

## The Blueprint Boundaries and Barriers Part 2

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Good morning, everyone. Happy Tuesday. Thank you so much for being here. I am so happy to be back in this seat and to have time with you. If you are new to Twitch, if you are new to the Blueprint, if it's been a while since you've been here, let me introduce myself.

My name is Kim Blue. I am an HR strategist and a career coach. Welcome to the Blueprint. This is the space where we come on Tuesday and Thursday mornings to really chop it up about all things personal and professional development. I believe that everybody should be the boss of their own Blueprint, and that means having access to the knowledge, skills, capabilities, and resources so we can do three things every day. We can operate at our highest potential.

We can add value to whatever work we own or are responsible for, and most importantly, we can show up as... our authentic self. Because when we do that, we can be great in our gifts. We don't have to dim our light or shrink back. We can be ready to show up for the world and then also receive everything that the world has to give us. So that's why we're here. We do the work from a place of love. We are intentional about our support community.

We hold each other very accountable in this space and out of this space, quite frankly, because that's what it means to be the boss of your blueprint. So with that, let's do a little housekeeping and then let's be intentional about getting started because it has been a week since I have seen you all.

Last week I had some travels. Thank you all for being patient while I was on the move. It ended up yielding a lot of positivity, right? Every time I come back for some travels, I always have great connection with people. I get the opportunity to kind of be still myself and get refreshed and be ready to show back up into this space and give you all the things that I learned. So my time away was very beneficial. So with that, just some housekeeping in terms of what's happening. So the blueprint will operate like normal this week, end next week, and then the last week of August, the week of the 25th, there will be no blueprint on that Tuesday, the 26th, I believe. I need to confirm that.

I will be traveling again to Florida to speak at a conference. I am actually gonna be posting about it today on Instagram and on LinkedIn for those of you who are connected me there. So this week will be normal. Next week will be normal. And then the following week is when there will just be one blueprint on that Thursday, okay? So I'll

make sure that I remind folks and then I tell folks and I'll put it in. I know Keith got on me the other day. He was like, you stay on the plane. And right now that's the season that I'm in. I'm very much traveling a lot and putting myself out there in ways that aren't scary and exciting and it's working because I'm being seen in ways that I could not even imagine which I will tell all of you about.

So I'll make sure that I do that if you're following me on Instagram or if you're not it's exclamation point socials and that's where you can get to everything, where to follow me and where to find out all the stuff that I'm doing. So that's where you'll know and then I always put in there no blueprint stream tomorrow or I put it in my note and then I make sure that I remind everybody so that you're not looking for me in the mornings on Tuesdays and Thursdays when I'm not traveling. So this week is normal next week is normal and then I think Sundays the 25th, Mondays the 26th I believe it's Tuesday the 27th. Tuesday the 27th yes because I need to fly to Florida because I speak on Wednesday the 28th and then so Thursday the 29th I will be back in this seat like normal so there is the schedule okay.

So two weeks of blueprint and then one week where it's not and then we'll roll into Labor Day and then after that September should actually yield only I think one day where I'm not going as of now one day where I'm not going to be streaming the rest of September should be a steady month of streams we should get close to all eight of them I think we'll get seven streams in September so a reminder about that exclamation point coaching for anybody who's interested in the coaching group, the new cohort is open I am accepting clients for that want to really get this one off the ground, because if you are following me on LinkedIn you know. And on socials you know that things with the blueprint are starting to pick up I had a friend call me yesterday and he said I'm seeing everything that you are doing and I see how you're putting yourself out there and it's working.

So I want to make sure that I can keep priority to the twitch spaces that I'm holding. Before all the blueprint cable consulting things are picking up so I want to make sure that that is happening so if you're interested, please be sure to excuse me guys, please be sure to reach out to me or figure out how you can go ahead and drop your information in the chat there's the link right there. For anyone who is interested, if you want to understand the costs \$50 a month, and it's about \$600 a year so a really worthy investment for anybody who's interested, and I would love to start up a second cohort. Okay. With that let's say good morning to everybody who's in here and then we will get off today is barriers and boundaries part two I have a video that I want to show you I want to read off some things to you that are really going to help shape this narrative around barriers and boundaries we left a great conversation last week, and I want to pick up where we left off and keep going forward from there so good morning, Latin key media. Thank you for being here who is my mod boss my solo mod right now who was holding it down. Thank you to everybody who was modding for me. He was not actually

a mod in the blueprint and by actually a mod, I mean, he does not hold an official sword in here.

I don't necessarily know that you all need one. You all just step in and do what needs to be done for this stream. And I and Kayla both appreciate you for that because he is he is busy sometimes in the mornings and so the extra support is appreciated. So thank you for being here. Good morning. Bashi KD who came in first. Good morning. One reason who's not really here, but here I see you behind the scenes. Good afternoon, Bohoiki Kai. Happy Tuesday to you. I hope you're doing well. Good to see you as always. Auntie Dee, thank you so much for being here and for the re -up 13 months of subscribing to the blueprint. Appreciate you always. Tawana, good morning. Good to see you. Luanda Baskerville, good morning and good to see you. Thank you for being here. Ms. Hartman, happy Tuesday. You've been on my mind, Ms. Hartman, and I haven't reached out to you because every time I go to do it, I think it's not the right time, but now you're in my stream and so that tells me that it's time. So be on the lookout for an impromptu reach out from me because it's past time for me to check in. Good morning, Keith. Good to see you all. Keith sent me a text message earlier this morning and said, are we blueprinting today?

Because he wanted to make sure what's happening. And I told him yes. And I think it was like seven o'clock this morning. It was very, very early, well before, like I was still mamaing. Okay, for sure. So good to see you, thank you for being here. And the travels is going to settle down, don't worry, for a little bit at least. Good morning, Ebony A .T .L., Dr. Dady Priest and Platinum Crew. Welcome in. Good to see all of you. Good morning, Hobbs. Happy Tuesday to you. Did I get everybody who is here? Ms. Hartman, thank you so much for the re -up. Happy 10 months to you for being here. I think I got everybody. Listen, shout out to everybody who is working, lurking, and commuting. You all know how I feel about those of you who are lurking. This is a great place to lurk. If you want to listen and not actively be involved, that is totally okay.

Take what you need from this space. And I am really appreciative of you being here. Seriously, good morning. I knew there was somebody. It's good to see you. You're here while you write some stuff and stuff. All good, right? Write whatever you need and keep listening. And I am just happy to have you in this space with us. All right. If you have not said anything and you want me to acknowledge you, please shout out before we write out and I will make sure that I show you some love in this space. So thank you for all participating. All right. Let's jump into boundaries and barriers part two. We talked about this last Tuesday and what I really wanted to dig in on was this whole notion. So I pulled a LinkedIn article.

You all know me. I'm big on pulling the science behind the positions that I'm bringing here. some research, right? And so the article that I read talked about truly what boundaries are, but also how to look at them in a different way. And so the perception that I wanted to bring to this space was sometimes when we think about boundaries and

we think about barriers, we often don't realize that we are the people who are creating the very barriers that we need to get across, but we are masking them as boundaries or talking about them as boundaries.

Ebony A .T .O., thank you for the three -stream watch streak. Good to have you in this space. I know Ebb comes in and out as you can because Ebb is a superstar, right? So sometimes she's streaming while this is happening and so she sneaks in when she can, but I appreciate you, Ebony, right? And so when we think about boundaries, right, I gave you all a really vivid, clear, right, analogy. So think about this line in the sand. Okay. If you're on a beach, you find your favorite piece of driftwood and you draw a line in the sand. That line in the sand is your boundary. Okay. But sometimes we then proclaim a boundary. Hey, this is what's going on. Here is how we need to make this work. Okay. And this is what I'm not going to do, what I'm going to do more of. And I'm going to make sure that I hold myself accountable. And then we immediately speak out loud all the reasons why we cannot do the very thing we said we want to do. So then we take this, this boulder and we put it in front of that line in the sand.

And now we create more work for us to get across that boundary. And the question that I asked you was why, why do we create more work? Why did we set a boundary and then put a barrier in front of it? And that was where we stood out. We talked about fear. We talked about maybe feeling like we were not prepared. We talked through, you know, once you get on the other side of that, absolutely having to do the work of getting there and then staying there, right? What we call maintenance on the other side of this boundary. Sometimes the boundaries aren't even ours. Sometimes the barrier isn't even ours. We draw the line in the sand. And then what happens is that someone else puts a barrier there.

And then we do the work to try to get around someone else's barrier. Or we recognize that we have drawn this boundary and that we now have to stick to it. And we start to get nervous and we start to get hesitant and we don't trust ourselves. Or we downplay our presence. Or we don't take the time to work through what it is that we're thinking or feeling. The why behind saying, I want to do this, but I can't because. But then we get emotional with ourselves because we're like, but I really want to do this. The desire to do it doesn't go away. What stays with us is this whole mindset of, I know I should be there. I do deserve to be there. I've actually started the work to get there. But then in starting the work, our confidence breaks down and our minds starts to shift or we hear reasons or we see things go on and then we absorb that as our truth instead of pushing it out of the way and saying no I got this I'm supposed to be here I deserve all these things okay and to illustrate this point as we go into boundaries and barriers part two because I'm going to read some things to you about other things that get in the place because remember this whole boundaries and barriers conversation was born out of creating space and that was the other part of this whole visual that I gave you which is so we keep drawing these lines in the sand and we keep putting boulders in front of our

lines in the sand and so then we fill up all of our space with all of our boundaries and the barriers in particular the ones that we put in place or we create space for other people to dump off their boulders or barriers so that now we're navigating our stuff plus someone else's stuff that's the real thing we're going to get to that in a minute when we start to recognize that the boundaries Thank you.

That we are trying to cross are absolutely blocked by the barriers of others. Who has, right, we have enough trouble navigating our own self-inflicted barriers. Now we're gonna add and create space for other people to drop off their things there. And it really just begins to be this whole Amazon of barriers where we're now trying to figure out how we got ourselves encased in this really small space, okay, and all of the things that we are trying to figure out when I was just gonna go this way, but now I've got all these things in front of me. How did I get here? How did this happen? Okay, so I wanna give you an example. So I recently did a podcast, or was a guest on a podcast, it's called HR Sound Off. And the host of that podcast is a woman named Julie Turney. She is amazing. Julie is based out of Barbados, so she does international HR, okay? So she does HR for Barbados, Trinidad and Tobago, Jamaica, like all these amazing places across the Caribbean, but places where HR is sorely needed as companies start to establish presence there.

And Julie is super knowledgeable and her business is called HR From the Heart. I'm probably messing that up anyway. Julie is magnificent. And I've been a fan of her work for a few years now. I started following her on LinkedIn and I've just been watching her brand and getting familiar with how she represents not only herself, but the industry. And because Julie comes from international, when she comes to America, right? She's here for a few months, but she primarily keeps her footprint outside and she's got very big global ties to other places as well. So I've been following Julie's work because she's got big presence. I got to meet her at a conference earlier this year. She hugged me and the first thing she said was, you have to be a guest on the podcast. I accepted, we had a great conversation. I posted a link to part of it yesterday on Instagram. It's on LinkedIn and then I'll drop the link for the full podcast for anybody who wants to see it the episode it is out there and available for sure so in the podcast Julie asks me who are women that I admire.

Good morning big stove. Good to see you Thank you so much for being here She asks me who I admire and I named two women one is dr. Misha and Martin. She is this giant in HR analytics She works with this company called work human and they just do amazing things and I really respect the approach that they have to helping people Lead from the right place. You all know I'm big on leadership And no matter what space that you're in person or professional And so she does a lot of the analytics component to that and helping people understand the story behind what it is that we're doing And I just adore her and dr. Misha and Martin I've had a chance to spend some time getting to follow her work and she just presents herself very authentically and she just she's Her

approach and the way that she connects the dots for people makes it really easily digestible because analytics Right the data can be hard to interpret so Good morning double spirit.

I think you're going to sit next to Hobbs on the pew who I believe everybody is there Good morning. See love 702 all good on the alert. Thank you all for everybody who is here and lurking I know so many of you are modding for other folks right now. I know it's soul train day I believe DJ D man is on right now So thank you for those who are double dipping and here and there Or who are getting comfortable at the pew on the couch? Right sneaking up to the board table with your coffee, whatever that looks like. So, thank you And so julie post the episode yesterday and the other person that I name is minda hearts now minda is an author. She is a leadership um She's not a leadership coach But she does a lot in this space of leadership for black women and she talks about all types of things And so i've been following minda easily since 2018 maybe 2017 when her first book the memo came out And she just it was a really good practical guide for understanding black women in the workplace Our lived experiences first forays into being seen and she talks openly about her experiences And so I good morning your diverse.

Good to see you. Happy tuesday. Good morning 713. Happy tuesday. Good to see you So julie puts the post up. She tags minda and dr. Misha and martin in this post minda hearts comments on The post yesterday Okay And she just says excellent Listen, thank you for this shout out So I immediately lose it because this is minda hearts and I like hold her in very high regard I write her back because I don't want to be rude. I was like minda. Thank you so much You know, you are such a powerful, you know force and i've learned a lot from you. She writes me back and asked me Overnight last night. She's like kim blue. Thank you.

Thank you for seeing me and Like for the thing that y'all need to know about me is that when I get really excited I get really nervous my armpits get really itchy and sweaty I think I said this to you guys like maybe when I first started streaming right and normally I'm cool but like on the inside I'm losing all of it like I am losing it because this is Mendo heart you go find her on YouTube or LinkedIn she hosts her own show I just love her very no -nonsense practical you know approach to the way that she does so she holds people accountable okay and she does it in a way that's like so what you're not gonna do is this but what there is gonna be space for is all these things and so if you're about this life here is in fact the way that we're gonna do this and everybody's welcome here but don't come in here with any of that other mess because this is this is how I hold court in my space and I just respect her a lot for that and so she comment she acknowledged it and then she added me and she comments she like tagged me in this post and so I screenshot it because I was like this may be the only time because this is Mendo hearts right I just think a lot of her And so it's just this whole surreal moment around me not getting in my way, but figuring out how to capitalize on building

awareness and exposure. Not because I need to wave my flag to Minda, but this is an opportunity for me to now say, I can't get in my own way, and I can't be in a position to block my barrier.

Because now what I can't do is just shrink back, right? Now there is no shrinking back. The episode is out there. Minda has seen it. Other people have seen Minda see it. And so now my follows and my visibility on LinkedIn is up. And I immediately was like, oh my gosh, I need to calm down. But I can't, because I'm going to speak at this conference in two weeks, and so now I have to post this morning that I'm going to speak at the conference. So the barrier to my success would be me not doing anything or continuing to shine. The barrier would be me turning out my light. Because what happens if I turn out this lamp? Now I'm blocking my visibility. And what did I say last week? If you want people to know who you are, you have to be visible and available, OK? So the only way people are going to know that I'm visible is if they can see me. And then when I open my mouth and tell them where I'm going to be, then I have to be able to be available to whatever that is, OK?

So I can't back down. There is no skulking back, because what if Minda Hearts or somebody else comes to look for the next place that Kim Blue is going to be? Or where Kim Blue is speaking, right? I can't create my own barrier. I can put boundaries up around the things that I need to do as far as my work, as far as how I'm using my time. But I can't put a barrier in front of the opportunity that I have, which is to now say, if you want to be able to come kick it with Kim Blue, I'm going to be in Florida at the end of the month. I'm going to be in Nashville in September. Come find me so that I can meet you, so that you can hear about me, so that you can learn about my platform, so that you can understand why being the boss of your own blueprint is the best thing that you can do. Why inviting me to be your coach, why having me come speak at your event, why inviting me in to facilitate some leadership with your organization is going to yield 10 times over. That's why. Because if I stop now, then what?

If I shrink back, then what? I might as well be planting seeds for the barriers. I don't want to plant a forest where the trees are so tall that no one can see me. Does everybody understand that? I do not want to be blocked in by my own barriers. Good morning, Amy Key, good to see you. Thank you so much for being here. Good morning, Music Level 21, happy Tuesday. Thank you for being here. Virtual salute to everybody who was lurking behind the scenes. And you're right, you're diverse, right? I need to be visible and available as who I want to be, 100%. Because if nobody can see me, how will they know that I'm here? Right? I can post all day. But if I'm not present behind what I post, it's just words. People want to see me. They want to understand me. So that means that I have to be intentional about being clear when I have a boundary up and breaking down the barrier that gets there. But I also have to be OK not putting a barrier in front of my blessing.

And it's hard to not get caught up in all of the feelings. Because now, if I think about it, I put this post up. I just told you that Julie Turney is an international HR. She's very well known. She's an international HR leader. She's got a podcast. She travels and speaks to conferences. And now she's elevating me on her platform. There is nothing more scary to me right now than that. But there's no greater opportunity right now for me. Good morning, DJ Neeti, and good to see you. Happy Tuesday. Thank you for being here. So when you think about this whole notion of boundaries and barriers, I want to be clear about you embracing opportunities and defining them as your boundaries. Embrace your opportunities and use those as your boundaries. If I have an opportunity to be present somewhere, then I have to put a boundary around that that says, I am going to be present. And the boundary that I'm putting is, and I'm going to make myself available for whatever that is calling me to be successful, however I need to show up, whatever that looks like.

Because I can't leave that to chance. The boundary has to be the opportunity. Otherwise, I create the barrier against that opportunity and I block it. And I don't want to get in my own way. Because guess what? Getting in your own way is the greatest thing that you can do to amplify your barriers and make them bigger than what they are, or make them stick around longer than they need to. The question that I want you to ask yourself Are you putting up barriers to keep yourself safe or are you putting up barriers to keep other things from getting to you? We are out here putting our energy our mindsets our Expertise it's all out there and it's for the world to see and have access to But when we block ourselves in when we shrink down when we think small and we don't play to the next level Are we keeping other things out other things like blessings other things like yeses other things like exposure?

Other things like bigger stages brighter lights more opportunity Are we keeping that out because we don't want to be seen in that light are we keeping it out because we don't want People to say to us. Oh, they've changed They're different Right. We don't want people to accuse us of whatever it is that they accuse us of and so we stay where we are To try to satisfy the barriers of others, but here's the thing folks you cannot be Trying to pull other people out of their forest of barriers and let that keep you stuck Behind someone else's light behind someone else's tree behind someone else's stuff. I see you 713 Okay, absolutely. You're diverse if you allow other people To say oh you're different. You're brand new. You don't know me like that anymore, right? You're too good for us, right? You too.

Thank you. Lawanda. Okay, you're too You know, you think you're better than us, whatever it is, but it's what that's what I call the comments of elevation Right. I'm gonna talk about you Really? I'm gonna sprinkle my hate all around you because I actually want to be where you are and I may be jealous I may be feeling kind some kind of way I may be feeling you know about myself But I'm gonna project that out to you because you know what I wasn't able to do that. I wasn't brave enough I wasn't strong enough. I let



somebody else talk me out of that I let somebody else's dream keep me stuck so that my dream couldn't elevate and because my dream can't elevate I'm not gonna let anybody else's dream elevate. I've got to say that out loud And so I've got to ground you because I'm grounded Don't let anybody ground you because they are grounded Those barriers can stay on the ground. It doesn't mean that you can't rise above them.

Good morning. Mr. Nate. Good to see you Happy Tuesday, right? You have got to be okay knowing that other people's stuff Especially if you're gonna let it creep in don't let somebody else's weeds grow in your garden She'll wear it to see low 702. I know she's money, but she said it right we talked about She had a great phrase a couple of weeks ago In my stream and she says I don't know she's listening, but it's something like personal gardening Or something along those lines. Okay. Okay, I see you His personal gardening I Can't remember anyway, it was a great phrase around this whole notion of Taking care of yourself and making sure that whatever it is that you need to do to maintain your personal garden. So don't let somebody else's weeds grow in your garden. You need to, you need to stay pruned always. I see Dr. Diddy, she says that's the leadership theory of playing in the mediocrity 100 percent and we're not going to do that.

Dr. Donna Dundas, good to see you. Welcome in Happy Tuesday. Thank you so much for being here. Absolutely Gilda Roth, good morning to you. Right? Do not let someone failing drag you down 100 percent because when we start to let the failures of others, the mindset of others, when we start to let the intentions of others, right? All of those things are there. You can let somebody else's weeds infiltrate your very nicely pruned garden because here's the thing, ladies and gentlemen, you are out there doing the work. And so because you're out there doing the work, there is something to be said for people seeing you do the work, watching you step in, right? And here's the thing, gardening is not easy, ladies and gentlemen, you have to work at it every day if you want to bear fruit. But guess what? When the fruit you do bear comes out ripe and shiny, it's all those other people who didn't take time to bear, to prune their garden, right?

And then they realize that the barriers that they have created are now the weeds that are taking root in their garden. Good morning to everybody who is coming in on the raid. We're gonna pause right there so we can acknowledge our family from the gospel takeover. So good morning, one reason. Thank you for being here. If you're not following the reason, please do so. Happy Tuesday to everybody who came in on the raid. It is excellent to see you SFC salute and welcome in. Blueprint bosses, go ahead and scoot over on the couch, make room on the pew, get a blanket from Dr. Dady, okay? Or pull yourselves right up to the boardroom table and make sure that you are hugging our fellow SFC family. Good morning, Reason. Good morning, Shelly Thunder. Good to see you. Good morning, Crazy Berry Town. Happy Tuesday, DJ Ms. Classy. Welcome in. Thank you so much for being here. Ms. VIP1, good morning, good to see you.

Thank you to everybody who came in on the raid. Happy Tuesday to you. Good morning, LV. Good to see you. I knew you were here behind the scenes. The recap is absolutely coming. So for anybody who is in here for the first time, let me introduce myself. My name is Kim Blue. I am an HR strategist and a career coach. Sorry, you guys. Every time LV says recap, he puts it in all letters and it makes me smile and chuckle because he never, ever lets me off the hook for a recap, a raid recap. It always is in the chat. So good morning, Latisha P. Good to see you. Happy Tuesday, Ms. VIP1 said I took an Uber. I'm glad you made it over here, Ms. VIP1. Happy to have you. Jazzy Mimi, welcome in, DJ Sunil B. Good morning. Good to see you. Thank you all for being here. Thanks for everybody who came over on the raid. Appreciate you. So I'm Kim Blue. I'm an HR strategist and a career coach. The blueprint is the space where we come and talk about all things personal and professional development.

And today we are talking about boundaries. and barriers. This is part two. I picked it up from conversations that we started last Tuesday and we are talking about how to identify putting a boundary in place and is it truly a boundary or are you creating a barrier and you were masking it as a boundary? Getting in our own way and figuring out how to get out of our own way but then also recognizing sometimes in our journey we allow other people's barriers, other people's boundaries that they are also trying to mask to come in and block us from moving forward in making progress and seeing success, whatever it is that that looks like. Okay and so last week we talked about boundaries and are they really boundaries or are they barriers and are we putting our own barriers in front of these clear goals that we have and what stops us from getting across those lines in the sand to seeing success to getting to the outcomes that we want.

And today, what we're talking about is how to acknowledge barriers and making sure that we don't let other people's barriers creep in and how we now get to a place where we can create the space. And we're going to talk about change in just a moment, because so many folks in here may not be connecting the dots, that sometimes the way to break through your barriers and to navigate barriers is to initiate change, but change is not the thing that we like. Okay. Oh, Jazzy Mimi says, I'm the worst at setting boundaries. Okay. Reason you're in here because Kaylock is in a meeting. And so he locked the doors, right remotely now that everybody's in, so don't try to sneak out of here.

LaWanda Baskerville has got her eyes on you. I just want you to know that. So don't try to sneak out one reason, because one reason will immediately come in and be like, I didn't come here for this. And he will exit stage left and he will announce it happily in the chat that he's getting out of here. Okay. So Jazzy Mimi, if you're the worst at setting boundaries, then we, then you are in the right place. All right. 713 security is wild over here. It is 713. Absolutely right. Okay. Listen, Chanel B, go ahead and tell him, tell him he's in here. He's not going anywhere. Okay. Everybody's in. We are all in now.

Boundaries and barriers. I want to make sure that we recognize that sometimes we let the barriers of others stop us. And just before the raid came in, I was talking about how sometimes we let other people's roots take place in our very nicely pruned garden.

We do the work. We get intentional about setting things up. We are intentional about saying, I've got everything that I need. And then other people see our work and then we allow those narratives to come in. And sometimes we shrink back from doing great because we hear people say, oh, you're brand new. You're too big. You're big time. Right. You don't have any time. For us little people you forgot all about where you came from all of these different things right but we allow the words of others especially those who may have made an attempt to have their own success and then they were brought down by the narratives of others or someone else blocked their blessings and so instead of them finding their way around it or having the strength to say that's not me that's you they stayed where they were they stayed where someone else put them they were comfortable right in that rocking chair on the railroad with their newspaper okay all of that and so because you have to sit with the fact that you allowed someone else's narrative someone else's fears someone else's hesitations someone else's lack of courage someone else's opportunity that was missed to now define your opportunity that then takes root in your garden and I'm here to tell you part of being the boss of your own blueprint is knowing that that's not what is taking place here.

We are not about to let someone's toxic roots take up space in the work that we have done to maintain these nice gardens, right? You can plant your garden next to anybody who's healthy, who's thriving, who's also out there doing the work. What does doing the work look like? It looks like showing up to the blueprint. It looks like speaking up when you're scared. It looks like saying no to someone who is trying to keep you from moving forward, especially because we know misery loves company. And so if people think that they can keep you stuck, because here's the thing, if you leave them, then where are they? Where is their source? Who are they drawing their energy from? Right? Where are they now saying, well, who's going to help me? Where do I come in? Where are all these things, right? So you have to understand that not every source needs to be connected to you. You don't have to be the resource for everyone, right? Absolutely, Gooderoth.

It leaves them behind. And here's the thing, if they've been left behind before, that is a wound that they will pick at. But the minute they get that somebody who they think will nurse this wound with them or nurse this wound for them, they'll keep you there. How long are you going to stay there nursing somebody else's wounds when you have already received your discharge papers from the hospital? Listen to me, folks. I'm telling you, okay? Absolutely. When security locks you inside this room, 713, you are in. We're in. We're in and it's only 839. I have until 915. So get comfortable. I have at least 35 more minutes. We're in here. Okay. And there's no one to let and there's no one to let you out because Kayla says he's in a meeting.

So we're all in here together. So everybody get comfortable. Dr. Daddy, please put the link to your influencers in the chat so that if people need a blanket, they can get a blanket or somebody put the couch exclamation point in the uh in the chat okay you may need it i think keith is still in here keith might not even be listed he's probably i'm gonna get it from him i'm sure when this is all said and done right yes you're diverse there is cake in the lounge okay cake coffee all types of treats but once we're in we're in until 9 15 okay so i want to make sure that i platinum crew i want to make sure that i encourage you all to pay attention to who you are letting prune you who you are allowing access to people will present as the thank you dr dating priests people will present as a prune as a gardener okay and they will plant their seeds that grow up as big barriers in your space and you cannot let that happen all right what do you need to do in order to make sure that these boundaries remain boundaries and that you're not navigating a sea of barriers.

You have to embrace change, okay? You have to embrace, reason, I will add scones to the future shopping list for the place, okay? You have to pay attention to who you let prune you and you have to embrace change. Why do you have to embrace change? Because sometimes the people who audition to be gardener in your life, they're not qualified. Why would you let somebody come into your space who is not qualified to support you, to encourage you, to lift you up, to say, I don't know when they don't know instead of offering you things that are gonna, you know, create mess and chaos and confusion. We do not have time for chaos and confusion. We have things to do. You have goals to achieve. You have successes to experience. You have trails to blaze. You have steps to ascend. Whatever this is, those are the things that you need to do and you cannot be allowing people who don't have good intentions for your success to support you because you're never gonna be able to build trust.

You're never gonna be able to present yourselves in a way that shows, I got this. How will you be able to have faith in the process and still continue to put one foot in front of the other if you don't allow people to pave the path for you successfully? You don't wanna step on shaky bricks. So be open to knowing that not everybody is supposed to be a part of whatever your journey is. Not everybody's gonna lift you up. Everybody's gonna give you an idea because they wanna see you soar. Some people will give you an idea to sink your ship. Period. And the things that they will say are coming from that unhealed, unhealthy, unsettled, ungroomed, unpruned place. Okay? And if you want all of that to find its way into your space of peace, into your peace port into your palace of serenity, into the place and spaces where you are putting in good work, then allow it in, but watch it crumble at the same time. Okay? It absolutely will crumble at the same time.

I see you guys in the chat, right? I see you. I'm telling you, Gilderoth, Gilderoth says, but he was cute. I'm telling you, there is something to be said for when you start to realize that the things that people have to offer you either will give you what you need and will start to take root and bear fruit because when things take root and bear fruit, that

fruit comes out shiny and healthy, okay? Absolutely, Gilderoth, right? Never hit your wagon to people better than you or stop at 100%, 100% or you stop learning and those are barriers. Anything that's not gonna, you know, advance you forward, right? All of those things are so important. right? If you want to learn an instrument, play with good musicians. Listen, that's it. All of those things, you have to put yourself in a position to do things.

So let's talk about change, okay? I'm going to give you guys a couple of examples. Some of them are real life examples, because I always use real life examples so that you know that I'm not just telling you stuff that I read in a book, okay? I'm telling you things that I'm doing and things that I experienced through coaching, all right? Through guidance, things that I learned and things that I am part on other people. Now, yesterday I read something in preparation for the stream today. I read something and it said, and I want everybody to listen to this really clearly because we in our brains have this mindset, okay? It's two things that I want to share with you actually, right? We have this concept of change in our minds about how it's supposed to be and what it's supposed to feel like and all of the stuff that needs to happen.

But here's the thing about change. There's an African proverb and I'm sure many of you have heard it. It says if you want to go, I'm probably going to mess it up. If you want to go fast, go alone, right? And then there's another part of it that says if you want to, you know, go something, go together, right? But it's all about who you go and how you move forward, okay? Here's the part. You really need to be nervous about 713 because the other thing that's really sticking with me that I want to tell you all, okay? Yes, thank you. You're diverse. If you want to go far, go together. Thank you for the second part. The piece that I want to tag on to that is this, and I read this yesterday and I was like, that's it. That's the thing that I want to make sure, right? Thank you. One reason, one reason, just put it in the chat. If you want to go fast, go alone. But if you want to go far or faster, go together, right? So you need to always have the right people around you. That is what connects to who you plant your garden next to. Who's going to look out for your... who's gonna be able to pull the roots out than when they see things in there because not everybody wants your garden to grow.

The thing that I read yesterday said this, change, just change, right? Even if you have to do it slowly because direction always outweighs speed, okay? Let me say that again, just change, right? Embrace the change, go for the change even if you have to do it slowly because direction always outweighs speed. We think we have to change and then we want everything to happen right now. And here's the thing, Shug, it's not on your time. You don't control the pace at which your fruit grows. You don't plant a seed on Tuesday and then it bears fruit on Wednesday. Does everybody understand that? You have to sit there and wait for that thing to break through the soil, okay? That's right, Gilda Roth, you absolutely cannot stop change, it's going to happen. So choose to change.

as a means of breaking down the barriers when you start to see the toxicity, when you start to see all of the negatives, when you start to see anything that is not going to be worthy of you bearing real fruit, then you have to make a change.

If you're not giving your garden enough water, then you need to add more water to it. If it needs nutrients, if you need to be out earlier, doing whatever it is, but whatever the work is, if it's getting a coach, if it is signing up for mentoring, if it is saying no to something, if it is changing jobs, if it is, I work from home and I need to go outside so people know that I'm visible and available for whatever it is that they need, do that. Be okay putting yourselves in positions to be seen and to be accessible because the minute you keep yourself behind the scenes, the change then becomes more difficult for you to embrace. And then when it comes time for the change to happen, you want it to happen fast, but the goal is not for it to happen fast.

The goal is for you to change the direction. Direction over speed, ladies and gentlemen, you could go somewhere fast, but then if you get there and nothing is available to you, or if you get there and the environment doesn't look right, or you look around and go, well, this isn't what I thought it was going to be, guess what you have to do? You have to change direction again. Maybe this time you'll go a little slower. The goal is to go in the direction that you need to go. Okay. Not to worry about how fast you're going to get there. Right. I was just having some exchange with someone about this last night, literally. And they were saying, right, I'm ready for now that they've done this thing. Right. So I remember last week I told you, well, I said, I was coaching somebody and they came to me with an idea and through the conversation, I presented a suggestion and said, have you thought about this?

And they said, I haven't, but really behind the scenes later on, they said, you know, I was like, I don't need to do that. That's not something that necessarily I feel I need to do. But then they came back to me and said, but maybe that's the very thing that I need to be doing is the stuff that I'm not, because the stuff that I'm not doing may actually propel me in another direction. And so they did it. And then they sent me the end result, and it was glorious, and it got a lot of visibility and a lot of engagement and acknowledgement, and it was a very humbling experience. And I just wrote back and said, listen, super proud of you for trusting this part of the process.

And thank you for trusting me to plant some seeds with you because it's only gonna take off from here, right? And part of that conversation was also right now, we just wanna sort of see this increase. And I was like, all you have to do is stay in your lane and do the thing that you are great at. You don't get to control everything else. That's all on God's time, right? The rest of that is on God's time. It will happen when it's supposed to happen. But the piece that I didn't say last night is, perhaps you may need a little more pruning. Before those things pick up and those are sometimes the things that we don't know. Okay sometimes we are not aware that we need more pruning before the blessings come before the Acceleration before the elevation before the lift before the

expansion comes Sometimes we need more pruning because we got to get out of those barriers.

We got to get people to get off of us We got to get out of our own way No one is gonna take you somewhere if you're not ready because when you are ready When you aren't ready, it shows okay So while you may want the change to happen quickly The directional change gives you the time to take your necessary steps Because you may need more pruning and when you are appropriately pruned then the blessings come then you can't stop the overflow Then it's gonna all Just come rushing in like water But you may have to stay here for a little more pruning and that's the part that we don't like no one wants to be like Okay, I still gotta wait I did this thing Right and now I gotta wait I did all the stuff I'm supposed to do. When is it gonna be my turn? It's actually your turn right now. You're in it You just have to recognize that you may still need time to get better faster stronger more intentional To learn a lesson to grow through a lesson You may need to stay here to acquire some things that are gonna set you up for the next level right But we get so caught up in the in the speed of things Would you rather get somewhere and be ill -prepared or know that you have taken your time?

But you're gonna bust the doors wide open when you come in this thing, whatever it is, right? DJ Fuego NYC. Good morning. Good to see you. Thank you so much for being here, right? All of these are things that we have to consider when it comes to boundaries and barriers Okay, so when you are setting your boundaries, do you know you can set positive boundaries? You can set a positive boundary that says, okay, I changed the direction I've started this now the boundary that I said is I need to stay here for at least another month. Month and a half, because I just want to see and take my time. I don't want to rush through because if I rush, I invite in frustration, frustration that I can likely prevent or mitigate if I'm not trying to get somewhere so quickly. Not only that, the minute you try to run out of the door and get ahead of what is for you, boom, you create a barrier.

You create a blocker. It will stop you. The universe will not allow you to go any further than you are supposed to go if you don't have what you need. So get comfortable, ladies and gentlemen, get a blanket, find the couch, make yourself comfortable, whatever it is, because until you have everything that you need, you will not leave that place that you're in. I was at ESPN for 13 years. 12 years and nine months to be exact, right? And I spent five years in health and wellness and the rest of that time was in HR. And I remember feeling ready and thinking, what is my next step going to be? And I applied for jobs, right? My dad passed away in 2017 and I decided, okay, this is the time now that I'm going to apply for jobs. And I kind of got myself together. He passed away in September and I spent October, November and December really digging in, Avery was so small then, right?

And I spent a ton of time just loving on Avery and spending time with my ex partner and just kind of catching up with them because I had a lot of life that was

happening and I needed to be away. So I just was digging back into them. And then in January, I decided that I was going to start searching for jobs again. And I got rejected from every single job for six months, seven months actually, I decided that, or six months. I started looking in December and I stopped in June, right? I got rejected, I had so many interviews, I had so many conversations, I applied to so many jobs and I got turned down from every single one of them. Good morning, music specimens, good to see you. Every job told me, you're amazing. No, we like you. No, we think that you would be a great asset but we went with a candidate who was already internal. Every single thing, right? So then I had to put a boundary in place that said, I'm gonna stop applying for jobs for a few months and I'm gonna just really focus on what it is that I need to be doing because I'm clearly missing something.

Everybody's telling me I'm great but I'm not getting out of here. I'm not making any progress. So maybe I just need to sit still. So my boundary was, I am going to sit still. Do you know how hard of a boundary it is to say you're not gonna do anything? That is the most difficult boundary to sit still. If you think it is a game, try to sit still when all you wanna do is go do the thing that you know you're meant to do or do the thing that you're destined to do. So I had to change direction and stick to this boundary which is I'm not going to apply to a single job and the first three weeks I thought I was going to go crazy. I was uncomfortable. I thought I need to be doing more. I was in such a rhythm of applying and anticipating hearing back and scheduling my calendar so that I could you know early in the morning take calls or you know use my lunch break to take calls or make sure that I block the end of my day all of those things right.

Sitting still is the hardest thing that you can do. Try it and let me know how it works for you. Let me know how you feel. Let me know what's going on in your mind. Let me know what experience you experience in your body. I want you to sit still when you know you want to be doing something else. Dr. Dady Priest I see you. Dr. Dady says it's been your story the past few years when you realize that that's when you need to step back 100 percent. Good morning Portia Live good to see you. Happy Tuesday. Good morning or good afternoon. See you more. Happy Tuesday to you. Keith says nope. There he is coming out of right sitting still is the most key says I'm not going to sit still but sometimes you need to. Here's the thing the hardest thing you can do is sit still when you feel or believe you need to be making moves. But it's the in the stillness that we start to be able to get higher awareness, we start to hear the things we can't hear because the noise of us making moves over shadows, the information that we will get and take in in the stillness.

So what did I do, I sat still, and it was so difficult the entire month of June, I applied for a job at Electrolux Electrolux makes appliances and does all of these things and if you don't know their North America headquarters is in Charlotte because that's where I was living at the time. All right. Electrolux said, nah, we don't want you. You're great, but we're going to go with an internal candidate. And that was the last job that I



applied to. And after that I was like I'm just going to sit still. There is nothing else that I can do at all. And stuff got really quiet. And all I did was drive to work, and I was listening. I loved my time at ESP and I was just ready to soar. Okay, I was ready to know if I can do more. And in the stillness, Microsoft reached out. And I remember Microsoft reaching out and me being like, Oh, well, it's Microsoft once in a lifetime opportunity I did some research they had a they had presence in Charlotte and I thought well maybe this is great.

I don't have to leave because my intent was never to leave here I go right in my put here I go putting my own back back barrier in place not boundary my own barrier in place. I don't want to leave Charlotte, even if Microsoft has an opera, you know, I want to try to get on to the Charlotte but the role was in Seattle. And so when they called me to said, Are you just interested in having a conversation. And one of the things my dad said to me before he passed away was you got to open yourself up to opportunities you don't ever want to miss what you do perceived to be your once -in -a -lifetime opportunity right now. You may get a lot of once -in -a -lifetime opportunities, but you only have one once -in -a -lifetime opportunity right now. Microsoft was my once -in -a -lifetime opportunity in 2018 when they came to find me.

I was not looking for them, right? I was not searching for them. They came and found me. And once I opened myself up and I started the conversations, I remember being like, okay, all I can do is go through the process, but they're probably not going to pick me. Well, guess what happened? They picked me and then they relocated me. And then from 2018 until this very moment, my life has moved so quickly because I changed directions and I stopped putting barriers in place. The barriers I was putting in place was repetition. I was doing what I knew to do instead of doing something different, which was changing and sitting still. I see you, Keith, and you are right. There's a lot of that that is happening.

And a lot of that is also out of their control. There's two separate sides to that. I should actually bring on one of my friends who was a recruiter to talk about that because I'm sure so many of you are in that space. And so Nate is a friend of mine who used to work for Lyft and Electrolux and he now owns his own business. And so I should bring him on and have him guest panel in this. So know your diverse, I'm in Atlanta. I lived in Seattle for about 19 months or for about 14 months actually until right before the pandemic, right after the pandemic started. I loved it out there actually. When I lived there again, if I had to, right? When I go visit, absolutely. It was a great, so. You're diverse. Oh, you're so funny. Thank you, Mr. Nate for the subscription. I appreciate you. But what I wanna tell you is I changed direction and I stopped putting my own barriers in way.

Every single time I applied for a job, I created a barrier, okay? Every single time I did not sit still, I created a barrier. I was getting in my own way by applying for jobs. And every single time I got in my own way, I blocked Microsoft getting closer. But guess what

happened when I changed directions? In 2018, I moved to Seattle and I worked for Microsoft, right? And then in 2020, Microsoft moved me from Seattle to Atlanta during the pandemic. And I was there 19 months before Zoom came knocking on my door and said, hey, we've got an opportunity. It's a brand new role. No one's ever done it. You would be the first to do it. And so then I jumped ship. So I was at Microsoft for 19 months. I was at Zoom for 12 months. And then I took a chief human resources officer role that I was there for 10 months, which really served as an incubator for my consultancy, which I'm now in.

And now I've been managing my own business for two years. So when I tell you changing direction is right, I promise you, but I had to be okay knowing that the time that I spent at ESPN, cause let's go all the way back to that. Remember, I couldn't leave ESPN until I had acquired every single bit of knowledge I would need. so that I could breeze through my time at Microsoft Zoom Open Exchange and now be the CEO and owner of KBlue Consulting. But I had to stay there. The reason that I was getting turned down for those jobs is because I was not ready to leave. I had not learned enough. I had not acquired enough. I needed to stay rooted where I was. Because I needed more nutrients. I needed more time. I needed more growth. And I needed to leave some things there. I needed to know beyond the shadow of a doubt. Because once those conversations with Microsoft started, I was rolling.

Right. And I was talking about things that I had done at ESPN and new things that I was learning in graduate school. All of those things. Right. All of that played into my success. But I was not going to leave my ESPN one day before I was supposed to. Because I needed to take everything with me. Because here's the other thing, ladies and gentlemen, that I want to talk about changing directions. I see you, Luanda Baskerville. Here's the thing. Right. When you change directions, there's a high likelihood that you're not going back to where you came from. You're changing directions. Every once in a while, we may find ourselves back in a place if there is something that we now need to go back and plant or get again. But once you change directions, that's the direction that you're going in. If you make a left turn and you're supposed to go right, you don't go right to go left again. You go right because that's the direction that you're supposed to go in.

I've worked at every single one of these companies. I've not been back. I've not been back to ESPN. I've not been back to Microsoft. I've not been back to Zoom. I have those that really still in K -Blue Consulting. My name is now out there. My business is now out there. I'm now perpetuating who I am through this, all because I changed directions in 2018. I stopped being the gardener of my own barriers, right? And I got out of my own way. The minute I changed directions and I had to let that time just pass, I had to be okay knowing that, all right, I'm not getting these jobs. But the minute I changed directions and I started getting out of my own way, everything moved fast.

So from 2018 to 2022, when I got laid off, right? It was four years. Four years was the entire time of the pandemic, right? Or 20, right? Everything else has been just

me by myself. I see you, Hobbs, right? And so Hobbs, I hear you. Thank you, you're diverse, right? I hear you as far as this struggle. But here's the thing, you have to surrender sometimes in order to see the success. And what is the thing that is getting in your way about changing direction, about doing something different, about letting go of everything you think you should be doing to do the things that you're not doing to bring new things into place, right? EbonyATL says, the fact that you're still in your current position and you haven't went plumb off people is huge growth, okay? Good morning, Psalmist. Good to see you. Here's the thing, Eb. Is it, are you supposed to stay in that position?

Or is it time? What are we holding on to? Are you comfortable? Are we ready? More often than not, we're ready. More often than not, you are more ready than you know. It's when you change directions that you realize how ready you are. I wanna go back to the story that I'm telling you, right? So I have somebody that I'm coaching right now. They're doing some things in their business. And part of what I'm coaching them on is like, nah, getting feedback, right? We're gonna talk about that. If you'd quit, so if you would have quit a year ago, where could you be now? Coaching question for you. If you would quit one year ago, where would you be now? Hob said, I'll meet you in triage after the stream. K -Lock might be back by then to set up a support group. That's my question to you, Ebony A .T .L. That's my coaching question to you. If you had quit a year ago, where would you be now? Good morning, Ms. P. Smitty, good to see you. Welcome, and you are always on time. Always good to have your energy here. Thank you so much for being here. And shout out to everybody else who was lurking behind the scenes, okay?

When you think about where you could be versus where you are, okay? I want you to really consider the barriers that you create. It's a hard pill to swallow, but I promise you, once you start to settle into the fact that you can evolve, you don't have to remain. Sometimes you can remain, right? But here's the thing, if you're supposed to remain, those barriers will be there, or those boundaries will be there. When it's time for you to evolve, all those things will be broken down. Okay, and then that's fair. You would be in a place that you didn't want to be. Sometimes those places are where we need to be because we have to grow through what that is, right? And that's only a question you can answer for yourself.

But you have to think about, you know, what would that growth offer me? Would I be better off being there in the discomfort? And what would I have let go? What would I have given up graciously in order to get there right? And you have to just weigh it. You know you best. 100%, Dr. Dady Preece says, when you don't include yourself in the change equation, you will not move forward in a healthy manner. And time is going to pass no matter what. That's right, what Dr. Dady said. LaWanda Baskerville says, breaking out of the comfort zone is a struggle. However, it's a great barrier breaker when you can get out 100%. Listen, comfort is a killer sometimes.

Comfort can be the greatest killer, the greatest barrier. I'm comfortable, so I don't need to move. I don't want to move, right? So in the coaching conversation that I'm having, right, I'm helping this person with some things in their business like advanced. And so I'd be giving them this suggestion. And one of the questions that I said to them is, as I started to get this feedback, and I said, how does it feel to receive this feedback? And they said, you know, it's very humbling because you just never know how people see you, how people are experiencing you. And at the same time that they were, and they said, you know, I didn't realize that's the impact I was having. And in the same moment I typed in, embrace the impact that you're having. Confirmation right there.

Being able to move forward and opening yourselves up. Because when you break down those barriers, when you create space, you can widen your boundaries when you break down your barriers. Does everybody get that? Your boundaries can be wide and then you've got more space to move around, more space to create, more space to design, more space to grow and stretch out and realize, oh, there is more for me here. I can do more. This is available to me. I didn't know if this would work, but look at it now working. I can do these things. I don't have to do these things. This is a yes, this is a no. I do feel good about this. I can be confident. I don't have to worry. I do have what it takes. I am her, I am him, whatever it is, right? In the words of L .V., mekka lekka ha, mekka hani ho, whatever those words, right? Whatever it is that you say to yourself, but it's that, right? It is that, okay? And so think about it that way. When you break down your, right? When you break down your barriers, you can hide in your boundaries. And we need space. We need space to grow, to stretch, right?

We need time to recognize that the space is available to us, okay? All of those things, right? Shout out to L .V. for the mekka lekka ha, mekka hani ho. That's his phrase. I take no credit for that, but he says that, right? So whatever that, that's the phrase for whatever you need to say to yourself. Say it, believe it, and embrace it. And be intentional about recognizing, I am creating my own boundaries. I want to break down my barriers. And sometimes in order to do that, I need to change direction. And I need to be worried only about the directional change, not how fast I get there. If we prioritize speed over progress, it will create chaos.

And you deserve to experience the good things that are gonna come along this journey. Sometimes that's why the speed is slow, because you need. to be present to be like oh that was a win or man that was a great moment or that felt really good or i didn't even know that existence existed or this is a learning moment for me sometimes we move too fast don't do not learn what we're supposed to learn and then go have to have to go back and learn it again absolutely universe i prioritize progress over speed any day of the week right i want to be some version of tony robbins and bernay brown and whoever else i think tony robbins is great he's a if you don't know who he is right he's a he's a purpose coach and a performance coach and i think he's massive right tony robbins is 64 he just in these last few years got to this place i'd say over the last 10 years maybe

15 years he just got there and he is riding this wave and leaving amazing impact i want to be able to do that I'm also recognizing that I'm a mom of a kid who plays soccer. And I got all these other things going on, right? All of that type of stuff is happening. And so I want to make sure that I'm present for myself so that I learn everything that I need to learn. But I also need to learn how to brand build.

I also need to learn how to do some of the things. Because I also have an obligation to teach somebody else when it's my time, right? Oh, sorry, Keith. Love you mean it, right? So can you sit still so that you can break down those barriers? Can you sit still so that you can see the direction you need to change? And good morning, K - Mack, good to see you. Can you sit still so that you can widen your boundaries? Can you sit still so that you can give yourself the opportunity to embrace change? All of that gives you the opportunity to know I've got to do the appropriate pruning, right? I've got to do the right type of work in my own garden. I don't want toxic roots. Because when it's time for me to be rooted somewhere else, if my roots are toxic, I'm going to put that into the ground. And we're not going into fertile soil only to be toxic, ladies and gentlemen. We don't have time for that. We do have time for greatness, for growth, for gratitude, all of that comes with everything that we're doing, OK? All of that. That's how I want you to think about boundaries and barriers. Can you change directions? Can you be OK with doing so slowly and recognizing that you're not going to get everything that you need right now, but you have everything that you need right now?

Reason, that's a really good question. You sit still as long as you need to. Because here's the thing. When it's time for you to move quickly, everything. that has been stagnant will get out of your way. Things will start to just flow. So I can't answer how long you're supposed to sit still. You will sit still until you are ready, right? Fruit does not bloom until it is ready. It might be on the vine, but it's green, but it's not ripe, right? It doesn't give its color. It doesn't show you its readiness until it is ready. All of the environmental factors and circumstances have to be right, and you will know that. And it depends on the circumstance, right? All things will align, and you will know beyond a shadow of a doubt, it's time. The other thing is that when you're ready or when it's ready, stuff around you will get real uncomfortable. And you'll be like, oh, I can't do this anymore. What I thought I could do, I can't endure this anymore. I'm not gonna do that. I'm uncomfortable. I don't like it here. This doesn't feel good. All of those things. For me, I know when it's time, when things are about to get disrupted, What happens for me is things get really uncomfortable, stuff starts moving awry, right?

God starts to mess with my money financially because that's how he gets to me. God will be like, I don't want you to invest in that. And so I'm going to make it so that you don't have the means to invest. Good morning, Emteri. Good to see you. Good morning, Diz. Good to see you. Right. And so for me, God will make me really uncomfortable or he'll give me an idea and he won't let it come out of my brain until I move on it. Or he'll say, you know what? I know my child. And so I know if you have access to these

resources because you've got such a good heart, you'll invest in that. But I don't want you to invest in that because five years from now, that's going to be toxic.

And that's not where I want your investments to die. So he'll just make it so that I don't have access to the resources that I need. So I can't do that thing. DJ Pifu, welcome in. Good morning. Good to see you. Absolutely. Luanda Baskerville. You're right. Okay. You don't have to go fast. You don't have, you just have to go. So reason there's a variety of things in there that will be indicators for when you know it's time to start to move. But until those indicators present themselves, you be still. And the other thing is when you do start to move, everything will align and be so easily accessible. It won't be difficult. You won't have to go through a ton of bureaucracy, red tape, jump through hoops, any of that things.

It'll be smooth and you'll recognize what that feels like and what that looks like. Okay. Great question. And it's different for every single situation. So I can't tell you how long to sit still. I can only tell you that you're supposed to sit still sometimes. Okay. And when you do trust the process, sometimes you need to be still so that you can recharge and be ready for the journey ahead. All right. Okay. Ladies and gentlemen, that is your blueprint for today. On Thursday, we are going to talk about procrastination and preparation. Okay. And we... we are gonna dive into those being barriers to path forward, okay? And how we think about getting rooted in procrastination and what that means and uprooting ourselves from procrastination, all right? Hobbs, listen, we will celebrate your birthday on Thursday, but we are gonna talk about procrastination and preparation. All right, because sometimes when we fail to prepare, right? That's what perpetuates the procrastination is our failure to prep.

But why don't we prep? That's the question we're gonna ask ourselves. Why do we not prepare? Because we're gonna have to do the work either way. So why wouldn't we do the work to prepare instead of staying in the comfort of procrastination? Because it's not a really good covering, okay? Well, and so reason the thing is, is even in sitting for a long time, You have to look up and recognize what am I, what do I need to be seen? What are the nudges that I'm getting, right? Jesse Mimi says, I think I have that thing on Thursday. No, you don't, Jesse Mimi. Thursday at 11 a.m. is when we'll be here. And pending no issues, I will be live from Lock and Key Media Studios on Thursday. So we'll have the glorious Kaylock background. The God mic will be there, all of the things. And I will be in all the K's, as Elvie says, right? All of the K's, I will be there. So look for me on Thursday, live from Lock and Key Media Studios.

I have not been there all summer. I am excited to get back and to start to have time back in that space again. So be ready on Thursday at 11 a.m. Eastern Standard Time. We will be here to pick this up. Good talking notes in the chat. Thank you all for being here and for supporting this space. I know for a fact that many of you could be anywhere, okay? And you are here doing your work and being intentional about how you want to grow and how you want to show up in this world, okay? There is all the K's on

Thursday. That is where we will be, all right, at Lock and Key Media Studios live at 11 a .m. Okay. Thank you all so much for being here and for ensuring that we have... 713 says, at 5 a .m., even. 713, you can always catch the replay. You know what is in the stream, though I know that you have been catching the lives and I do appreciate that. Deepinat, good to see you. Psychgiver, good to see you.

Thank you so much for being here, all of you, and to everybody who was lurking. We are going to go see... Let's see. Is DeScance still on? I cannot tell. All right. Oh, never mind. Go ahead, Kay. You can set it up. We'll go. to Gemini. That's no problem. Okay. Oh, did you stop it? I wanted to see if Donnie Scants was on because we, oh, did he? Okay. Thank you, Thomas. Okay. Thank you for that. So, okay. We can either go to DJ D -Man or Gemini. Either way, I am totally fine with those. I was trying to catch D - Scants because he's not all, I can rarely catch him in the mornings. And so one day I may have to do a, I may have to do a one reason. And if he's on, we go, we can go, we can go to either one of those folks. I think DJ D -Man might still be on. I think we went to Gemini last Tuesday, if I'm not mistaken. So let's go to DJ D -Man, Kayla, if you're okay with that, please.

And thank you. So Shelby, good morning. Oh, did he? Okay. And then there you go. Okay. We're on our way to see Gemini then. Because everybody, right? Everybody I wanted to see is going to Soul Train. So, okay. He's on again. Okay, we can go to see DJ D -Man. We'll give, we'll give D -Man some love this morning because we went to see Jimin out last week and I'll keep my eyes out for D -Scans. That's where we're going. So Shelby Nicole Cosplay, good to see you. Welcome and happy Tuesday if you're not following Shelby. So she is a gamer and it is always a good time in her streams and Shelby, I got a chance to meet her earlier this year at the New York Meetup and Shelby is as advertised, which is what I love about, which is what I love about people. So I hope you get a chance to come back Shelby. Thank you so much for being here. All right folks, I will see you all on Thursday at 11 a .m. Eastern Standard Time. Okay, thank you all for letting, for working out all the details behind the scenes.

I'm still having some tech issues. So I'm down one screen. So it's the phone and the laptop. So I can't see actively who is on right now. It's for everybody who's there. So thank you all for being here. Right. Go ahead and copy the raid message for sure. Listen, you know how I feel about this egggers at mantra. I give it to you because I want you to embrace it. And that is fully that I want to send everybody into their Tuesday with all of the good energy and light you need to guide you, which means take everything that was good about this stream. If something stood out to you, if something impacted you, if it was meaningful, take that good energy and embrace it and absorb it. And then use that as the light you need to guide you throughout the rest of your day.

Okay. And be sure to share this with someone. All right. Take very, very good care of yourselves because you deserve it. We will speak again on Thursday morning at

11 a .m. for the Blueprint Live from LKMG. I will see you all then. Thank you so much for being here. I appreciate every single one of you have a fantastic day. Thank you.