, okay? This one is the first June gym. So write this one down. The key is not to prioritize what's on your schedule, but to schedule your priorities. Okay, let's say that again. The key is not to prioritize what's on your schedule, but to schedule, but to schedule your priorities.

Who in here? All right, I just want to let this one sink in, okay, because oftentimes we get it backwards. Okay, we prioritize what's on our schedule, even if it's not a priority to us. Let me say that again. We will prioritize what's on our schedule, even if it is not a priority to us. We will prioritize everything and not eat, not drink water, not go to the restroom, not get up and move around, not end our day on time. We will prioritize over time, over personal time. We will prioritize email time, right, over exercise time. We will prioritize so many things that are not necessarily a priority to us. And what Stephen Covey is saying is, what we need to do is schedule our priorities. Well, what does scheduling our priorities look like? I'm so glad that you asked, because when we take the time to schedule our priorities, it means that we put into our life and amplify the very things that are important to us.

Whether that is something as simple as a lunch, whether it's something as simple as doctor's appointments, right? Who in here has tried to squeeze a doctor's appointment in between meetings? Or you took a call on the way to the doctor's

appointment so you didn't have to cancel it, even though the doctor's appointment may have been about something where you needed to be all in, or you needed to be present, right? Or you needed to ensure that the things you were doing, you were going to have a good open mind space for, right? And then you've run into the doctor's office, right, fresh off of this meeting or fresh off of a conversation.

And then the grand scheme of things may or may not be in service to you, okay? That is because you were prioritizing yourself. schedule instead of scheduling your priorities. When you prioritize your schedule, everything else is more important than you. It is as simple as that. Everything is more important than you when you prioritize your schedule. Your schedule is going to be full of all types of things. Work -related, socially, community -related, all those things. If you, though, reverse it and schedule your priorities, the first step is, well, what are the things that I'm prioritizing? Who in here could make a list of the things that they prioritize? Put in the chat two things that you prioritize. What is that? Me? right? I prioritize walking the dog and I prioritize making sure that I eat. I had to get really clear about that because Griffin was suffering and I was hungry and I don't want to go to a meeting hungry, right? And McKee says it's almost a weekly thing for me. You've actually taken your laptop into several appointments. So let's talk about that. So now we are literally taking work where work does not belong.

Why would we do that? Because we want to stay connected to our schedule, but then we are prioritizing our schedule instead of, right? But instead of prioritizing everything else. Good morning, Shelly. Good to see you. Thank you so much, Shelly, for letting me know. Appreciate you, right? We will be intentional about prioritizing our schedule and our schedule has everything on it that may or may not be as important as our priorities. Listen, and your priorities are things like my family, my health, my education, my faith community, my exercise time, my time that I get to connect with other people during the day, whether that is, you know, a friend circle or a neighbor neighborly thing, right? I may prioritize my cleanliness, right? Or my organization, but we give all of that away so that we can prioritize our schedule. But what happened? What would happen if we put in our schedule exercise, right? Or personal time or what have you? Absolutely. Letitia P says that exercise and intermittent fasting are her priorities. Connecting with God is her priorities. There are lots of priorities. Listen, anybody who's in here who's ever started something new, a new business, a new venture, a new hobby or passion project, right?

You have to prioritize that and you have to schedule time to be able to make that happen. Because what happens when we do not schedule our priorities? They get put to the wayside and then we don't see progress. We don't see results. We do not see anything that is going to be worth us feeling like I made a wise investment, right? And why do we not see that? It's because we feel guilty about ensuring that we prioritize our schedule and not schedule our priorities. We're going to get back to that in just a minute, but I want to acknowledge the raid that's coming in. So good morning Reason. Thank

you so much for being here and for bringing the gospel takeover family to the blueprint. Good morning. Fam, come on in. Get yourselves comfortable. Find a seat on the pew next to Hobbs. I don't know if Keith is in here, but the couch is likely available for people. He might be lurking. He is another one that called me over the weekend and said, I just had a revelation, right?

Okay, so the couch is available. Welcome in, Raiders. Good to see you. If you are new, my name is Kim Blue. Welcome to the Blueprint. Happy Tuesday to you. We are talking today about June Gems and Kim Gems. I just unveiled the first June Gem, meaning this is not a Kim Gem original. Okay, and so I'm gonna put this up as we acknowledge everyone who's coming in and the first June Gem says the key is not to prioritize what's on your schedule, but to schedule your priorities. Okay, so important, so important. Good morning, Tab Gilbert. Welcome in. Good to see you. Happy Tuesday, y 'all. I promise you I'll want it to be Thursday and it's not. Okay, good morning, Cassandra. Well, good to see you. Happy Tuesday to you. Reason, thank you for the raid. How was your stream? I hope you're doing well this morning. Right, come on in. Gospel takeover family and make yourselves comfortable. Always space for you and you're always welcome in the Blueprint. Good to see you and thank you for giving up some of your stream reasons so that we could all hang out together because we love having you with us on Tuesdays.

Okay, here is our first June Gem. I want everybody to write this down, especially you raiders, come on in. Borrow a pin if you need to. Okay, CCLove702, she's gonna be able to get a pin for you and I will put the pin command in the chat. I think, there you go. All right, so here's our first one. Not to prioritize what's on your schedule. Schedule your priorities, period, okay. Everybody needs to schedule their priorities. If you spent time putting this in the calendar, well, it's good that you're here reason right if you need this okay this is very good that you are here right if you spent time scheduling your priorities how much better would you feel i asked a question before the raid i said what happens when we don't do it and a lot of you all put answers in the chat lewanda baskerville said we don't make any improvements latisha p said we suffer right we're disconnected from things um are a breeze you mentioned prioritizing as mental health when we don't schedule our priorities our mental health is the first thing that's impacted because it's the thing we're thinking about all of the time right we spend so much time thinking about what we should be doing and feeling guilty right and feeling like we are down in this space of i've got all these things to do and i have no time to do them you would have the time to do them if you scheduled your priorities it is as simple as that right we say we don't have enough time but do we manage our time effectively do we actually take the time to look at the calendar and go today these five things are an absolute yes And these three things are a no.

And it's okay that they are a no. It doesn't make me a bad person. It doesn't make me a disappointment. I'm not letting anybody down. I'm just clear on what it is that

I need to prioritize, okay? And so if we come in knowing that we need to schedule our priorities, then we can be intentional about knowing these five things are a yes. Because what do we know about yeses? Yeses are expensive. So spend them wisely on yourself. You can invest in your own yes. Does everybody hear me on that? Reason coming in with the Uber. Thank you so much, Reason, okay? You can absolutely prioritize your yes, even if it is for yourself. We give away these yeses to the world and the world does not respond back to us or reinforce our value. So put on your own oxygen mask, secure your yes for yourself, and prioritize the things that are important to you, right? Schedule your priorities. When you don't schedule them, you have no one to blame but yourself when things are not getting done, okay? When things are not moving in a certain direction and you've not taken the time to prioritize them, when you've not told somebody else no so that you can prioritize your yes, you are the culprit and you are the catalyst and you are the roadblock.

And that is a hard pill to swallow, but when you hold up the mirror and realize, how have I contributed to this very problem remember that question from two weeks ago? How am I contributing to the problem? Well, I'm saying yes to everything that has nothing to do with the things that I need to be doing. I'm not saying no, I'm giving away my time. I'm burning out all of my energy. I'm overextending myself, right? Good morning, Kayla, good to see you. Thank you so much for being here. Thank you for the ball spits. Hopefully you are safe or you are in transit. Good morning, MC2J, man, good to see you, welcome in. Happy Tuesday to you, how are you doing? Listen, MC2J, man, if you're ever on in the morning. Right, please let me know so I can come give some support to you You have been on my mind for the last few months. Right and I know you're busy because I know your schedule is Doing all the things right, but if I ever can catch you during the day, right? We're there and so you hear me say this right now in front of everybody, right? Because you always have good energy you always make it into everybody's stream to support So if you are ever on Randomly on a Tuesday in the morning or even on a Thursday and I can catch you around lunchtime Please just let me know in advance and we will come show some love.

Okay, seriously You were always everywhere. I see you in everybody's stream right and in your own stream, of course to stammon. So Safe travels to UK Michelle 22. Absolutely a no to you a no to you is a yes to me a no to Anybody other than yourself is a yes to everybody other than yourself and your yes is just as expensive Okay, it is worth everything. Do not make me put these yeses on sale to yourself please right you do not deserve a discount yes you deserve a full -fledged yes right full price why would you not give yourself the same level of input that you would give someone else so prioritize schedule your priorities ladies and gentlemen be intentional about blocking your calendar when someone says to you can you meet today at 2 o 'clock if that time at 2 o 'clock was what you have scheduled for your outdoor walk with your dog and on that walk you were going to catch up with the girlfriend or a friend or whatever let me give you an in real -life example of how to respond I do this regularly Kim can you talk today

at 2 o 'clock 2 o 'clock is the time where I need to walk Griffin or I may need to leave to go pick up a from school I don't have to justify what I'm doing at 2 o 'clock and that's also an issue but what I do say is this everybody listening I can't meet today at 2 but I have Wednesday at 11 a .m.

1 p .m. or 3 p .m. available do any of those work for you is it imperative that people know that at 2 o 'clock you are going on a walk for yourself it is not let me be the first person to tell you it is not what you can do though is immediately say while I'm not available today at 2 I am available at these times because when you give them options they can then align to those options and even in going back and forth on what those options are you still don't have to acknowledge that the times that you are not available for personal things if they say oh I can't make any of those times on work work on Wednesday what do you have on Thursday you can say okay on Thursday I'm available at noon 3 and 4 because if they say are you available at 1 I'm not available at 1 because at 1 o 'clock you're taking yourself to lunch at one o 'clock you got a doctor's appointment but when you tell them when you are available now you continue to prioritize your schedule in a way that keeps you in control without giving it away to the rest of the world and nobody has to know that you why you're not available just because you are doing something for you doesn't diminish the fact that you can't be available for them they just need to be available with you in a time that makes it convenient for both of you scribble neatly good to see you welcome in thank you for being here you say a yes to self is a great way to protect your emotional safety oh that's great prioritizing your mental health management is aligned with prioritizing physical priorities management 100 if you are comfortable because for whatever reason we feel like we can't say i'm going to exercise Why do we feel like we can't say that?

It is just as important as I'm going to the doctor. And quite frankly, I'd rather say I'm going to exercise because I'd rather pay for a gym membership or new gym shoes than medication any day of the week. Maybe that's just me. But once I've prioritized, once I schedule my priorities, now I'm in a position to know that my mental health is good, right? And that I am doing the things that I need to do for me. Okay. So keep in mind all of that. Let's get to these next two Kim gyms, right? So the first one is to schedule your priorities and use that language in whatever version works for you that I just suggested on ways to feel like you don't have to justify your no, but you can still offer options to meet the needs of others because we certainly don't want to disappoint anyone. Right? Absolutely. Listen, Shelly Thunder says she tried that 1pm is set as a block on your calendar, your work around, take the rest of the day after the meet. Shelly, just don't give it up. Just tell everybody every day at 1pm I have a non -negotiable hour for to prioritize the things that I need to make sure I can get due.

And so it just becomes a block, not available. I have blocks like that in my calendar. When the school year is in, and when Avery is actively in soccer, I have a block every day on my calendar from or on certain days from two o 'clock to three o

'clock, because that's the hour that I go to pick him up. And then I block out the hour that I'm driving to soccer practice with him. You know why? Because on those days, I want to make sure that on the car ride with Avery, that's the time that I catch up with him. We listen to podcasts on the way. I get to hear about his day. We sing songs. We laugh, but that ride there and ride back, that's something of my quiet time with him until we get back from practice. And then it's a scramble because it's dinner, shower, homework, and bed.

And so I don't get a lot of time with him. And then when we get in from school, it's usually unpacking the backpack, snack, homework, figuring all of that out. And then we maybe have a tiny bit of time before he has to get dressed for soccer. And because we live so far away, it takes, all right, it's a 30 minute drive, but most days it takes us about 45 or 50 minutes because Atlanta traffic is real. So I have to use my time wisely. So those are non -negotiable blocks in my calendar. I don't know if Jen White is in here, but she will tell you. Jen will tell you. And then the school year, all of that is blocked out. I don't, I do not take calls during that time. Right? Scribble neatly.

I see you. Shelly Thunder, I get you on that, right? Balancing all of those things. And so how do you do? all of that and sometimes you do have to navigate around that so I get you right that team meeting and that's where the trade -offs come in right good morning mr nate good to see you welcome in mr nate I will see you next week again and I just tell you how great is that uh mr nate um I got to meet him when I was in New York a couple weeks ago for the NYC takeover which was a lovely time by the way so good morning Jen welcome and Jen I was just talking about the blocks in my calendar and how to prioritize um schedule your priorities over prioritizing your schedule and I was telling people how I have blocks in there for uh when I go pick up a from school when I'm driving to soccer practice all of those things and they are really staunch blocks right Jen was the one who was like you need to have a no meeting Monday once a month so I do sometimes I give some some meeting spaces away right um but otherwise I try to hold that space really really intentionally right I schedule my priorities right mommy is a priority so I schedule them 100 I know a big stove nine days nine days I got my flight I got my hotel I pay my registration I will be there on Thursday and Friday and then leaving early on sat leaving midday Saturday I think after time sold by this one I'm leaving so I'll get all my time in with everybody all right the next Kim Jim so we just did the June Jim okay absolutely Jen everybody see that in the chat what Jen just said you should definitely add that to the list of gems right what you focus on grows period if you are not putting energy effort life and nurturing it it will not at all you will not see any results okay The next Kim Jim, please do not allow life to get in the way of your living. Oops, sorry you guys, I was typing fast this morning. Happy Tuesday, KB Browns. This should say you're, not you. Don't allow life to get in the way of your living, right?

Let's talk about the difference between life and living. Life are all of the things that have to go on, right? Our life is comprised of different social circles, spaces, communities, all of those things that take place. Our life is made up of family, of people,

of commitments, right, the ones that we choose, and sometimes the ones that find us either way. But our life is made up of all of those things. The call is 06, good to see you, welcome in. Happy Tuesday to you, all right. Our living is the way that we do life. And sometimes we forego our living because life is a lot, right? What are we saying out here, right? Your life is life -ing, okay? Your life is out here. People are out here saying life is life -ing right now. And it is, right? It is. Thank you guys for the good talk in there. You're right. My intention was to put your living. But you're right, the call is a six.

And reason both are appropriate for the context that we are in, right? So don't allow life to get in the way of you living. And what we mean by that is, again, all of these things that make up our life, but our living is the way and the how we do it, right? Are you living to work? Are you only living to take care of people, right? Are we living to do these things? Or are we living to enjoy life? Are we living to be able to say this thing is gonna be fun to me? This is gonna be a little bit of downtime. I'm living because I enjoy laughter and I'm gonna make sure that that's a part of my day. That's a part of the people that I surround myself with. What are you living for? How are you answering that question? Don't allow life, right? The meetings and the commitments and the routine. And while all of that is present and required and necessary, do not allow that to overshadow your living.

Are you going on vacation? Are you trying something new? Do you have a hobby? Are you creating new friends? Vengeful Turkey, good to see you. Welcome in. all right? All of those things, right? Are you spending time doing something amazing, right? Let me tell you that yesterday, my life and Jen Wyatt can tell you this. Yesterday, I was on a steady administer, right, I was kicking butt administratively yesterday. I was making appointments to get... you know things and documents updated and changed around I was following up with things I was getting documents signed and just changing over a whole bunch of things and in the middle of all of that Avery came in and said mom I need a mixing bowl do you have a mixing bowl and Vengeful Turkey thank you so much for the raid appreciate you welcome on in come on in Raiders welcome to the blueprint happy to see all of you my name is Kim Blue if I have not met you before this is the space where we come on Tuesdays and Thursdays to talk about all things personal and professional development so come on in and get comfortable find a blueprint boss buddy and scooch over on to the pew or pull up on the couch or slide your chair up to the boardroom table because we are talking about June Jim's and Kim Jim's right so the things of the world that are going to help us and some of my own original things that I live by that I want to make sure that are just Jim's and we can continue to go back to you Right.

So thank you so much for the raid vengeful turkey appreciate you and welcome in and welcome Raiders to everybody who came in with you. All right. So yesterday, I was telling you that I had all these things going on right I was making appointments. I was, you know, setting stuff up I was getting documents taken care of I had meetings

and conversations I was updating everybody I was rolling and then every came in and said, Mom, do we have a mixing bowl. And I thought he was going to take it outside to go like mix up some goop or some slime or whatever boys do in the summertime. And it turns out that he decided that he was going to support his friends. One of his friends in the neighborhood is raising money to buy a new bicycle. And so Avery decided that he was going to help until the boys three boys made cookies to sell in the neighborhood. Yesterday.

Okay, but one mom was going away. And another mom had a guest and so my house and kitchen became the scene of all the activity and so in the middle of my day yesterday and I mean I was rolling through stuff. And Avery pulled up the recipe and the boys were like well I got eggs from my house and I already brought the lemonade and I already brought this and I was like alright well then so I got out a mixing bowl and we made sugar cookies in the middle of the day. Avery pulled up the recipe on his iPad and the boys were like, can I help with the mixing. Can I put the eggs in. Can I add the baking powder in the flour. Can I add all of these things. Oh yeah, we were raising money for my friend's bike. Don't say it, nope. His bike is so bad. It's very, it's got some squeaky. Every time he goes up the hill it's like eat or eat. So Avery. We made eleven dollars. They made eleven dollars yesterday. And we figured out that's a lot of money. And only like one hour. And an hour, okay. So he helped his friend. Kid bosses are the best, right? And so he ended up, they ended up raising money. So then my house became the senior of the crime yesterday.

And so I was able to get up from my desk and mix up all the sugar cookies. And so I will post a picture of it, right? But they were out there and they made themselves a poster and they had a table and they had all types of materials that they needed and they ended up selling cookies. But because I had scheduled myself in a certain way, what I was doing, right? The life was happening all around me, but the living was making cookies with my 10 -year -old on summer break, impromptu, and not squashing out on his dreams and having the boys figure out how they were going to be able to do that, right? And some more cookies. Yes, so mom's gonna make some more cookies after the stream because we had some batter left over, right? They were pretty good sugar cookies actually. So the boys ate all of them, the boys ate all of them and then they sold them. Avery said yesterday, mom, one man gave us \$2. And he drove off without the cookie. He was like, we tried running after him, but he was too fast. He just drove off without the cookie. I told him, I said, that's a donation buddy.

So he just wanted to support and help. But that's what I mean when I tell you that was living. I don't know when I'm gonna get another opportunity to make cookies in the middle of the day on a Monday with my son and two of his friends. And they were so happy and they were in and out all day yesterday and they were playing and they ran off to go do things. But for me, that was living and I had worked and I still got everything done that I needed to get done and set myself up for success today.

But that's living, ladies and gentlemen. And I want you to think about how are you living? Okay, baby. But how are you living, right? How are you taking the time out to say, yes. Yes for me was an amazing yes, right? So I had three little boys in my house yesterday who were so happy, right? And they had snacks and they were all over the floor making their posters and it was fine, right? They were safe. They were using their brains in the right way. They were managing money. They were operating strategically and getting all of the things done. But for me, that was living, right? Okay, La Wanda Rascual, thank you so much. Taste by Tash, welcome and good to see you. Thank you so much for being here. Happy, happy Tuesday to you. Good morning, Music Level 21. Happy to see you as well. So when we think about it, right? Everybody gives, everybody, there's so many amazing folks in here. Taste by Tash is in here, one reason, okay? Thank you, both of those folks to follow. Big Stowe, R .L. Breeze. lock and key media, right? All of these folks, Ebony, ATL, give all of them a follow, all of the mods, the London Baskerville, Hobbs, everybody.

So many amazing folks in here, okay? C Love 702, everybody. So don't allow life to get in the way of you living or your living. Because when we allow all of the components of life to take over, the way that we live is diminished, okay? So be open to allowing those moments for you to live and not let life bog you down. Because life can bog you down. Bills are real, schedules are real, commitments are real. The things that we have planned for going awry and the things that we understand that we don't have control over, right? All of that is real, that's life. Life happens in real time. So don't let life. get in the way of you living or you're living. Dr. Donna Dundas, good to see you as always. Thank you so much for being here and for the boss bits. I hope you are doing well, okay? So when we think about the ability to just live, does that mean we can be flexible? Can we be agile and say, you know what, I have time to do this. I have time because I have gotten all of these things together and I'm gonna be intentional about everything that I need to do.

Miss P. Smitty, good morning, welcome in. Happy Tuesday to you, good to see you. Thank you so much for being here. I hope everybody is doing well. Sorry, you guys, for those of you who came in this morning, I am not modless, but I am not, I have one mod who is in transit, right? So I am technically modless on all of the commands and things like that. So I will make sure that I get all of this out to everybody. Right now, our spokes are coming in and making sure that I'm showing some love. Good morning, site giver, good to see you. Thank you so much for being here. So all of these things are taking place when we think about life and living. What can you say yes to? What's gonna bring you joy in this moment, right? When you look at your work and you look at your life, can you pause the life in order to be able to address work? But can you also say to the work or the things that need to be done? Right now, I need to focus on my living. And can I do that, okay? So let's get to our next Kim Jim, which is this, okay? Are you working or doing the work? Because those are not the same thing. And we're gonna talk about what it means to labor, okay?

Are you working or doing the work? Because there is a difference. How many of you know or understand? and the difference between working and doing the work. Because this one is really real. And this one is, there's a lot to be said for the difference between labor and work, okay? And oftentimes we interchange, juxtapose, feel that they are the same thing. They are not, okay? They are, it's okay, Keith, you're not, listen, Keith, you and I spoke over the weekend, so you're not too late, but I will recap these June Jims and Kim Jims for you, Keith, okay? So welcome in, good to see you. Thank you for being here, and happy Tuesday. Keith, alongside Ebony A .T .O., reached out to me over the weekend and was like, I just had a revelation. He sent me the bat signal, and we had a whole conversation about it, okay? Are you working or doing the work? There is a difference. Let's talk about labor. right? So when we think about this whole notion of working, working is the energy, the effort towards all in the towards all of the things. Listen, Vader, I could not agree more with that statement. You are absolutely a labor of love. LMD to you and good morning, Vader. I hope you are doing well. Happy Tuesday. Good to see you. Okay. Hobbs, it was a whole revelation weekend.

Okay. Listen, I had lots of conversations over the weekend. Sometimes y 'all might think I only have to during the week. I don't. I talk to people on the weekends, depending on what they have going on. Sort of depends what their schedule is and what my schedule is. But it was a very much a revelatory weekend for sure. So listen, when we think about this whole notion of working versus doing the work, there's labor, right? And when we talk about the word labor, I want to acknowledge when we describe something as like laborious, it is really this whole, it's like this heaviness or the weightiness of doing the work. It does not feel comfortable, right? The working itself feels cumbersome. It feels as if we are, you know, trudging through things or activities that we may not necessarily enjoy, right? That's the working. Sometimes the working is, I don't like any of this.

These are nest, these, this is a means to an end. It is a necessary evil. All of those things that are taking place, right? And so when we think about this whole notion of, are you working? Are you laboring, right? Are you laboring in a way that does not allow you to put into what it is that you're looking to do all of your assets, all of the value that you have. You may put energy, you may put muscle, you may put mindset, you may put expertise in there even. But that's also working versus doing the work. Doing the work is an intentional redirection and focus on not only what you need to do, but what you're getting out of what you're doing. What am I learning? How am I changing? What is different? How am I growing? Am I becoming better? And this is really particularly important for those of you who are in the workplace. When you have a job, right, then doing the work means you can get the feedback from your performance evaluation and understand that nobody is attacking you.

Nobody is talking about you personally, but they are giving you the tools to be able to do the work. So can you look at that feedback? Can you receive, you know,

information from someone who tells you that you're not showing up in the best possible way and say, you know what? You're right I have an opportunity in front of me and if I can understand how I'm not showing up if I can understand the ways that I am not being my best self now I can do the work to change that to elevate that to evolve what that is I don't have to stay stuck in this place when you choose to do the work the feedback the negative comments all of those things are diminished because you receive all of it as good and positive and opportunistic right can I be grateful for growth while at the same time being open to the feedback that I'm receiving right you want to be in a position where everything that you receive turns into you doing the work not you laboring this is really important because think about your relationships ladies and gentlemen think about your professional relationships are there people that you work with that you're just like oh my gosh I just love working with them they make everything so easy they make the environment really comfortable I don't have to worry about everything they communicate well right when you work with them you are doing the work do you understand you are doing the work it is not labor versus the people that you know you do not care to work alongside they talk a lot they don't respond okay or they only respond to be heard because they want to be you know the brightest star in the sky okay all of those things are there they are the ones that you know have to be the person that everybody comes to or they don't respond they're always late they always have an excuse and so working with them is labor because you're doing your job their job and the job of somebody else laboring to get a response laboring to to get them to show up for you, right? Laboring to get them to acknowledge anything, right? And this could also be important in our personal relationships. And I promise I'm not stepping on anybody's toes or calling anybody out intentionally, but think about your personal relationships.

They can be familiar, they can be familial, they can be romantic, they can be friendship, right? Or Plutonic relationships. But we labor in all of these things, getting people to understand the space that we're in, to reciprocate the things, the very things that we think should be normal or should be a part of the way that we show love or show support or show up for people, right? Who in here has people who are available to them who are not the people that they are partnered with? Sometimes that is the case, right? I have people who showed up for me or who show up for me that are outside of, you know, romantic relationships that I've been in. That's okay. Those folks are just as much our people as our partners are, okay? Absolutely, K .B. Brown said they wanna be the chief and they don't wanna go to battle, but you wanna send a whole fleet of soldiers in there to go do that. And it happens like that sometimes. We see it in leadership styles. I actually am having a conversation today. I think it's today, either today or tomorrow. I attend with one of my professors from grad school because I wanna make sure that I'm understanding some of the leadership styles that I'm encountering because I wanna be able to do that, right?

Tash says she has that, right? They're her people. Sometimes the people outside of your immediate relationships, again, whether they are relatives, whether they are

romantic, whether they are plutonic, sometimes that's your community. And those are the ones that you are most intentional about doing the work with. And sometimes those are also the very people that you labor with. And that labor can feel really, really heavy. And so you have to stop and ask yourself, are you working or are you doing the work? When you do the work so that you don't have to labor, it helps you understand that these are the things and these are the times and opportunities where you can then take on all of the responsibilities, all of the challenges, all of the requirements so that as you are doing the work, it feels less like labor and more like this is a space that I wanna be in.

I'm getting as much out of it as I'm putting into it, right? When you are doing the work, the return on the investment is high. When you are laboring or working, the return on investment feels like it is low or non -existent. And you wanna be on the side of doing the work if at all possible, always, okay? Because laboring drains you. Laboring takes your energy away. Laboring is a, zaps your emotional runway and capacity, and it leaves you not feeling like you have much to give or contribute at the end of the day, especially if there are people or spaces where you actually want to go and do the work. If you spent all your time laboring, what do you have to give to your other passion projects, to the other spaces that you're in, right? So think about this whole notion of are you working, parenthetically laboring, right?

Or are you doing the work? The choice is yours every day. You can do the work to not labor. You can also work and not do the work at all. You're right, Vader. It does take your body away, for sure. Because as you get into a space where you are working or laboring, right? There is a serious impact on your physical capability, whether that's, physical presence, whether that's the energy that you have to present or avail to others, whether it is the actual appearance that you are able to do or deliver or contribute. All of that goes into your ability to understand doing the work versus laboring, right? I was just having this conversation with Nakesha Hicks and we were talking about doing the work. DJ Diz, welcome in, good to see you. Happy Tuesday to you, I hope you're doing well. I was talking to Nakesha Hicks about this and we were talking about what it means to labor and how you graduate out of those laborious situations, right, because sometimes the labor comes with all of the things, transitioning jobs, right, can be laborious.

When you are intentional about, you know, creating the steps that you need to transition out, that is more doing the work because now you are, right, what we call controlling the narrative and you can control the narrative positively or negatively. Sometimes we control the narrative to cover up because we've not done the work. Sometimes we control the narrative because all we're doing is working and laboring. It's a choice, choose wisely, because each one of these are connected. Now, one thing that I wanna tie back to before we get ready to get out of here, this question around are you working or laboring, right, can also be directly related to are you prioritizing your schedule or are you scheduling your priorities, right?

There is something to be said for knowing that we are laboring because we are not scheduling our priorities. We are laboring because we are prioritizing our schedule and by default, scheduling everything else ahead of us, therefore diminishing our own importance, therefore sowing into the seeds that we don't matter, therefore lowering the return on the investment in us. Because who is gonna invest in you as highly as you are? Black Girl Gamer, thank you so much for being here and welcome in. Good to see you, happy Tuesday. Welcome in, Guzzle, good to see you. Thank you so much for the re -up for the last 16 months. Happy June Jim's, Kim Jim's Day to both of you. Thank you for being here. I appreciate you, Black Girl Gamer. Good to see you. I sent somebody your way, not too long ago, Black Girl Gamer. I don't know if they've made it into your stream yet, but hopefully they do, okay?

So listen, folks, when we think about this whole notion of are we doing the work or are we working? Because they're not the same. Understand that that ties back to... this first one from Stephen Covey, which I want to share, which is, are we scheduling our priorities? Because sometimes we're not. More often than not, we are not. More often than not, we are living by our schedule. And our priorities fit nowhere into this, when it should absolutely be the complete opposite. Get comfortable saying to people, I'm not able to meet at three o 'clock, but I can meet on Tuesday at one o 'clock, four thirty, or six pm. All the rest of those times are whatever you need them to be. Because when you schedule your priorities, excuse me, when you schedule your priorities, you don't allow, you do not allow life to get in the way of you living or you're living and you understand that you are doing the work and you're not necessarily working. All of those, ladies and gentlemen, absolutely equate to you being the boss of your own blueprint. And that is why we are here. Full stop, right? We are here for you to be the boss of your own blueprint.

Period. When we don't take the time to believe that we matter as much as we make other things matter, we diminish our value. And what is one of the tenets of the blueprint? I say it at the beginning of every stream. We are here to add value to whatever work we own or are responsible for. Period. We're not here to do anything else other than operate at our highest potential and make sure that we show up as our most authentic selves. But we can't do that when we're not pouring into the very cup that we offer to others, okay? So don't offer your cup to others if you're not willing to do the work of washing it out and making sure that it's prepared because it's your cup first not everyone else's, all right? And that, ladies and gentlemen, is your blueprint for today. So we've got our June gems and our Kim gems, okay? Guzzle says he believes in putting himself first. I like it, Guzzle, and I am here for that, okay?

So just to quickly recap, the June gem for today was by Stephen Covey. The key is not to prioritize what's on your schedule, but to schedule your priorities. The first Kim gem for the day is don't allow life to get in the way of you living or your living, because it happens very easily. And the key question that you're gonna ask yourself and that you

wanna reflect on is, are you working or laboring, or are you doing the work? Okay, so good talking moats in the chat for sure, because this is always these reflective conversations where we start to understand where we fit on the spectrum of priority, but also where we stay it on the on ensuring that we prioritize ourselves are really important. And it's a nice reset to look at where have I been spending my time? Where have I been giving my energy? And do they deserve it?

Or do I need to be redirecting it somewhere else? Right. So thank you all for being here. Thank you all for choosing to invest in yourselves. Thank you for being intentional about knowing who you are, but being intentional about saying, yes, I sure will reason no problem. I will go back and show all of them just for you. So this first one is the June gem. This one is by Stephen Covey. Okay. The key is not to prioritize what's on your schedule, but to schedule your priorities. Right. And that's so important. The scheduling of your priorities means that you matter. And you should never let anyone tell you that you don't matter because you do. Okay, you matter. So this is the June gem.

And Stephen Covey is an author. He's written a ton of books, right? Seven Habits of How He's Successful People Among Many, but that's probably the one that everybody knows. Okay. The Kim gems were don't allow life to get in the way of you living or your living. Thank you. and then finally are you working which is labor okay or doing the work the doing the work is where you want to be right if you're going to be putting energy into it make sure that it's work towards a return on investment that you can benefit from Basman 515 good morning good to see you thank you you so much for being here. Okay. All right, folks, we are going to get out of here. Thank you for being here. Thank you for being intentional about prioritizing yourself about doing the work you show up at the blueprint. Ladies and gentlemen, you're doing the work every day period.

I want you to leave knowing that you should schedule your priorities, right? And I'm challenging you to schedule one priority today, for sure, right? What is that priority that you're going to schedule? I don't care if it's lunch, a bathroom break, a five -minute opportunity to sit outside, whatever that looks like, right? Let's schedule your priorities and be open to living life, not just letting life take over your living. All right. So we are going to get out of here. My pleasure, Tawana. Okay. We are going to go see, we are going to go see juvenile because it's been a while. And he just started soul train. And so we are gonna go over there and see him. Let's see, did I get it correctly? Yes, absolutely. So I want everybody to copy the raid message and then we are going to spend some time working our way through our exit mantra because you know, oops, hold on one second folks, you all know how I feel about making sure we get out of here thoughtfully.

All right, so copy the raid message for sure. Now listen, what I believe is that when I say take the, you know, take the good energy and light from this, whatever you had in this stream that was meaningful to you. Not only do I want you to apply it, meaning I want you to go do it and make it a part of your routine, but I also want to make

sure that you can share it with somebody else, right? You don't have to even say, Kim Blue said, you can just say, hey, something I learned today was this, or this is the thing that I'm putting into practice. That's always super important. And then let that be the light that guides you. And also the light that helps you see things around you so that you can be intentional about what that looks like. Okay, so I want you to take all of the good energy and light that you need to guide you.

Let that fuel your ability to take care of yourselves, okay? And we will speak again on Thursday morning at 11 a .m. I will see all of you there. And I will see you all on the other side when we go see DJ Gemini. If you've got a few minutes to stay for the raid, let's please do so, copy that raid message. We are on our way over there right now.